**Heartland Hurricanes Swim Team**

**Behavior Management Policy**

The purpose of this policy is to help make the Heartland Hurricanes Swim team a fun, safe, and enjoyable place for all swimmers and parents. This policy is meant to ensure that all participants follow the character initiative of the Y by displaying honesty, caring, respect, and responsibility in all aspects of participating in the competitive swim program. As a Heartland Hurricanes swimmer you are not only representing yourself, but also your coach, teammates, and the Neal Center Family YMCA. The following expectations apply but are not limited to:

Caring

* Turn off water when done showering, do not make messes in the Locker Rooms
* Keep lane lines, swim equipment, starting blocks, and ladders in good repair
* Offer to help a teammate in need
* Cheer for your teammates!

Honesty

* Complete workouts entirely
* Swim the entire length of the pool
* Legal stroke technique should be used throughout practice
* Be honest about leaving practice early, a parent must call or send a note
* Do Your BEST

Respect

* Respect others & the Y facility (and their belongings)
* Respect yourself
* Don’t distract other swimmers during their practices
* Enter the pool when directed by coach
* Foul language is absolutely prohibited
* Respect the pool and the equipment

Responsibility

* Be on time for practice and meets (warm-ups)
* Be respectful of others sharing the locker room (try to dry off completely before leaving shower area, sit not stand on benches, keep noise level low, do not move shower stools)
* Keep track of event numbers and the current event at meets
* Always see coach after an event
* Think positive

**Violations of Behavior Management Policy**

At practice and meets swimmers will be expected to display the above mentioned character traits. If the swimmer violates the policy the following actions will be taken:

* st incident: Swimmer will be given a Verbal Warning from the Coach Staff
* 2nd incident: Swimmer will be removed from practice and sit along the wall for 5-15 minutes, depending on the severity of the violation.
* 3rd incident: Swimmer will be asked to leave practice for the rest of the practice.
* 4th incident: Conference with swimmer, parents, coach, Aquatics Director, and Executive Director. Conference must be scheduled no more than three days after the incident. Review may conclude in ineligibility to continue as a team participant and/or YMCA member.

\*\* Violations which seriously endanger the safety, well-being, or property of a swimmer or any other person may result in an immediate review by the YMCA management team. Y staff reserve the right to skip steps based on the severity of the incident.

**Parent Code of conduct**

In order to ensure that your swimmer(s) get the best experience at practice and meets, please review the following expectations.

•During practice please wait in the lobby or in the area outside of the pool for your swimmer. The coach will be happy to speak with you or answer any questions before and after practice or by appointment. Please note that parents will not be allowed on deck during practices unless requested by coach.

•If you question on an officials ruling about your swimmer please bring it to the attention of the coach immediately. The coach will take the appropriate action in speaking with the head referee or meet director. Arguing with officials directly may result in disqualification of the team.

•All parents are expected to help with the team. This includes helping to clear out the locker rooms after practice, planning and running meets and assisting with away meets.

•Be a support system for your swimmer! Cheer them on at meets and before and after practice. Nothing is better than seeing that smiling face after a victory, but more meaningful after a rough race.