



NEW Member Registration is now open!

Welcome! We are so glad you are here!

In our [LYONS 2020-2021 registration link](#) you will find Season fees, practice schedules and group descriptions. All new athletes will be placed in the 1&2 practice group of their corresponding age and grade group. All athletes will be evaluated during the first week of practice for proper group placement and placements may be adjusted.

What swimming skills must my athlete already possess to have a successful experience?

LYONS does not offer a swim lesson program. Athletes MUST be able to swim 25yds of Freestyle AND Backstroke without stopping and must be comfortable unassisted in deep water. Unfortunately, due to COVID, parents will not be allowed to enter the pool facilities or observe practices. (At LifeStart, you may walk your athlete into the office building and down to meet his/her lead coach at the pool doors)

We have mandatory COVID policies and procedures that each member family must adhere to. LYONS policies and procedures are non-negotiable and must be followed.

COVID-19 Entry & Exit Rules & Guidelines:

Athletes and families that do not follow these rules will forfeit their ability to join these practices.

- Prior to arrival, athletes will complete their [Pre-Practice Health Check](#) (daily).
- Please make sure your athlete uses the bathroom before practice.
- Athletes will arrive with facial covering on, no earlier than 10 minutes before the start of their scheduled practice.
- Parents will remain in their vehicles during drop-off and pick-up. (LifeSport athletes may be walked in by their parent or guardian. Facial coverings are mandatory.)
- Upon arrival, coaches will verify pre-practice health form was submitted and complete a temperature check with each athlete. Athletes whose temperatures are at or above 100.4F will not be allowed to practice that day.
- Athletes will enter and exit separately (6+ feet) through designated locations.
- Athletes will arrive at the pool prepared for practice. No locker-rooms, showering, or deck changing will be allowed. Athletes will wear their suits to and from the pool.

COVID-19 On-Deck Rules & Guidelines:

Athletes and families that do not follow these rules will forfeit their ability to join these practices.

- Athletes will keep their facial covering on until instructed to remove them by coaches.
- Athletes will observe and follow the one way on deck traffic flow.
- Athletes will have assigned lanes and assigned spaces on deck for their equipment and personal items.
- Athletes will bring their own training equipment, water bottles, towels, etc. Sharing equipment will not be permitted.

Lane Arrangements:

Athletes will have assigned lanes as well as spaces on deck for their equipment and personal items for all practices. On deck and within their lanes, athletes will remain 6+ feet apart.

Coaches will be stationed around the deck to work with athletes and ensure a safe, secure training environment exists.

Please contact Coach Julie Jackson @ jjackson@lyonsaquatics.com if you have any questions or concerns.

Thank you! We look forward to seeing you on the pool deck soon!