



SCST Summer Invitational

June 11th, 12th & 13th

Sanction Number
ILL0627-21

MEET DIRECTOR Jon Cabel jcabel@stcswim.com	ENTRY CHAIR Jon Cabel jcabel@stcswim.com	MEET REFEREE Jack Yetter Yetter96@gmail.com Ad. Official: Lori Rybaski
SAFETY COORDINATOR Tim Lewarchick tklewarchick@aol.com	COVID-19 LIASON Jon Cabel jcabel@stcswim.com	

Location: John B. Norris Recreation Center
1050 Dunham Road, St. Charles IL 60174

Pool: Indoor, 6-lane, 50 meter pool. The pool has Kiefer lane lines, Paragon starting blocks, and a Colorado timing system with 6 lane time LCD display board. Beep horn systems with strobes will be used. The pool ranges in depth from 12 ft. deep at the start end to 5 ft. deep at the turn end. The competition course has been certified in accordance with 104.2.2C (4).

Entries: All entries shall comply with current 2020 USA Swimming and Illinois Swimming rules. No swimmer's entry will be accepted who is not a current USASwimming registered athlete, a member in good standing of the St Charles Swim Team and compliant with the Illinois Swimming Coronavirus Waiver Policy. The swimmer's age for the meet is as of the first day of the competition.

Athletes are limited up to 3 events per day. Entries shall be final 6 days prior to the meet. No deck entries will be permitted.

SCST reserves the right to change or limit events, event order or sessions to comply with building restrictions after entries close to maximize the available swims to each swimmer.

Entry Deadline: Opens – Monday, May 17th
Closes - Friday, May 28th

Entry Fees: \$5.00 per individual event
\$2.00 per individual ISI surcharge
\$15.00 facility surcharge

Seeding: The meet will be pre-seeded, one event at a time in order, with athletes seeded slowest to fastest. Modifications may be made at the time of seeding to create a more competitive atmosphere for the athletes.

Swimmers with Disabilities: In accordance with USA Swimming Rules, Articles 105 and 202.1.13, the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee with specific requests for accommodation.



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Meet Schedule:

Friday, June 11th

Session 1 (Open)

Warm-ups: 4:00-4:25 pm

Meet Starts: 4:30 pm

1 - Open Mixed 800 Free

2 - Open Mixed 1500 Free

Saturday, June 12th

Session 2 (13-14)

Warm-ups: 6:30-7:20 am

Meet Starts: 7:30 am

3 - 13-14 Mixed 400 Free

4 - 13-14 Mixed 200 Breast

10 Minute Break

5 - 13-14 Mixed 100 Back

6 - 13-14 Mixed 200 Free

10 Minute Break

7 - 13-14 Mixed 100 Fly

8 - 13-14 Mixed 200 IM

Session 3 (11-12)

Warm-ups: 9:45-10:35 am

Meet Starts: 10:45 am

9 - 11-12 Mixed 400 Free

10 - 11-12 Mixed 100 Br

10 Minute Break

11 - 11-12 Mixed 50 Back

12 - 11-12 Mixed 50 Fly

10 Minute Break

13 - 11-12 Mixed 100 Free

Session 4 (10 & Under)

Warm-ups: 1:00-1:50 pm

Meet Starts: 2:00 pm

14 - 10 & U Mixed 400 Free

15 - 10 & U Mixed 100 Br

10 Minute Break

16 - 10 & U Mixed 50 Back

17 - 10 & U Mixed 50 Fly

10 Minute Break

18 - 10 & U Mixed 100 Free

Session 5 (15 & Over)

Warm-ups: 4:15-5:05 pm

Meet Starts: 5:15 pm

19 - 15 & O Mixed 400 Free

20 - 15 & O Mixed 200 Br

10 Minute Break

21 - 15 & O Mixed 100 Bk

22 - 15 & O Mixed 200 Free

10 Minute Break

23 - 15 & O Mixed 100 Fly

24 - 15 & O Mixed 200 IM

Sunday, June 13th

Session 6 (13-14)

Warm-ups: 6:30-7:20 am

Meet Starts: 7:30 am

25 - 13-14 Mixed 50 Free

26 - 13-14 Mixed 100 Br

10 Minute Break

27 - 13-14 Mixed 200 Back

28 - 13-14 Mixed 200 Fly

10 Minute Break

29 - 13-14 Mixed 100 Free

30 - 13-14 Mixed 400 IM

Session 7 (11-12)

