



# **FMC**

## **SENIOR MID-SEASON CHALLENGE**

### **Prelim/Final**

**November 19-21, 2021**

**Host**  
**FMC Aquatic**

**Location**  
**FMC Natatorium**  
**Westmont, IL**

**Entry Timeline**  
**Opens: October 19, 2021 at 8:00 AM CST**  
**Closes: November 11, 2021 at 5:00 PM CST**



## EVENT SCHEDULE

SESSION 1 - Friday November 19 , 2021						
WOMEN				MEN		
Event #	SCY	LCM	EVENT	SCY	LCM	Event #
1	19:54.89	20:23.49	1650 FREE	18:29.69	19:06.89	2

SESSION 2 - Friday November 19 , 2021						
WOMEN				MEN		
Event #	SCY	LCM	EVENT	SCY	LCM	Event #
3	5:06.49	5:50.59	400 IM	4:40.89	5:21.89	4
5	5:44.49	5:08.89	500 FREE	5:18.69	4:46.19	6

SESSION 3 - Saturday November 20 , 2021						
WOMEN				MEN		
Event #	SCY	LCM	EVENT	SCY	LCM	Event #
7			50 FLY			8
9	2:08.59	2:26.79	200 FREE	1:56.99	2:15.09	10
11	1:14.09	1:25.79	100 BREAST	1:05.89	1:17.29	12
13	1:04.29	1:15.19	100 BACK	58.49	1:09.09	14
15	27.39	31.29	50 FREE	24.49	28.39	16
17	2:22.79	2:42.59	200 FLY	2:07.99	2:27.99	18
19			200 MEDLEY RELAY			20

SESSION 5 - Sunday November 21 , 2021						
WOMEN				MEN		
Event #	SCY	LCM	EVENT	SCY	LCM	Event #
21	2:23.59	2:45.69	200 IM	2:10.39	2:31.59	22
23	59.39	1:07.99	100 FREE	53.69	1:01.69	24
25			50 BREAST			26
27	2:20.09	2:42.59	200 BACK	2:08.19	2:28.89	28
29	1:04.29	1:15.19	100 FLY	58.09	1:06.49	30
31	2:40.39	3:05.49	200 BREAST	2:24.99	2:48.39	32
33			50 BACK			34
35			200 FREE RELAY			36
37	10:37.09	11:55.19	1000 FREE	10:00.99	11:04.89	38

Time trials: Saturday Only, 20 minutes after the last prelim session.

No Time Standards for 50 Strokes

BONUS EVENTS: 1 event = 3 bonus, 2 events = 2 bonus, 3 or more events = 1 bonus

### BONUS CUTS

No Bonus Time Standards for 50's, 100's, 200's;  
400 IM & 500 Free bonus time standard (5+ time standard)

No Bonus events for the 1,000 or 1650



## **FMC MID-SEASON SENIOR CHALLENGE – NOV 19-21, 2021**

Sanctioned by USA Swimming, Inc. Sanction Number: SANCTION #\*\*\*\*-\*\*

All current USA Swimming and ISI Rules and Regulations apply. ISI and USA Swimming safety rules will be strictly enforced.

**MEET ENTRY CHAIR:** Adam A. Cremieux cell: (708) 214-6575  
275 Plaza Dr  
Westmont, IL 60559  
e-mail: [coachadam@fmcaquatic.com](mailto:coachadam@fmcaquatic.com)

**MEET DIRECTOR(S):** Erin Benington e-mail: [ebenington@gmail.com](mailto:ebenington@gmail.com)

**MEET REFEREE:** Brian Keating e-mail: [brian.keating13@gmail.com](mailto:brian.keating13@gmail.com)

**SAFETY DIRECTOR:** MaryAnn Kaufman e-mail: [makaufman@fmcnatatorium.org](mailto:makaufman@fmcnatatorium.org)

**IDPH Compliance Director:** David Krotiak e-mail: [DKrotiak@fmcaquatic.com](mailto:DKrotiak@fmcaquatic.com)

**IMPORTANT DATES:** Meet Entries Accepted: Tuesday, October 19<sup>th</sup>, 2021  
at 8:00 AM CST

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**HOST TEAM:** FMC Aquatic ([www.fmcaquatic.com](http://www.fmcaquatic.com))

**FORMAT:** This meet will be conducted as prelim/final for all individual events except the 400 Individual Medley, 500 Freestyle and the 1500 Freestyle. Relays will be swum as timed finals, swimming in the prelim sessions.

