



# CODE OF CONDUCT TEAM TRAVEL MEETS



The following code of conduct pertains to all athletes, chaperones, coaches and other staff representing the team during this trip. The use of the term "team members" refers to all team representatives listed above.

1. The YMCA values of Caring, Honesty, Respect, and Responsibility, and all values associated with our team credo, will be placed in the forefront of all actions and decisions.
2. Team members will display proper respect and sportsmanship toward coaches, athletes, officials, administrators and the public at all times.
3. Team members will refrain from any illegal or inappropriate behavior that would detract from a positive image of the team or be detrimental to its performance objectives. Additionally, it is the responsibility of team members to make every effort to avoid guilt by association with such activities.
4. The possession or use of alcohol, marijuana or tobacco products by any team member is strictly prohibited.
5. The possession, use, or sale/distribution of any controlled or illegal substance or any form of weapon is strictly prohibited.
6. Athletes are expected to remain with the team at all times during the trip. Athletes are not to leave the competition venue, hotel, restaurant or any other place at which the team has gathered without the knowledge and permission of the coach or chaperone.
7. Team members will attend all team functions including meetings, practices, meals, meet sessions, etc. unless otherwise excused or instructed by the coach.
8. To ensure the propriety of the athletes and to protect the staff, there will be no male athletes in female athlete's rooms and no female athletes in male athlete's rooms, unless the other athlete is a sibling of that particular athlete. No coach, chaperone or staff member shall enter an athlete's room or vice versa.
9. Curfews shall be established for the athletes for each day of the trip, which will include a time at which athletes must be in their own rooms and a separate "lights out" time, at which point lights must remain off with no noise, TV, cell phone or electronics use. Athletes are forbidden leave their room after lights out. Cell phones and other electronic devices may be collected by a coach or chaperone upon lights out and returned in the morning.
10. Cell phones will be silenced and stored away during all team meetings and meals.
11. A team dress code will be established and all team members will be expected to adhere to it.
12. No deck changes are permitted. Athletes will act with modesty and good taste.
13. Failure to comply with the Code of Conduct as set forth in this document may result in disciplinary action. Such discipline may include, but may not be limited to:
  - a. Dismissal from the trip and immediate return home at the athlete's expense
  - b. Disqualification from one or more events, or all events of competition
  - c. Disqualification from future team travel meets
  - d. Financial penalties
  - e. Suspension or dismissal from the team
14. All directions and decisions made by coaches and chaperones are final.

- I have read this Code of Conduct in its entirety and my signature below constitutes unconditional agreement to comply with these stipulations, in addition to any other rules set forth by the coach or his/her designee that are not directly expressed in this document.
- I understand that, through every action and decision I make, I am representing myself, my family, my team and my YMCA.
- I also understand the consequences of violating any team rules during this trip.
- My parent/guardian has reviewed and understands these rules and has granted my permission to participate.

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Athlete's Printed Name

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Athlete's Signature & Date

Parent/Guardian's Signature & Date