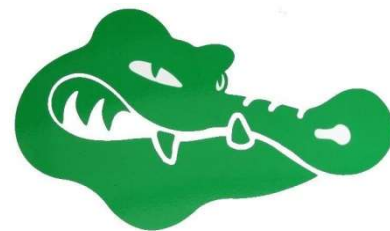




Decatur Family YMCA
Dual with Canton YMCA Swim Team
October 11th, 2020
Sanction # IL1033-20A



Meet Director

Melissa Miller

melissa.miller@decaturymca.org

Meet Referees

Rome Yount

Rome Yount <rbyount@comcast.net>

Entry Chair

Stewart Waltner

ydisc.gators.entrychair@gmail.com

Location: Decatur Family YMCA, 220 W. McKinley, Decatur, IL 62526.

Facility is located across the street from Decatur Memorial Hospital.

Facility: Competition pool is 8-lane, 25 yard pool with non-turbulent lane lines. Colorado Time System with touchpads at start end and Colorado Scoreboard display for results. Starting blocks with wedges on start end, depth of 9.5 feet. Depth at turn end is 3 ft. 6 inches. There is ample parking on site. Live video streaming will be provided via facebook live.

Rules & Safety: This meet will be conducted in accordance with USA Swimming technical rules, National YMCA rules governing swimming competition, Illinois YMCA State Competitive Swimming Rules, and Illini YMCA District Rules.

Parents and swimmers shall behave with honesty, respect and good sportsmanship. Music playing devices should be accompanied by headphones. No flash photography in the pool area; no cell phone use in the locker rooms or behind the blocks.

Rules and Safety specific to Covid-19:

1. Anyone feeling ill or having been exposed to Covid should not attend the meet.
2. Lap Pool and Family Pool will be closed to the public during the swim meets.
3. All must wear masks and social distance. Swimmers will wear their masks to the block and remove. They will swim their race. After all have finished the race, they will be told by the official to get out of the pool and put their masks back on. (Swimmers racing a 25 will have their masks delivered to them by Meet Director.
4. Bullpen in family pool.
5. Swimmers should report to meet in their swim suits and bring water bottle, cap & goggles.
6. The meet will be shared on facebook live: Decatur Family YMCA facebook page.
7. 1 Spectator per swim family is invited to attend the meet. Parents should bring their own chair and will be required to social distance and wear masks the entire they are in the facility.
8. Assigned team crash zones will be located in Gym B, Youth Gym, and Y-Zone.
9. Parents may use the restrooms in the lobby of the Decatur Family YMCA. Swimmers may use the individual special needs restrooms.

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10. We will have two safety marshals. One will be stationed in the pool hallway to ensure swimmers are using the appropriate traffic pattern and stopping any gatherings of parents and spectators. One will also be stationed rotating between the holding rooms for parents to ensure compliance of social distancing and masks.

IL Swimming/USA Swimming Covid-19 Required Language:

We have taken enhanced health and safety measures- for your team and guests. You must follow all posted instructions of this facility under guidelines from the Illinois Department of Health while attending this event. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating and attending this event, you voluntarily assume all risks related in exposure to COVID-19.

An inherent risk of exposure to COVID-19 exists in any public place where people are present COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individual with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. BY ATTENDING OR PARTICIPATING IN THE COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND ILLINOIS SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Eligibility: Open to all swimmers who are YMCA members. **Swimmers age as of the first day of the meet will determine age group for the meet.** This is an open YMCA Competition that is USA Approved.

USA Swimming: This will be a USA Swimming approved meet (held under the sanction of USA Swimming, Illinois Swimming sanction number:)

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

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Those teams that want their participants' swims observed and times recorded in the USA Swimming data base (SWIMS) must provide a team roster from their club portal. Please do not build an ID in Team Manager if the swimmers are not registered with USA Swimming as this will delay the process of getting times submitted into SWIMS.

Entries: Swimmers may enter up to 7 total events: 4 individual events and 2 relays in session 1 and the mile swim in session 2. Entries can be submitted starting Friday, September 10th. **The Entry Deadline will be Monday, October 4th at 9:00pm.** No deck entries.

Entry Procedures: All entries are to be submitted to the Entry Chair through TeamUnify or in a Hy-Tek compatible format via email.

Team entry lists and an invoice will be emailed to the entry contact person for review by within 24 hours of the entry deadline. Any corrections, changes and updated times will be taken at the discretion of the meet Entry Chair and Referee until Sunday, October 10th.

Make checks payable to "Decatur Family YMCA"

Mail To: Decatur Family YMCA
Attn: Melissa Miller
220 W. McKinley, Decatur, IL 62526

Entry fees must be submitted prior to the scratch deadline. (below)

Entry Fees: \$4.00 per individual event, \$8.00 per swimmer facility surcharge in lieu of admission fees.