FINA starting procedures and rules (whistle commands and no recall) will be in effect for this meet. Flyover starts will be used for all events other than backstroke events.

In accordance with USA Swimming Rules (Article 105), the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee, prior to competition, with specific requests.

**SANCTION:** The meet is sanctioned under Illinois Swimming Inc. Sanction #\*\*\*\*-\*\*, Illinois Swimming Incorporated (ISI). USA Swimming rules shall prevail at this meet.



**LOCATION:** FMC Natatorium  
275 Plaza Dr  
Westmont, IL 60559

The pool is located just south of I88 and west of I294

**FACILITY:** Two, nine (9) lane, 25-yard competition pool will be used with Myrtha starting blocks. The competition course is no shallower than 8'. Lanes are separated by 6" Competitor lane lines. The timing system and touchpads are produced by Swiss Timing – Omega, with a 42' x 12.5' LED Videoboard for results. There is a separate area of the pool that will be designated for warm up/cool down. Each lane will also have a push button back-up system and a back-up timer using an electronic stopwatch. The touchpads will be Swiss Timing – Omega touchpads.

The competition course has been certified in accordance with 104.2.2.C.

**MEET SCHEDULE:**

	PRELIMS		FINALS	
	<u>Warm Ups</u>	<u>Meet Start</u>	<u>Warm Ups</u>	<u>Meet Start</u>
<b>Friday (1650 Free)</b>	2:15-3:10 pm	3:20 pm		
<b>Friday (400 IM, 500 Free)</b>	4:45-5:40 pm	5:50 pm		
<b>Saturday</b>	6:50-8:20 am	8:30 am	4:10-5:20 pm	5:30 pm
<b>Sunday</b>	6:50-8:20 am	8:30 am	4:10-5:20 pm	5:30 pm

\* Due to timeline restraints we may limit events. The 1650 Free will be limited to 4 heats each, and the 400 IM and 500 Free will be limited to 7 to 8 heats each depending on the timeline.

The schedule above is tentative and may change due to the size of the meet.

**ELIGIBILITY:** All swimmers must be currently registered with USA Swimming (prior to the entry deadline), and their USA Swimming identification numbers must be included on the entry forms. Entries listed as “Registration applied for” will not be accepted. Out-of-state entrants should be prepared to show their identification cards to the Clerk of Course upon request. A swimmer’s age as of **Friday, Nov 19, 2021** determines their age group eligibility for the meet.

USA Swimming Registration forms can be obtained from:

Illinois Swimming, Inc.  
1400 E. Touhy Avenue, Suite 410  
Des Plaines, IL 60018  
Phone: (847) 824-1596



Fax: (847) 824-1726

**QUALIFYING TIMES:** Only swimmers having achieved qualifying times on or after November 1, 2018 are eligible for this meet. Entry times may be submitted in short course yards, long course meters, or short course meters. All entries will be submitted through Meet Manager. Entries may be submitted to the entry chair starting at 8:00 AM CST on October 19, 2021 and must be emailed in by 5:00 PM CST on November 11, 2021.

A swimmer may enter any number of individual events in which he/she has met the qualifying standard. A swimmer may swim no more than eight (8) individual events during the meet. No swimmer shall be permitted to compete in more than two (2) individual events on Friday and three (3) individual events per day on Saturday or Sunday.

**BONUS EVENTS:** Bonus events are permitted if a swimmer has at least one qualifying standard. A swimmer with one (1) qualifying time may swim up to three (3) bonus swims; two (2) qualifying times up to two (2) bonus swims; three (3) qualifying times or more one (1) bonus swims. The 1000 Freestyle and the 16500 Freestyle are not eligible for bonus swims. There are no bonus time standards for any of the 50's, 100's or 200's, the swimmer only has to have an entry time (no NT's). The bonus time standards for the 400 IM and 500 Freestyle is 5 seconds slower than the time standard. Please refer to bonus cuts.

**INDIVIDUAL EVENTS:** All individual events except the 400 Individual Medley, 500 Freestyle and the 1650 Freestyle will be conducted on a preliminaries and finals basis. We will be swimming an "A", "B", and "C" final at night.

**DISTANCE BONUS EVENTS:** Swimmers with either an 1000/800 Freestyle or 1650/1500 Freestyle qualifying time may enter the 1000/800 Freestyle or 1650/1500 Freestyle event. Swimmers must enter at the Long Course Meter (LCM) non-conforming Freestyle qualifying standard in that event. The 1000 and 1650 Freestyle will be swum fastest to slowest.

