

# Aqua News

March 2019



## YMCA State Meet

Good luck to all of the Aqua Force swimmers heading to the YMCA State Meet on March 15<sup>th</sup> – 17<sup>th</sup>!

Have questions about the State Meet? The coaches can answer your questions, or ask any of the more veteran Aqua Force parents.



## Town & Country District YMCA Championships

Congratulations to all of the swimmers that participated in the District meet on Feb 24<sup>th</sup>. Our swimmers and parents showed great team spirit and we had many great swims!

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## Awards Banquet

The end of the year awards banquet will be held on Saturday, April 6<sup>th</sup> from 1-4:30 pm at FV FY. We will have an awards ceremony, a DJ and a catered meal of pizza, pasta, salad & dessert. RSVP Aqua Force swimmers on Team Unify now! Tickets for family members can be purchased at the front desk by April 1<sup>st</sup>.

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## Spring Competitive Swimming Clinics

The Aqua Force Swim Clinics produce great results in technique improvements. These are highly encouraged for all swimmers. There is more info on our Team Unify site and the fliers in the hallway. Look for an email that explains which groups your swimmers are placed into.



## Congratulations to our March Star Swimmers!



**Leo Ramos** is the Star Swimmer from the Lil Ripples practice group. He is 5 years old and in kindergarten. His favorite stroke is freestyle. When not swimming, Leo likes to play games on the Wii. An interesting fact about Leo is that he loves math and his favorite food is pancakes. The coaches say that Leo is always at practice and he has excelled all season. He is a great friend and masters everything quickly!



**Ella Calvert** is the Star Swimmer from the Silver/Purple practice group. Ella is 9 years old and in 3<sup>rd</sup> grade. Her favorite stroke is butterfly. Her favorite thing to do when not swimming is playing the guitar and her favorite food is shrimp. An interesting fact about Ella is that she has a dog. According to the coaches, Ella has an outstanding attitude at practice. She always gives her best effort and works hard at getting better. Ella is a great teammate!



**Bella Cummins** is the Star Swimmer from the Black/Senior practice group. She is 14 years old and in 9<sup>th</sup> grade. Bella's favorite strokes are freestyle and breaststroke. When not at the pool, Bella enjoys reading and playing in the orchestra. An interesting fact about Bella is that she is home schooled and that she has only been swimming for two and a half years. Bella does not have a favorite food- she likes everything. The coaches say that Bella is a quiet leader. She is always ready to practice and puts her heart into everything she does. She is always eager to learn and takes all feedback positively.



**Jackie Villa** is the Star Swimmer for the White practice group. Jackie is 7 years old and in 2<sup>nd</sup> grade. Her favorite stroke is breaststroke. She says her favorite thing to do when not swimming is to think about swimming! An interesting fact about Jackie is that she has 15 cousins. Her favorite food is strawberries. The coaches picked Jackie as a star swimmer because she is constantly smiling and never misses a practice. She has a positive attitude and as tells the coaches that she still likes them even when they make her swim 100's.