

	HOSC Summer Schedule				
	Monday	Tuesday	Wednesday	Thursday	Friday
8 Under	6:45-7:45	6:45-7:45		6:45-7:45	5:00-6:00
Bronze	6:45-7:45	6:45-7:45		6:45-7:45	5:00-6:00
Silver		7:45-9:15	6:00-7:15	7:45-9:15	7:30-9:00
Gold	7:45-9:15	8:00-9:30	6:00-7:15	7:45-9:15	7:30-9:00
Senior Developmental	7:45-9:15	7:45-9:15	6:00-7:15		7:30-9:00
Senior Prep		7:00-9:00		7:00-9:00	
		8:00-10:00	6:00-7:15		7:30-9:00
Senior Prime		7:00-9:00		7:00-9:00	
	6:00-7:30	8:00-10:00	7:15-9:00	6:00-7:30	7:30-9:00
Senior Performance	7:00-9:00		7:00-9:00		7:00-9:00
	6:00-7:30	8:00-10:00	7:15-9:00	6:00-7:30	7:30-9:00
Red Font indicates Hinsdale Community Pool					
Blue Font is DGSRC (AM Practices)					
Black Font is YMCA					
Weekends mostly have competitions. We will hold weekend practices on Non-Meet weekends (6/19-6/20, 7/3, 7/11). Those will be announced later on					
Week of 6/7-6/11, the HCP practice times will be slightly different. 6/14-through rest of summer these are the exact times.					