**RELAYS:** Relays will be swum in the prelim sessions. Teams may enter an A, B, & C relay only. Relays must be made up of athletes entered in the meet with an individual qualifying time. No relay only swimmers. There are no qualifying times for relay events.

**SEEDING:** All events shall be seeded in order of LCM, SCM, SCY

**TIME TRIALS:** Time trials will be overed on Saturday. They will begin 20 minutes after the conclusion of prelims. Event order will be posted by prior to the beginning of the meet. 50 Backstroke, 50 Breaststroke, 50 Butterfly, 1000 Freestyle and 1650 Freestyle will not be offered during time trials. Time trials will be \$10/ event.

**SCRATCHES:** ISI Championship scratch rules and procedures will be in effect at this meet. Scratches for the finals shall be made with the Administrative Referee. Scratches from preliminary events shall be made using the scratch box at the clerk of course and/or emailed. Check-in and scratch deadlines are as follows:



- Email scratches will be accepted until **6:00pm on Thursday, Nov 18, 2021**. Scratches submitted via email must be sent to Adam Cremieux at [coachadam@fmcaquatic.com](mailto:coachadam@fmcaquatic.com). It is the responsibility of the sender to ensure that this email is received by the host club.

- Scratches for Day 1 individual event are due by 6:00pm on Thursday, Nov 18, 2021. All subsequent day's events check-in or scratches are due 30 minutes after the start of the previous evening's finals. Scratches can be made on site or via email/text communication to the Administrative Referee.

**PENALTY:** Any swimmer missing a prelim swim will be removed from their next event. Any swimmer missing a final swim will be scratched from the rest of the meet.

**USA SWIMMING, INC MEMBERSHIP:** Insurance regulations require that all swimmers, judges, starters, and referees be current members of USA Swimming. It is each club's responsibility to register their swimmers, coaches, and officials. Swimmers, coaches, and officials who are not current members of USA Swimming may NOT participate in the meet or be on deck.

**COACHES:** All coaches must be currently registered with USA Swimming and must provide proof of current registration at all sessions of this meet.

**ENTRIES:** All entry times shall have been achieved in sanctioned/approved USA Swimming competitions or shall have been observed swims in accordance with USA Swimming rules. All teams are required to send an entry file compatible with Hy-Tek Meet Manager to:

**Adam Cremieux**  
**FMC Aquatic**  
**275 Plaza Dr**  
**Westmont, IL 60559**  
[coachadam@fmcaquatic.com](mailto:coachadam@fmcaquatic.com)

No handwritten entries will be accepted. Each swimmer must be entered with full name (last name first), age, and USA Swimming Registration Number on the entry. All times must be completed to the hundredth of a second.

**IMPORTANT!** Attached summary sheet, waiver & release form, and entry fees must be mailed to FMC Aquatic 275 Plaza Dr, Westmont, IL 60559 by **Monday, Nov 15, 2021**. No team entry will be split.

**ENTRY DEADLINE:** Entries will not be accepted before **8:00 AM CST on Tuesday, October 19, 2021**. FMC Aquatic will not be responsible for undelivered or misdelivered e-mail entries. FMC will send an e-mail confirming receipt (which the sending Club should print out as evidence of delivery). Failure to submit all required forms and payment within the period mandated above shall be sufficient cause to refuse the entry. Please send e-mail



entries by attaching the appropriate Hy-Tek file to [coachadam@fmcaquatic.com](mailto:coachadam@fmcaquatic.com). **NO HAND DELIVERED ENTRIES WILL BE ACCEPTED.**

The deadline for entries to be received is **5:00 PM, Thursday, Nov 11, 2021**. **No telephone entries will be accepted.** Teams not accepted will have their entries returned as soon as possible, definitely within seven (7) days of receipt.

**ENTRY UPDATES, MODIFICATIONS, OR ADDITIONS:** Once an entry has been submitted and accepted, all swimmers will be entered into the meet and any deletions must be handled through the scratch process described below.

Any electronic data files submitted after the initial entry must be clearly labeled to describe the changes included. The updated Hy-Tek file will be added to the original entry file you submitted, allowing you to update information, modify swimmers' times, or add additional entries (at the discretion of FMC Aquatic). As with the original entries, additions will be handled on a first come, first entered basis.

All requests for entry changes of any type must be submitted by the **swimmer's coach**, via e-mail. Requests from parents or swimmers will not be honored, except for an unattached swimmer's parent acting in the role of coach.

**ENTRY LIMITATIONS:** Deck entries will not be allowed. Swimmers will be allowed a maximum of 8 events. No swimmer is allowed to swim more than 3 events per day.

