

Key:

YMCA = Indian Boundary YMCA

HCP = Hinsdale Community Pool

DGSRC: Downers Grove Swim Racquet

All practices are evening unless designated AM

July 2021

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

4	5	6	7	8	9	10
No Practice July 4th	8 & Under (YMCA) 6:45-7:45	8 & Under (YMCA) 6:45-7:45	8 & Under X	8 & Under (YMCA) 6:45-7:45	8 & Under (YMCA) 5:00-6:00	Time Trial @ Munster
	Bronze (YMCA) 6:45-7:45	Bronze (YMCA) 6:45-7:45	Bronze X	Bronze (YMCA) 6:45-7:45	Bronze (YMCA) 5:00-6:00	13 & Older Warmup: 8:00AM Meet Start: 9:00 AM
	Silver X	Silver (YMCA) 7:45-9:15	Silver (HCP) 6:00-7:15	Silver (YMCA) 7:45-9:15	Silver (HCP) 7:30-9:00	12 & Under Warmup: 12:15 PM Meet Start: 1:00 PM
	Gold (YMCA) 7:45-9:15	Gold (HCP) 8:00-9:30	Gold (HCP) 6:00-7:15	Gold (YMCA) 7:45-9:15	Gold (HCP) 7:30-9:00	
	Senior Dev (YMCA) 7:45-9:15	Senior Dev (YMCA) 7:45-9:15	Senior Dev (HCP) 6:00-7:15	Senior Dev X	Senior Dev (HCP) 7:30-9:00	
	Senior Prep X	Senior Prep AM (DGSRC) 7:00-9:00 PM (HCP) 8:00-10:00	Senior Prep (HCP) 6:00-7:15PM	Senior Prep AM (DGSRC) 7:00-9:00	Senior Prep (HCP) 7:30-9:00PM	
	Senior Prime (HCP) 6:00-7:30PM	Senior Prime AM (DGSRC) 7:00-9:00 PM (HCP) 8:00-10:00	Senior Prime (HCP) 7:15-9:00PM	Senior Prime AM (DGSRC) 7:00-9:00 PM (HCP) 6:00-7:30	Senior Prime (HCP) 7:30-9:00PM	
	Senior Perf AM (DGSRC) 7:00-9:00 PM (HCP) 6:00-7:30	Senior Perf (HCP) 8:00-10:00PM	Senior Perf AM (DGSRC) 7:00-9:00 PM (HCP) 7:15-9:00	Senior Perf (HCP) 6:00-7:30PM	Senior Perf AM (DGSRC) 7:00-9:00 PM (HCP) 7:30-9:00	

11	12	13	14	15	16	17
	8 & Under (YMCA) 6:45-7:45	8 & Under (YMCA) 6:45-7:45	8 & Under X	8 & Under (YMCA) 6:45-7:45	8 & Under (YMCA) 5:00-6:00	HWSA "Unofficial" Regional Meet
	Bronze (YMCA) 6:45-7:45	Bronze (YMCA) 6:45-7:45	Bronze X	Bronze (YMCA) 6:45-7:45	Bronze (YMCA) 5:00-6:00	SCST Endless Summer Meet
	Silver X	Silver (YMCA) 7:45-9:15	Silver (HCP) 6:00-7:15	Silver (YMCA) 7:45-9:15	Silver (HCP) 7:30-9:00	
	Gold (YMCA) 7:45-9:15	Gold (HCP) 8:00-9:30	Gold (HCP) 6:00-7:15	Gold (YMCA) 7:45-9:15	Gold (HCP) 7:30-9:00	
Senior Dev (DGSRC) 7:00-9:00	Senior Dev (YMCA) 7:45-9:15	Senior Dev (YMCA) 7:45-9:15	Senior Dev (HCP) 6:00-7:15	Senior Dev X	Senior Dev (HCP) 7:30-9:00	
Senior Prep (DGSRC) 7:00-9:00	Senior Prep X	Senior Prep AM (DGSRC) 7:00-9:00 PM (HCP) 8:00-10:00	Senior Prep (HCP) 6:00-7:15PM	Senior Prep AM (DGSRC) 7:00-9:00	Senior Prep (HCP) 7:30-9:00PM	
Senior Prime (DGSRC) 7:00-9:00	Senior Prime (HCP) 6:00-7:30PM	Senior Prime AM (DGSRC) 7:00-9:00 PM (HCP) 8:00-10:00	Senior Prime (HCP) 7:15-9:00PM	Senior Prime AM (DGSRC) 7:00-9:00 PM (HCP) 6:00-7:30	Senior Prime (HCP) 7:30-9:00PM	
Senior Perf (DGSRC) 7:00-9:00	Senior Perf AM (DGSRC) 7:00-9:00 PM (HCP) 6:00-7:30	Senior Perf (HCP) 8:00-10:00PM	Senior Perf AM (DGSRC) 7:00-9:00 PM (HCP) 7:15-9:00	Senior Perf (HCP) 6:00-7:30PM	Senior Perf AM (DGSRC) 7:00-9:00 PM (HCP) 7:30-9:00	
					HWSA "Unofficial" Regional Meet SCST Endless Summer Meet	