Warm-ups: 9:45-10:35 am

Meet Starts: 10:45 am

31 - 11-12 Mixed 200 Free

32 - 11-12 Mixed 100 Back

10 Minute Break

33 - 11-12 Mixed 100 Fly

34 - 11-12 Mixed 50 Breast

10 Minute Break

35 - 11-12 Mixed 200 IM

36 - 11-12 Mixed 50 Free

Session 8 (10 & Under)

Warm-ups: 1:00-1:50 pm

Meet Starts: 2:00 pm

37 - 10 & U Mixed 200 Free

38 - 10 & U Mixed 100 Back

10 Minute Break

39 - 10 & U Mixed 100 Fly

40 - 10 & U Mixed 50 Breast

10 Minute Break

41 - 10 & U Mixed 200 IM

42 - 10 & U Mixed 50 Free

Session 9 (15 & Over)

Warm-ups: 4:15-5:05 pm

Meet Starts: 5:15 pm

43 - 15 & O Mixed 50 Free

44 - 15 & O Mixed 100 Br

10 Minute Break

45 - 15 & O Mixed 200 Bk

46 - 15 & O Mixed 200 Fly

10 Minute Break

47 - 15 & O Mixed 100 Free

48 - 15 & O Mixed 400 IM

Security and Code of Conduct: Only USA Swimming registered Coaches and Officials will be allowed on deck. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or behind the blocks. All questions concerning the meet after the start of the meet should be directed to the meet referee.

Parents will not be allowed on deck.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

The SCST will strictly adhere to the USA Swimming Swimmer and Parental Code of Conduct at this meet. The meet will be conducted under the current USA Swimming Safe Sport and Minor Athlete Abuse Prevention Policy. Any violation of the Code of Conduct or MAAPP will result in ejection from the meet.

No cameras or cell phones may be used behind the blocks or in designated washrooms. The meet committee has the right to prohibit photography. Use of alcohol, illegal drugs or tobacco products is prohibited on facility grounds.

Warmups: Warmups will be conducted at the times noted, in a format at the discretion of the Meet Director and Meet Referee.

Statement of Compliance with IDPH Phase 4 Restrictions: Under the current guidelines established by the Illinois Department of Public Health, and in accordance with the guidelines established for use by the Kane County Health Department, the St. Charles Park District, and Community Unified School District 303, St. Charles Aquatics and the St. Charles Swim Team will operate this meet while limiting the number of individuals in the pool building to 50 and ensuring adequate social distancing of those individuals.

The 50-person limit will include all athletes, coaches, officials, and timers.

Once inside the building individuals are encouraged to continue to wear their face coverings if they are within 6 feet of another person. All Swimmers must come in their swimsuits for this competition. LOCKER ROOMS WILL NOT BE AVAILABLE.

Stated Plan of Ingress and Egress from the Facility: All those entering the building for the time trial shall use only door 6 on the east side of the Norris Recreation Center. All those exiting the building shall do so using door 7 on the south side of the building. All individuals entering the facility for this event must be wearing face coverings and check in with the marshal at the door. They will be screened for Covid-19 symptoms. Those refusing to comply will not be allowed to enter the facility for this event.

Individual Spacing Inside the Facility:

Once inside the facility social distancing as prescribed by the Illinois Department of Public Health and the Kane County Health Department will be observed. Individuals within 6 feet of others will need to wear their face coverings. The area behind the blocks will have no more than 20 people in it (the timers, next-up heat and on-deck heat and no more than 2 officials). Athletes will have the entirety of the spectator seating area available to them and should observe social distancing guidelines using the seating marked with tape. There will be limits placed on the number of athletes allowed in the locker rooms at any one time. All individuals should observe and follow the guidelines posted throughout the facility, and meet management including the Safety Director and Covid-19 Liaison will have the authority to enforce the rules, up to and including the removal of any individual not in compliance.

We have taken enhanced health and safety measures- for your team and guests. You must follow all posted instructions of this facility under guidelines from the Illinois Department of Health while attending this event. An inherent risk of exposure to COVID-19 exists in any public place where people are present.

COVID-19 is an extremely contagious disease that can lead to severe illness and death.

According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating and attending this event, you voluntarily assume all risks related in exposure to COVID-19.

Safe Sport Considerations:

No spectators will be allowed. Parents will have the opportunity to observe their children throughout the event via webcast, at a web address which will be on the event page of the St. Charles Swim Team website. Athletes will be able to have cell phones on deck for their parents to have contact with them and a Marshal in the back lobby will be available to facilitate in-person contact.

USA Swimming Required Warning on Covid-19:

An inherent risk of exposure to COVID-19 exists in any public place where people are present COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individual with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THE COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND ILLINOIS SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.