



ISI REGIONAL CHAMPIONSHIP TIME STANDARDS

February 26th – 28th, 2010



Girls	Event (SCY)	Boys
REG	10&Under	REG
33.69	50 Free	33.49
1:14.09	100 Free	1:14.49
2:42.09	200 Free	2:45.69
8:30.49	500 Free	8:25.49
39.49	50 Back	39.59
1:25.39	100 Back	1:26.29
44.59	50 Breast	45.29
1:37.79	100 Breast	1:40.29
37.89	50 Fly	38.29
1:28.79	100 Fly	1:30.59
1:24.99	100 IM	1:26.19
3:03.99	200 IM	3:07.79
REG	12&Under	REG
29.99	50 Free	29.59
1:05.29	100 Free	1:04.69
2:23.19	200 Free	2:22.19
6:25.29	500 Free	6:24.79
34.89	50 Back	34.99
1:15.19	100 Back	1:15.09
3:03.29	200 Back	2:59.39
38.79	50 Breast	39.29
1:24.69	100 Breast	1:25.99
3:27.29	200 Breast	3:21.79
33.29	50 Fly	33.29
1:15.09	100 Fly	1:15.79
3:06.29	200 Fly	3:04.69
1:15.29	100 IM	1:15.49
2:42.29	200 IM	2:42.89
6:34.39	400 IM	6:27.29
REG	14&Under	REG
28.59	50 Free	26.69
1:01.99	100 Free	58.29
2:14.39	200 Free	2:07.59
6:00.79	500 Free	5:48.59
1:10.59	100 Back	1:07.39
2:32.99	200 Back	2:27.39
1:20.29	100 Breast	1:16.89
2:54.59	200 Breast	2:48.49
1:09.79	100 Fly	1:06.39
2:39.49	200 Fly	2:33.79
2:33.09	200 IM	2:26.29
5:25.49	400 IM	5:15.89
REG	Open	REG
27.99	50 Free	25.19
1:00.59	100 Free	55.19
2:12.09	200 Free	2:01.59
5:53.29	500 Free	5:28.99
12:22.09	1000 Free	11:56.09
20:45.19	1650 Free	19:58.79
1:09.19	100 Back	1:03.19
2:30.49	200 Back	2:19.49
1:18.39	100 Breast	1:11.99
2:51.49	200 Breast	2:39.89
1:07.99	100 Fly	1:01.99
2:34.29	200 Fly	2:24.29
2:29.89	200 IM	2:17.69
5:20.29	400 IM	5:03.39

Girls	Event (LCM)	Boys
REG	10&Under	REG
38.69	50 Free	39.19
1:26.69	100 Free	1:27.39
3:09.89	200 Free	3:13.69
7:42.09	400 Free	7:38.49
46.29	50 Back	47.09
1:40.49	100 Back	1:42.39
52.09	50 Breast	54.39
1:54.39	100 Breast	1:59.49
44.29	50 Fly	45.79
1:46.59	100 Fly	1:51.39
3:33.89	200 IM	3:42.79
REG	12&Under	REG
34.59	50 Free	34.59
1:15.59	100 Free	1:15.99
2:45.49	200 Free	2:46.29
5:51.39	400 Free	5:56.59
40.79	50 Back	41.19
1:27.99	100 Back	1:29.39
3:30.79	200 Back	3:30.29
45.59	50 Breast	46.89
1:40.09	100 Breast	1:43.49
3:57.59	200 Breast	3:54.69
38.19	50 Fly	38.49
1:28.19	100 Fly	1:29.99
3:33.09	200 Fly	3:30.99
3:08.49	200 IM	3:10.09
7:32.09	400 IM	7:28.29
REG	14&Under	REG
32.99	50 Free	31.09
1:11.59	100 Free	1:07.99
2:35.79	200 Free	2:29.79
5:29.99	400 Free	5:20.29
1:23.19	100 Back	1:19.89
2:58.99	200 Back	2:52.99
1:34.29	100 Breast	1:31.99
3:22.59	200 Breast	3:20.99
1:21.29	100 Fly	1:17.79
3:06.09	200 Fly	3:02.29
2:57.39	200 IM	2:50.49
6:18.69	400 IM	6:07.19
REG	Open	REG
32.19	50 Free	29.39
1:10.29	100 Free	1:03.39
2:31.19	200 Free	2:20.99
5:19.79	500 Free	5:01.29
11:08.89	800 Free	10:23.49
21:29.19	1500 Free	20:09.99
1:20.49	100 Back	1:15.49
2:55.69	200 Back	2:46.19
1:31.79	100 Breast	1:24.29
3:19.09	200 Breast	3:07.09
1:18.59	100 Fly	1:11.39
2:55.99	200 Fly	2:49.29
2:53.89	200 IM	2:42.49
6:12.69	400 IM	5:47.79

Girls	Event (SCM)	Boys
REG	10&Under	REG
37.39	50 Free	37.29
1:22.29	100 Free	1:22.69
3:00.99	200 Free	3:03.89
7:26.79	400 Free	7:22.69
43.89	50 Back	43.99
1:34.69	100 Back	1:35.79
49.39	50 Breast	50.29
1:48.59	100 Breast	1:51.29
42.09	50 Fly	42.49
1:38.59	100 Fly	1:40.59
1:34.39	100 IM	1:35.69
3:24.29	200 IM	3:28.39
REG	12&Under	REG
33.29	50 Free	32.89
1:12.49	100 Free	1:11.79
2:38.89	200 Free	2:37.79
5:37.09	400 Free	5:36.79
38.69	50 Back	39.79
1:23.49	100 Back	1:23.39
3:22.49	200 Back	3:18.29
43.09	50 Breast	43.59
1:33.99	100 Breast	1:35.49
3:49.09	200 Breast	3:42.99
36.99	50 Fly	36.99
1:23.39	100 Fly	1:24.09
3:25.89	200 Fly	3:24.09
1:23.59	100 IM	1:23.69
3:00.09	200 IM	3:00.79
7:15.79	400 IM	7:07.99
REG	14&Under	REG
31.79	50 Free	29.69
1:08.89	100 Free	1:04.69
2:29.19	200 Free	2:21.69
5:15.59	400 Free	5:04.99
1:18.39	100 Back	1:14.79
2:49.79	200 Back	2:43.59
1:29.09	100 Breast	1:25.39
3:13.59	200 Breast	3:07.09
1:17.49	100 Fly	1:13.69
2:57.09	200 Fly	2:50.69
2:49.89	200 IM	2:42.39
6:01.09	400 IM	5:50.69
REG	Open	REG
31.09	50 Free	27.89
1:07.29	100 Free	1:00.89
2:26.59	200 Free	2:15.09
5:09.09	500 Free	4:47.89
10:49.29	800 Free	10:26.59
20:52.69	1500 Free	20:05.09
1:16.79	100 Back	1:10.19
2:46.99	200 Back	2:34.79
1:27.09	100 Breast	1:19.99
3:10.39	200 Breast	2:57.49
1:15.49	100 Fly	1:08.89
2:50.49	200 Fly	2:40.19
2:46.39	200 IM	2:32.89
5:55.49	400 IM	5:36.69