

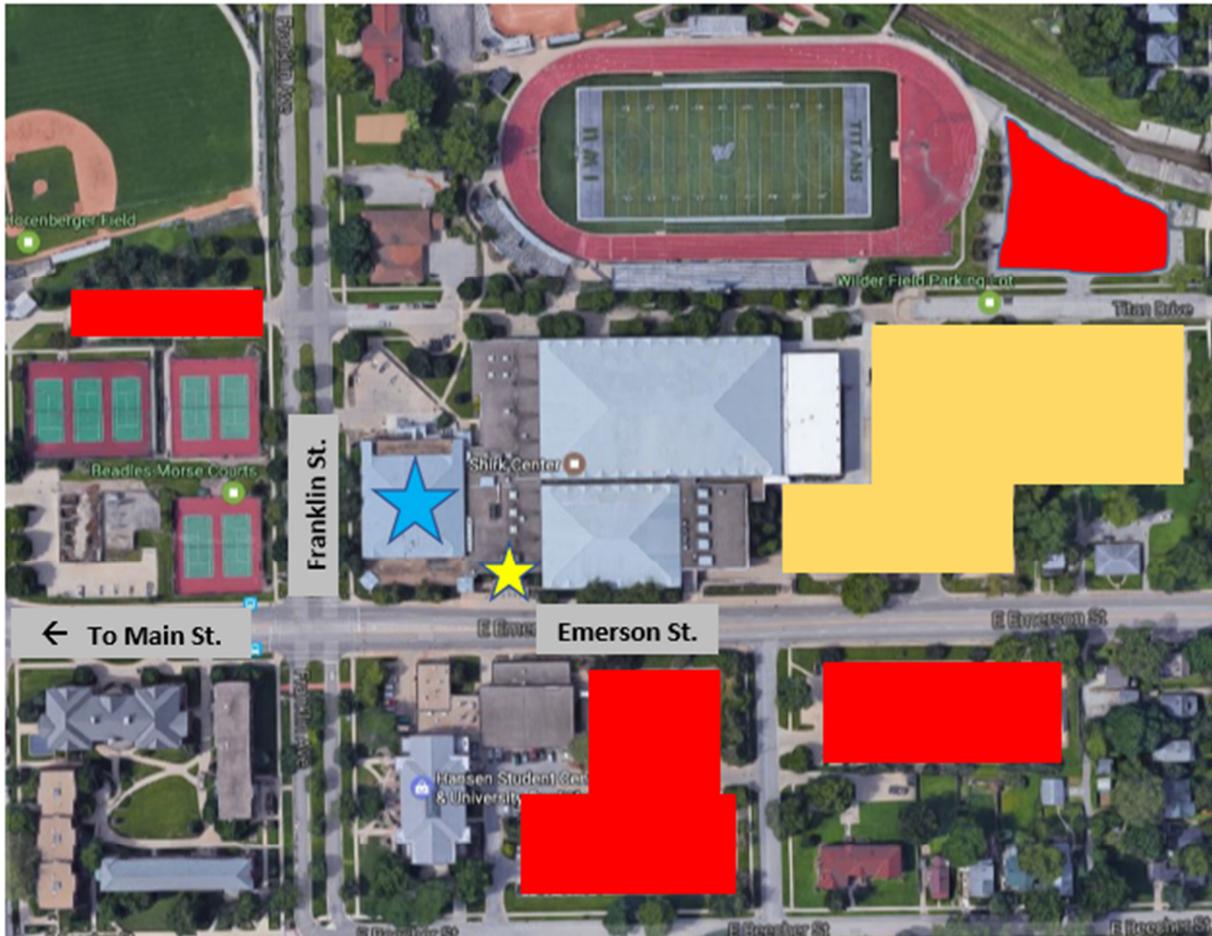
Swimmers and Families,

We are excited to welcome all of you to Bloomington this weekend for the 2020 Regional Championship! This packet should provide most of the information you need. If you have further questions, please direct them to any FFSC volunteer at the meet or meet director Tommy Gilbert (tgilbert@iwu.edu).



Location: The Shirk Center address is 302 E. Emerson, Bloomington, IL 61701.

Parking: Free parking is available in several lots surrounding the Shirk Center (see map below). Free street parking is also available. IWU is hosting the conference track meet during the Friday PM and Saturday PM sessions, so please allow enough time to find a place to park. **All day Saturday, please use the red parking lots if possible, and use the main Shirk lot (in yellow) only if all other lots are full. There are no parking restrictions Friday or Sunday.**



 Primary parking lots  Secondary parking lot – use only if all others are full

 Pool  Building Entrance

Time Schedule: Warm-up and session start times are listed below. The balcony opens 20 minutes before the start of the first warm-up shift each day.

Friday PM	Sat/Sun AM	Sat/Sun PM
Warm-up: 4:30-5:20 Meet: 5:30	Warm-up 1: 7:30-7:55 Warm-up 2: 7:55-8:20 Meet: 8:30	Warm-up 1: 12:00-12:25 Warm-up 2: 12:25-12:50 Meet: 1:00

Admission is \$5 per day (not per session). Wristbands will be issued each day and will be checked each time you enter or re-enter the spectator seating area. No chairs are allowed in the balcony.

Meet Mobile: Live results will be available on the Meet Mobile app. The name of the meet is 2020 IL FFSC Winter Regional Championships.

Psych/Heat Sheets: The psych sheet is available for free on our meet website. Heat sheets will be sold at the meet. Since Regionals is a positive check-in meet, they will not be available until shortly before each session starts. When you first arrive, you'll have the option to purchase a heat sheet ticket at the admission table for \$2. Once heat sheets are ready, meet workers will distribute heat sheets in the stands to anyone who has a ticket, so that there isn't a rush back to the lobby to purchase heat sheets right before the start of the meet. If you forget to buy a ticket, you'll still have the option to walk down to Admissions and purchase a heat sheet. The heat sheet for the entire weekend is also available on the Meet Mobile app for \$4.99.

Staging: All swimmers will be on deck. There will be enough seating provided to accommodate all swimmers, but swimmers are welcome to bring their own deck chairs. Please do not bring red drinks on deck.

Awards are typically presented after each set of 4 events (wherever you see a 12-minute break in the timeline). The podium will be located behind lanes 5-8, near the balcony. You are welcome to move toward the west end of the balcony to take pictures, but no parents will be allowed on deck for photos.

Positive Check-In: Swimmers should check in with their coaches upon arrival.

Vendors: Wild Country will be on site all weekend for your swim apparel needs. Meet shirts can be purchased from Oceans Apparel in the pool lobby.

Concessions are located in the main atrium of the Shirk Center. Walk away from the pool area toward the glass arena doors and turn left. Swimmers need to wear shirts and shoes to walk to concessions.

Restrooms: Pool locker rooms are for the swimmers' use only. There are two sets of dry restrooms for coaches, spectators, and volunteers. Smaller restrooms are located down the back pool hallway (turn left after leaving the balcony). Larger restrooms are located near the activity center. Walk away from the pool area toward the glass arena doors and turn left. Restrooms are on the left side of the hallway past the concession stand.

MAAPP: All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.