



WINDY CITY CONFERENCE CHAMPIONSHIP MEET



Hosted by the Chicago Wolfpack Aquatic Club
Sunday, February 23, 2020

USA Swimming Sanction: ILS0229-20

Meet Director	Meet Referee	Entry Chair
David Stephens (312) 432 – 8321 david.stephens@ignatius.org	Sharon Pritchett sharonpritchett@sbcglobal.net	David Stephens (312) 432 – 8321 david.stephens@ignatius.org

Safety Director	Host Team	Attending Teams
Samantha Stephens (513) 594 – 0434 Samantha.smit4@gmail.com	Chicago Wolfpack Aquatic Club www.cwacswimming.com	BDSC, CHMPS, CWAC, HPAC, IGSC, NPAC YFFF, Y2K

LOCATION: UIC Natatorium | 901 W. Roosevelt Road, Chicago, Illinois 60608

MEET FORMAT:

SESSION 1	SESSION 2
10 AND UNDER + 11 – 12 AGE GROUPS	13 – 14 AND OPEN AGE GROUPS
WARM UPS: 7:30 AM / MEET START 8:35 AM	WARM UPS: 12:30 PM / MEET START: 1:35 PM

PURPOSE:

This meet serves as an end of the season meet for all team swimmers that have not qualified for an IL Championship Meet. Swimmers may only compete in events that they DO NOT have a regional qualifying time in. Swimmer may swim up an age group provided they do not have a regional time in that event.

Please note that 8 & Under meet on Saturday, February 22, but 8&Unders may also attend this meet.

ENTRY LIMITS: Swimmers may enter a maximum of 4 individual events.

ENTRY PROCESS:

Entries must be received by **8:00 AM, Friday February 14, 2020**. Only entries received by e-mail will be accepted; no hand delivers, phoned or faxed entries. Time updates will be allowed.

Email entries to david.stephens@ignatius.org

ENTRY FEES:

\$5.00 per individual event. **\$2.00** per swimmer has been instituted by Illinois Swimming, Inc. There will also be a facility charge of **\$10.00** per swimmer which includes admission. **Make checks payable to CWAC.**

Mail to: David Stephens
1076 W Roosevelt Rd
Chicago, IL 60608

AWARDS:

Individual swimmers in the 8 & Under, 9 – 10, and 11 – 12 age group events will receive awards for 1st – 8th place. No awards will be given for 13 – 14 or Open events. Heat winner prizes will be given for session 1 only.

TIMERS: Each team may be asked to provide one timer in the AM and PM sessions.

TIME TRIAL: We will conduct a time trial following the conclusion of the PM session.



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FACILITY:

The UIC pool is a 50-meter, eight-lane pool. Short course competition occurs in the 25 yard, 8 lane cross length with Keifer Advantage II Wave Eater non-turbulent lane lines in 16 feet of water depth. Starting blocks are located at the west end. A warm-up/cool-down pool is available for use under coaches' supervision. A Daktronics automatic timing system with touch pads, pushbuttons and an eight-lane display board will be used. Seating capacity is 550. No smoking is allowed on UIC grounds. Parking is available directly across Roosevelt Road from the main entrance of the building for approximately \$10.00 per day. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

RULES:

Current USA Swimming and Illinois Swimming rules will govern this meet. USA Swimming Rule 202.3.2 - At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

All coaches must be currently registered with USA Swimming and must provide proof of current registration at all sessions of this meet. Coaches must sign in at the hospitality room upon arrival.

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

- Use of audio or visual recording devices, including a cell phone, is not permitted in the changing areas or locker rooms.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.
- Flash photography is prohibited in the pool area when athletes are on the starting blocks.
- Smoking is not permitted within the facility or on the school grounds.
- Running on deck and horseplay is a safety concern and will not be tolerated.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.



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FACILITY NOTE:

We are guests of UIC. It is important that all people attending this meet, whether it be swimmers, coaches or spectators, treat the facility with the utmost care. The following rules will be strictly enforced:

- Keep all trash picked up
- Do not go or let children go, in any unauthorized areas. This means any place other than the lobby, seating areas, steps to the deck. Elevators and steps going up and down stairs are off limits. Due to USA Swimming insurance requirements **only** swimmers, coaches, officials and volunteers are allowed on deck. **No exceptions will be made.**
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms

BROADCAST STATEMENT:

Any photographs, videotape or other audio and/or visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use, and may not be broadcast, published or disseminated, or used for any commercial purposes, without the prior written consent of USA Swimming.

