



# THE LAKE FOREST SWIM CLUB

## FASTDUCK SWIM SERIES

BACK TOGETHER and STRONGER THAN EVE!

"Surround yourself with people who believe in you."

**Pumpkin Patch Pentathlon      October 31st!**



**The Mallards  
face-off with  
The Canvasbacks  
at Lake Forest College!**



### You've been drafted!!!

**The Mallards & Coach Laurel**

**The Canvasbacks & Coach Michael**

Amanda  
Greta  
Katelyn  
Erin  
Ali  
Mittansh  
Madison  
Ava  
Jimena  
Avery  
Abby U  
Leticia  
Sadie

Amelie  
Nyah  
Anwen  
Lindy  
Sofia  
Zach Y  
Gabriel  
Cormac  
Gray  
James  
Dylan  
Zach W

*Undrafted at this  
time but expected  
to compete ... MG,  
KTB, Alex, Delaney,  
Aliah, Jacque,  
Victoria B, Molly,  
Cassidy, Kylie,  
Kerry, Violet, Evan,  
Marcus*

*\* Rosters are subject to  
change once  
participation is  
confirmed for all  
swimmers.*

Isabella  
Victoria G  
Harper  
Victoria H  
Brendan B  
Sawyer  
Jack  
Gracie  
E.B.  
Morgan  
Selma  
Clare  
Michaela

Rylie  
Raleigh  
Basia  
Bree  
Abby W  
Brendan J  
Nate  
Jamie  
David  
Avinash  
Henry  
Wayne