



ISI AGE GROUP STATE CHAMPIONSHIP TIME STANDARDS
March 12-14, 2010 at UIC-Hosted by SCST
July 30 - August 1, 2010 at Stevenson-Hosted by WHTN/PAC



Girls	Event (SCY)	Boys
AGST	10&Under	AGST
30.59	50 Free	30.49
1:07.39	100 Free	1:07.79
2:28.19	200 Free	2:30.59
35.89	50 Back	35.99
1:17.59	100 Back	1:18.49
40.49	50 Breast	41.19
1:28.89	100 Breast	1:31.19
34.49	50 Fly	34.79
1:20.69	100 Fly	1:22.39
1:17.29	100 IM	1:18.39
2:47.29	200 IM	2:50.69
2:09.59	200 Free Relay	2:10.59
2:25.99	200 Med. Relay	2:28.29
AGST	11&12	AGST
27.29	50 Free	26.89
59.39	100 Free	58.79
2:10.19	200 Free	2:09.29
5:50.29	500 Free	5:49.79
31.69	50 Back	31.79
1:08.39	100 Back	1:08.29
35.29	50 Breast	35.69
1:16.99	100 Breast	1:18.19
30.29	50 Fly	30.29
1:08.29	100 Fly	1:08.89
1:08.49	100 IM	1:08.59
2:27.49	200 IM	2:28.09
4:07.49	400 Free Relay	4:12.99
4:38.69	400 Med. Relay	4:44.99
AGST	13&14	AGST
25.99	50 Free	24.29
56.39	100 Free	52.99
2:02.19	200 Free	1:55.99
5:28.29	500 Free	5:16.89
11:25.69	1000 Free	11:08.19
19:08.49	1650 Free	18:38.29
1:04.19	100 Back	1:01.29
2:19.09	200 Back	2:13.99
1:12.99	100 Breast	1:09.89
2:38.59	200 Breast	2:33.19
1:03.49	100 Fly	1:00.39
2:24.99	200 Fly	2:19.79
2:19.19	200 IM	2:12.99
4:55.89	400 IM	4:47.19
3:50.79	400 Free Relay	3:41.49
8:24.79	800 Free Relay	8:09.69
4:16.89	400 Med. Relay	4:07.09

Girls	Event (LCM)	Boys
AGST	10&Under	AGST
35.19	50 Free	35.59
1:18.79	100 Free	1:19.49
2:52.49	200 Free	2:56.09
42.09	50 Back	42.79
1:31.39	100 Back	1:33.09
47.39	50 Breast	49.49
1:43.99	100 Breast	1:48.59
40.29	50 Fly	41.59
1:36.89	100 Fly	1:41.29
3:14.49	200 IM	3:22.49
2:30.99	200 Free Relay	2:36.79
2:51.49	200 Med. Relay	3:00.19
AGST	11&12	AGST
31.49	50 Free	31.49
1:08.69	100 Free	1:09.09
2:30.49	200 Free	2:31.19
5:19.49	400 Free	5:24.19
37.09	50 Back	37.49
1:19.99	100 Back	1:21.29
41.49	50 Breast	42.59
1:30.99	100 Breast	1:34.09
34.69	50 Fly	34.99
1:20.19	100 Fly	1:21.79
2:51.39	200 IM	2:52.79
4:49.39	400 Free Relay	5:00.29
5:25.89	400 Med. Relay	5:43.59
AGST	13&14	AGST
29.99	50 Free	28.29
1:05.09	100 Free	1:01.79
2:21.59	200 Free	2:16.19
4:59.99	400 Free	4:51.19
10:23.79	800 Free	10:11.99
19:44.99	1500 Free	19:21.99
1:15.59	100 Back	1:12.59
2:42.69	200 Back	2:37.29
1:25.69	100 Breast	1:23.59
3:04.19	200 Breast	3:02.69
1:13.89	100 Fly	1:10.69
2:49.19	200 Fly	2:45.69
2:41.29	200 IM	2:34.99
5:44.29	400 IM	5:33.79
4:29.09	400 Free Relay	4:20.69
9:46.89	800 Free Relay	9:32.29
5:02.79	400 Med. Relay	5:00.79

Girls	Event (SCM)	Boys
AGST	10&Under	AGST
33.99	50 Free	33.89
1:14.79	100 Free	1:15.19
2:44.49	200 Free	2:47.19
39.89	50 Back	39.99
1:26.09	100 Back	1:27.09
44.89	50 Breast	45.69
1:38.69	100 Breast	1:41.19
38.29	50 Fly	38.59
1:29.59	100 Fly	1:31.49
1:25.79	100 IM	1:26.99
3:05.69	200 IM	3:09.49
2:23.89	200 Free Relay	2:24.99
2:42.09	200 Med. Relay	2:44.59
AGST	11&12	AGST
30.29	50 Free	29.89
1:05.89	100 Free	1:05.29
2:24.49	200 Free	2:23.49
5:06.49	400 Free	5:06.19
35.19	50 Back	35.29
1:15.89	100 Back	1:15.79
39.19	50 Breast	39.59
1:25.49	100 Breast	1:26.79
33.59	50 Fly	33.59
1:15.79	100 Fly	1:16.49
1:15.99	100 IM	1:16.09
2:43.69	200 IM	2:44.39
4:34.69	400 Free Relay	4:40.79
5:09.29	400 Med. Relay	5:16.29
AGST	13&14	AGST
28.89	50 Free	26.99
1:02.59	100 Free	58.79
2:15.59	200 Free	2:08.79
4:47.19	400 Free	4:37.29
9:59.99	800 Free	9:44.69
19:15.39	1500 Free	18:44.99
1:11.29	100 Back	1:07.99
2:34.39	200 Back	2:28.69
1:20.99	100 Breast	1:17.59
2:55.99	200 Breast	2:50.09
1:10.49	100 Fly	1:06.99
2:40.99	200 Fly	2:35.19
2:34.49	200 IM	2:27.59
5:28.39	400 IM	5:18.79
4:16.19	400 Free Relay	4:05.89
9:20.29	800 Free Relay	9:03.59
4:45.19	400 Med. Relay	4:34.29