ABSOLUTELY NO FLASH PHOTOGRAPHY AT THE STARTS OF RACE-HEATS!

Doing so could possibly confuse competitors.

CWAC will have security people roaming the spectator areas, deck and locker room areas. If any spectator or swimmer is caught abusing the building or facility, they will immediately be asked to leave the meet and will be barred from further admittance or competition.

ADMISSION:

Admissions is included with the facility fee.

HEAT SHEETS:

Heat sheets will be available for purchase (\$2). Meet results will be posted and available through Meet Mobile.

CONCESSIONS:

Natatorium concessions are available. NO SMOKING permitted anywhere in the building.

MAAPP:

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.



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AM EVENTS:

- #1 12&Under Girls 200 Free
- #2 12&Under Boys 200 Free
- #3 10&Under Girls 50 Breast
- #4 10&Under Boys 50 Breast
- #5 11-12 Girls 50 Breast
- #6 11-12 Boys 50 Breast
- #7 10&Under Girls 100 IM
- #8 10&Under Boys 100 IM
- #9 11-12 Girls 100 IM
- #10 11-12 Boys 100 IM
- #11 10&Under Girls 50 Free
- #12 10&Under Boys 50 Free
- #13 11-12 Girls 50 Free
- #14 11-12 Boys 50 Free
- #15 10&Under Girls 50 Fly
- #16 10&Under Boys 50 Fly
- #17 11-12 Girls 50 Fly
- #18 11-12 Boys 50 Fly
- #19 10&Under Girls 50 Back
- #20 10&Under Boys 50 Back
- #21 11-12 Girls 50 Back
- #22 11-12 Boys 50 Back
- #23 10&Under Girls 100 Free
- #24 10&Under Boys 100 Free
- #25 11-12 Girls 100 Free
- #26 11-12 Boys 100 Free

PM EVENTS:

- #27 Open Girls 200 Free
- #28 Open Boys 200 Free
- #29 13-14 Girls 100 Breast
- #30 13-14 Boys 100 Breast
- #31 Open Girls 100 Breast
- #32 Open Boys 100 Breast
- #33 Open Mixed 200 Back
- #34
- #35 13-14 Girls 50 Free
- #36 13-14 Boys 50 Free
- #37 Open Girls 50 Free
- #38 Open Boys 50 Free
- #39 Open Mixed 200 Fly
- #40
- #41 13-14 Girls 100 Back
- #42 13-14 Boys 100 Back
- #43 Open Girls 100 Back
- #44 Open Boys 100 Back
- #45 Open Girls 200 IM
- #46 Open Boys 200 IM
- #47 13-14 Girls 100 Fly
- #48 13-14 Boys 100 Fly
- #49 Open Girls 100 Fly
- #50 Open Boys 100 Fly
- #51 Open Mixed 200 Breast
- #52
- #53 13-14 Girls 100 Free
- #54 13-14 Boys 100 Free
- #55 Open Girls 100 Free
- #56 Open Boys 100 Free



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#57 Open Mixed 500 Free

Send entries, paperwork and check to by February 14, 2020 to:

David Stephens
1076 W Roosevelt Road
Chicago, IL 60608

Make Check out to CHICAGO WOLFPACK AQUATIC CLUB (CWAC)

Summary of Fees:

AM SESSION

Girls Number of Entries _____ @ \$5.00 each = \$ _____

Boys Number of Entries _____ @ \$5.00 each = \$ _____

PM SESSION

Girls Number of Entries _____ @ \$5.00 each = \$ _____

Boys Number of Entries _____ @ \$5.00 each = \$ _____

Total # of Swimmers Attending Meet _____ @ \$12.00 each = \$ _____

Grand Total = \$ _____

Name of Club _____ Club Initials _____

Names of coaches attending:

Mailing Address:

Home Phone _____ Work Phone _____

In consideration of acceptance of this entry I, intending to be legally bound; hereby co-sign, waive and release all rights and claims for damages which may accrue against U. S. Swimming, Inc.; Illinois Swimming Inc.; CWAC; UIC; for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club. I attest that all athletes included in this entry and participating in this sanctioned/ approved event are duly registered as current athlete members of USA Swimming.

Signature (Coach, Parent, or Club Representative)

This signed release must accompany the entry or the entry will not be accepted



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