



PRACTICE SCHEDULE

2021-2022 Fall/Winter (September 14 –February 18)



PLAINFIELD SITES

Avery Family YMCA: 15120 Wallin Drive, Plainfield, IL 60544
Galowich Family YMCA: 749 Houbolt Rd, Joliet, IL 60431 (for M1-M2-M3 on Saturdays)

Practice Changes: Changes to the practice schedule will be noted on the calendar at www.jetsyswimteam.org and highlighted in weekly e-mail blasts. Last minute changes/cancellations will be sent out via e-mail and text message (for those who have text messaging set up on Team Unify) and noted as a Breaking News item on the website.

**Where dryland is noted, bring proper attire (athletic shoes & clothing appropriate to exercise in)*

GROUP	MON	TUE	WED	THU	FRI	SAT
Zeppelin (2 lanes)		5:00-5:45pm @ Avery Y 2 lanes		5:00-5:45pm @ Avery Y		9:00-10:00am @ Avery Y
Glider (2 lanes)	5:00-6:00pm @ Avery Y 2 lanes		5:00-6:00pm @ Avery Y		5:00-6:00pm @ Avery Y	8:00-9:00am @ Avery Y
Stunt Pilot (3 lanes)	6:00-7:00pm @ Avery Y 3 lanes	5:45-7:00pm @ Avery Y	6:00-7:00pm @ Avery Y	5:45-7:00pm @ Avery Y		
Mach 1 Supercruisers (3 lanes for all Mach together)	7:00-8:30pm @ Avery Y	7:00-8:30pm @ Avery Y	7:00-8:30pm @ Avery Y	7:00-8:30pm @ Avery Y		7:00-9:00am @ Galowich Y
Mach 2 Supercruisers (2 lanes w/o Mach 1)	7:00-9:00pm @ Avery Y	7:00-9:00pm @ Avery Y	7:00-9:00pm @ Avery Y	7:00-9:00pm @ Avery Y	6:00-8:00pm @ Avery Y	7:00-9:00am @ Galowich Y
Mach 3 Supercruisers <i>(75% attendance requirement)</i>	7:00-9:00pm @ Avery Y	7:00-9:00pm @ Avery Y	7:00-9:00pm @ Avery Y	7:00-9:00pm @ Avery Y	6:00-8:00pm @ Avery Y	7:00-9:00am @ Galowich Y



PRACTICE SCHEDULE

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JOLIET SITES

Avery Family YMCA:

15120 Wallin Drive, Plainfield, IL 60544

Galowich Family YMCA:

749 Houbolt Rd, Joliet, IL 60431 (for M1-M2-M3 on Saturdays)

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Zeppelin A	4:45-5:30pm @ Galowich Y	4:45-5:30pm @ Galowich Y				10-10:45am @ Galowich Y
Zeppelin B			5:15-6:00pm @ Galowich Y		5:15-6:00pm @ Galowich Y	10-10:45am @ Galowich Y
Glider	5:30-6:30pm @ Galowich Y	5:30-6:30pm @ Galowich Y		6:15-7:15pm @ Galowich Y		9:00-10:00am @ Galowich Y
Stunt Pilot			6:00-7:00pm @ Galowich Y	5:00-6:15pm @ Galowich Y	6:00-7:15pm @ Galowich Y	9:00-10:00am @ Galowich Y
Mach 1 Supercruisers	7:00-8:30pm @ Avery Y	7:00-8:30pm @ Avery Y	6:00-7:30pm @ Galowich Y		6:00-7:30pm @ Galowich Y	7:00-9:00am @ Galowich Y

***This practice schedule does not include the practice times that were added on Fridays and Saturdays for Joliet Zeppelin and Gliders @ Avery. See Danielle Krohn for more info @ dkrohn@jolietyymca.org**