18	19	20	21	22	23	24
HWSA "Unofficial" Regional Meet	8 & Under (YMCA) 6:45-7:45	8 & Under (YMCA) 6:45-7:45	8 & Under X	8 & Under (YMCA) 6:45-7:45	8 & Under (YMCA) 5:00-6:00	ILLINOIS AGE GROUP CHAMPS
SCST Endless Summer Meet	Bronze (YMCA) 6:45-7:45	Bronze (YMCA) 6:45-7:45	Bronze X	Bronze (YMCA) 6:45-7:45	Bronze (YMCA) 5:00-6:00	
	Silver X	Silver (YMCA) 7:45-9:15	Silver (HCP) 6:00-7:15	Silver (YMCA) 7:45-9:15	Silver (HCP) 7:30-9:00	
	Gold (YMCA) 7:45-9:15	Gold (HCP) 8:00-9:30	Gold (HCP) 6:00-7:15	Gold (YMCA) 7:45-9:15	Gold (HCP) 7:30-9:00	
	Senior Dev (YMCA) 7:45-9:15	Senior Dev (YMCA) 7:45-9:15	Senior Dev (HCP) 6:00-7:15	Senior Dev X	Senior Dev (HCP) 7:30-9:00	
	Senior Prep X	Senior Prep AM (DGSRC) 7:00-9:00 PM (HCP) 8:00-10:00	Senior Prep (HCP) 6:00-7:15PM	Senior Prep AM (DGSRC) 7:00-9:00	Senior Prep (HCP) 7:30-9:00PM	
	Senior Prime (HCP) 6:00-7:30PM	Senior Prime AM (DGSRC) 7:00-9:00 PM (HCP) 8:00-10:00	Senior Prime (HCP) 7:15-9:00PM	Senior Prime AM (DGSRC) 7:00-9:00 PM (HCP) 6:00-7:30	Senior Prime (HCP) 7:30-9:00PM	
	Senior Perf AM (DGSRC) 7:00-9:00 PM (HCP) 6:00-7:30	Senior Perf (HCP) 8:00-10:00PM	Senior Perf AM (DGSRC) 7:00-9:00 PM (HCP) 7:15-9:00	Senior Perf (HCP) 6:00-7:30PM ILLINOIS AGE GROUP CHAMPS	Senior Perf AM (DGSRC) 7:00-9:00 PM (HCP) 7:30-9:00 ILLINOIS AGE GROUP CHAMPS	

25	26	27	28	29	30	31
ILLINOIS AGE GROUP CHAMPS	8 & Under (YMCA) 6:45-7:45	8 & Under (YMCA) 6:45-7:45	8 & Under X	8 & Under (YMCA) 6:45-7:45	8 & Under (YMCA) 5:00-6:00	ILLINOIS SENIOR CHAMPS END OF SUMMER SEASON!!!
	Bronze (YMCA) 6:45-7:45	Bronze (YMCA) 6:45-7:45	Bronze X	Bronze (YMCA) 6:45-7:45	Bronze (YMCA) 5:00-6:00	
	Silver X	Silver (YMCA) 7:45-9:15	Silver (HCP) 6:00-7:15	Silver (YMCA) 7:45-9:15	Silver (HCP) 7:30-9:00	
	Gold (YMCA) 7:45-9:15	Gold (HCP) 8:00-9:30	Gold (HCP) 6:00-7:15	Gold (YMCA) 7:45-9:15	Gold (HCP) 7:30-9:00	
	Senior Dev (YMCA) 7:45-9:15	Senior Dev (YMCA) 7:45-9:15	Senior Dev (HCP) 6:00-7:15	Senior Dev X	Senior Dev (HCP) 7:30-9:00	
	Senior Prep X	Senior Prep AM (DGSRC) 7:00-9:00 PM (HCP) 8:00-10:00	Senior Prep (HCP) 6:00-7:15PM	Senior Prep AM (DGSRC) 7:00-9:00	Senior Prep (HCP) 7:30-9:00PM	
	Senior Prime (HCP) 6:00-7:30PM	Senior Prime AM (DGSRC) 7:00-9:00 PM (HCP) 8:00-10:00	Senior Prime (HCP) 7:15-9:00PM	Senior Prime AM (DGSRC) 7:00-9:00 PM (HCP) 6:00-7:30	Senior Prime (HCP) 7:30-9:00PM	
	Senior Perf AM (DGSRC) 7:00-9:00 PM (HCP) 6:00-7:30	Senior Perf (HCP) 8:00-10:00PM	Senior Perf AM (DGSRC) 7:00-9:00 PM (HCP) 7:15-9:00	Senior Perf (HCP) 6:00-7:30PM ILLINOIS SENIOR CHAMPS	Senior Perf AM (DGSRC) 7:00-9:00 PM (HCP) 7:30-9:00 ILLINOIS SENIOR CHAMPS	