FMC reserves the right to add FMC Swimmers to the meet if time permits.

**ENTRY FEES:**

- \$10.00 per individual event entry
- \$16.00 per relay event
- \$2.00 per swimmer ISI surcharge
- \$15.00 per swimmer facility charge

**Please make entry fee checks payable to FMC Aquatic.**

**ENTRY CONFIRMATION:** A listing of each team's entered swimmers, their events, and the pre-scratch rankings in such events will be e-mailed the Monday prior to the meet. If you provide an e-mail address with your entry, you will receive your listing via e-mail. All team entries will be posted on our web site at <http://www.fmcaquatic.com>.

**SWIMMER SUPERVISION:** Each team or coach is responsible for the supervision of their swimmers in the water, deck, and balcony areas. No Smoking is allowed in any area of the swimming facility or facility grounds. The Meet Referee, FMC Aquatic, and the facility management reserve the right to remove any person from the meet for entering an



unauthorized area, for displaying un-sportsmanlike conduct, or for any other reason deemed relevant in the sole discretion of the above parties.

**MARSHALLING:** A minimum of two (2) marshals appointed by the Meet Referee shall attend all warm-up sessions to enforce Warm-Up procedures. Marshals shall be current members of USA Swimming. At all times during the meet, marshals shall have authority to maintain order, in accordance with their role described in section 102.18 of the USA Swimming rules.

**TIMERS & OFFICIALS:** All teams with six (6) or more swimmers entered in the meet *may* be required to provide timers to work during meet sessions. FMC Aquatic will provide at least eight (8) timers for each of the meet sessions. If attending teams are required to provide timers, session and lane assignments for each team will be posted on the FMC Senior Challenge page at [www.fmcaquatic.com](http://www.fmcaquatic.com).

All 500, 1000 and 1650 Freestylers must provide their own counter and timer.

Any current USA Swimming officials from your team who would be able to work at this meet should contact the Meet Referee in advance of the meet. Any assistance is greatly appreciated by FMC Aquatic and ALL of the swimmers attending the meet.

**SCORING:** Scoring in both individual and relay events is for Places 1 through 18. The scoring shall be as follows:

- Individual event scoring: 22, 19, 18, 17, 16, 15, 14, 13, 12, 10, 8, 7, 6, 5, 4, 3, 2, 1.

**CONCESSIONS:** FMC Aquatic prides itself on the quality and variety of its concessions. A delicious assortment of food and refreshments will be available for purchase at all sessions. Personal coolers will NOT be allowed in the immediate pool area or in the spectator area. However, a designated area will be provided for them. We ask that parents and swimmers help to maintain the cleanliness of the facility and assist in picking up their area before leaving and in disposing of any garbage.

**MEET RESULTS:** Results will be posted on the host team's website at [www.fmcaquatic.com](http://www.fmcaquatic.com) (Dive Into Summer page) as soon as possible after the meet. One (1) copy of the meet results will be sent via e-mail to each club participating in the meet. Coaches who request results on a diskette or USB Drive must provide their own. Since this is an ISI sanctioned meet, times will count as proof of time for USA Swimming time standards.

**SPECTATORS:** Parents are only allowed in the balcony area and the lobby. Only swimmers, meet officials, USA Swimming member coaches, and timers will be allowed on deck. Anyone entering other areas of the building is subject to be ejected from the meet.

Admissions - \$5/person per session





**HANDICAP ACCESS:** The FMC Natatorium provides handicap access to both the viewing stands for spectators and to the pool deck for disabled athletes. Any teams with disabled or special needs swimmers are asked to include a short notification of such along with their entry and to notify the Meet Director and/or Meet Referee upon arrival at the meet.

**ADDITIONAL INFORMATION:** The FMC Aquatic requires that all guest teams follow the rules and code of conduct of the FMC Natatorium with respect to property, conduct, and safety. Any unacceptable conduct may result in ejection from the meet with no refund for admission or entry fees.

Only swimmers, meet officials, USA Swimming member coaches, and timers will be allowed on deck. All teams are expected to provide a monitor(s) to supervise their swimmers in the team area.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. “

**OR**

“Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet.”



**SUMMARY OF FEES, WAIVER & RELEASE**

**FMC Aquatic**

**Mid-Season Senior Challenge**

**Nov 19-21, 2021**

Sanctioned by USA Swimming and Illinois Swimming, Inc. Sanction #\*\*\*\*\*\*

This completed and signed Summary of Fees, Waiver & Release form, together with your club's meet entries and a check payable to FMC Aquatic for the entire amount of entry fees must be received no later than **6 PM on Thursday, Nov 11, 2021.**

Adam Cremieux  
275 Plaza  
Westmont, IL 60559

cell: (708) 214-6575  
e-mail: coachadam@fmcaquatic.com

**SUMMARY OF FEES:**

No. of Entries \_\_\_\_\_ @ \$10.00 each = \_\_\_\_\_

No. of Relays \_\_\_\_\_ @ \$16.00 each = \_\_\_\_\_

Total # swimmers ISI surcharge \_\_\_\_\_ @ \$2.00 each = \_\_\_\_\_

Total # swimmers Facility surcharge \_\_\_\_\_ @ \$15.00 each = \_\_\_\_\_

Total Meet Fees = \_\_\_\_\_

Name of Club \_\_\_\_\_ Club Code \_\_\_\_\_ LSC \_\_\_\_\_

Coaches Attending \_\_\_\_\_

Mailing Address \_\_\_\_\_

Contact for Entries \_\_\_\_\_

Phone \_\_\_\_\_ E-Mail \_\_\_\_\_

***THIS SIGNED RELEASE MUST ACCOMPANY ENTRY OR ENTRY WILL NOT BE ACCEPTED!***

In consideration to the acceptance of this entry, I, intending to be legally bound on behalf of myself, my club and participants in the Meet from my club, hereby consign, waive and release any and all rights and claims or damages which may accrue against USA Swimming, Illinois Swimming Inc., FMC Aquatic, the FMC Natatorium, their representatives, trustees, employees, directors, officers, successors, or any and all injuries suffered by me or any contestant, or representative of my club in said Meet. I attest that all athletes included in this entry and participating in this sanctioned event are duly registered as current athlete members of USA Swimming.

Signature (Club Representative): \_\_\_\_\_

Date: \_\_\_\_\_



**WARM-UP:** All current Illinois Swimming warm-up and safety guidelines will be in effect. Warmups will be conducted in a format at the discretion of the Meet Director and Meet Referee. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices. Coaches shall actively supervise their swimmers throughout the warm-up sessions.

**RACING STARTS:** Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroke waiting to start. FMC will have in place Myrtha backstroke wedges for any athletes choosing to use them.

Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.

Warm-up procedures shall be enforced for any breaks during the competition. Flagrant violations of safety requirements or warm-up procedures by a swimmer may result in that swimmer being barred from his or her next individual event.

The Meet Referee may restrict use of bands, hand paddles, or fins during warm-up. The Meet Referee shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.

Unattached swimmers, or swimmers attending the meet without coaches, must report to the Meet Referee before entering the pool for approval and lane assignment for warm-up.

ISI Safety Guidelines and Warm-Up Procedures will be in affect at this meet.

#### **COACHES' RESPONSIBILITIES:**

- Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at the meet.
- Coaches shall be on deck during warm-up sessions and shall actively supervise their swimmers throughout the entire warm-up session(s) and at all warm downs during the meet.
- All coaches must display a current USA Swimming membership card upon entering the pool deck (USA Swimming's Deck Pass is acceptable). Coaches must be able to present credentials at all times while on deck.



- Coaches shall instruct anyone from their team not working or displaying proper credentials to leave the deck.
- Any coaches' meetings at the meet will be conducted at times other than the 30 minute General Warm-up and the 20 minute Specific Warm-Up.

**Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.**

**Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Swimmers changing in non-designated areas will be removed from the remainder of the meet.**

**ON DECK PROTOCOL:** There will be restrooms on deck available for athletes. Locker rooms may be used to change into and out of suits only. No showering in the locker rooms will be allowed. Coaches and officials will use separate restrooms.

**COVID-19 PROTOCOL:** Athletes will always wear a mask when not competing and maintain proper social distancing. Athletes will wear a mask until they are whistled onto the starting blocks. At this time, athletes will remove their mask, place it into a zip lock bag (with their name written on it) and step onto the blocks. When the race is completed, the athletes will retrieve their mask and put it back on.

Athletes must stay a minimum of 6" apart. Athletes will be safely distanced in between events by utilizing the balcony. Athletes will be organized by heat and assigned a location on deck. After competing, athletes will return to their designated area in the balcony. There will be no athletes behind the blocks unless they are competing in the next heat. Coaches will help to make sure athletes are wearing masks and social distancing.

Hand sanitizer will be available on the pool deck and in the front vestibule.

**COVID-19 Information:**

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.



USA Swimming, Inc. cannot prevent you (or your child) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.