Deck Entries: This meet will be pre-seeded and no deck entries will be allowed.

Heat Sheet: Meet psych sheets, including heat sheets will be made available for free on the YDSC team unify website.

Seeding: This meet will be pre-seeded and no deck entries will be allowed.

Format: All meet events will be swum and awarded as timed finals.

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Sunday October 16th : 2 sessions.

Session 1:

Session Warm Ups: 8-9:00a.m. Warm-ups

Scratch Deadline: 8:45p.m.

Meet Starts: 9:15a.m.

Session 2:

***The mile swim will occur 10 minutes after the final relay finishes in session 1.**

- Awards:** Ribbons will be awarded for 1st-8th place in Individual Events
- Scoring:** 9-7-6-5-4-3-2-1 for individual events. Teams will be able to enter as many relay teams as they want in each event.
- Concessions:** Concession Stand will be available for drinks and food including drinks, pretzels, walking tacos, pizza, BBQ sandwiches, and much more!
- Vendors:** Oceans Apparel will be onsite selling meet shirts
- Timers/Officials:** 1-2 timer(s) per lane will be assigned
- Results:** Complete results will be available at the conclusion of the meet, emailed to teams as well as posted on the event page of the YDSC web site. Host will report results to Illinois YMCA SWYMS database and IL Swimming.
- Warm-Up Procedure:** Lane assignments will be distributed prior to the meet via email to coaches.

Swimmers must enter the pool feet first, while maintaining contact with the deck with the body and a hand from the start end of the pool. (Sit and slide entry)

Coaches are to use their own discretion when allowing starts from the blocks. When performing starts in warmups, coaches **MUST** adhere to one-way sprints ie: swimmers exit the pool after a 25 and walk back to the start end.

Swimmers must adhere to all social distancing regulations when in the water and must use assigned entrance and exit doors.

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Safety Guidelines:

A. Coach Responsibilities

- a. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and all practices.
- b. Coaches shall actively supervise their swimmers throughout the warmup session at meets and all practices

B. Host Team Responsibilities

a. Marshaling

- i. A minimum of two marshals, who report to and receive instructions from the Meet Referee, shall be on the deck during the warm-up session.
- ii. Marshals shall have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.
- iii. The host team shall provide signs for each lane at both ends of the pool, which indicate the designated use during warm-up.
- iv. Warm-up times and lane assignments shall be published on the host website and posted at several locations around the pool area.
- v. An announcer shall be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
- vi. Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators or officials shall be removed or clearly marked.

C. Miscellaneous:

- a. Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks.
- b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- d. Warm-up procedures shall be enforced for any breaks scheduled during the competition.
- e. The Meet Referee may restrict use of bands, hand paddles or fins during warm-up.
- f. The Referee shall have control over mitigation actions necessary to relieve situations deemed dangerous or impairing the safety of other swimmers.

***Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms.

***No flash photography or behind the blocks photography allowed.

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***Except where venue facilities require otherwise, changing into or out of swimsuits other than in the locker rooms or other designated areas is prohibited.

Drones:

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

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Event #	Event Name	Event #	Event Name
1	Girls 11-12 200 Freestyle	52	Boys 9-10 100 Freestyle
2	Boys 11-12 200 Freestyle	53	Girls 11-12 100 Freestyle
3	Girls 13-14 200 Freestyle	54	Boys 11-12 100 Freestyle
4	Boys 13-14 200 Freestyle	55	Girls 13-14 100 Freestyle
5	Girls 15-21 200 Freestyle	56	Boys 13-14 100 Freestyle
6	Boys 15-21 200 Freestyle	57	Girls 15-21 100 Freestyle
7	Girls 8 & Under 100 Medley Relay	58	Boys 15-21 100 Freestyle
8	Boys 8 & Under 100 Medley Relay	59	Girls 8 & Under 25 Backstroke
9	Girls 9-10 200 Medley Relay	60	Boys 8 & Under 25 Backstroke
10	Boys 9-10 200 Medley Relay	61	Girls 9-10 50 Backstroke
11	Girls 11-12 200 Medley Relay	62	Boys 9-10 50 Backstroke
12	Boys 11-12 200 Medley Relay	63	Girls 11-12 50 Backstroke
13	Girls 13-14 400 Medley Relay	64	Boys 11-12 50 Backstroke
14	Boys 13-14 400 Medley Relay	65	Girls 13-14 100 Backstroke
15	Girls 15-21 400 Medley Relay	66	Boys 13-14 100 Backstroke
16	Boys 15-21 400 Medley Relay	67	Girls 15-18 100 Backstroke
17	Girls 8 & Under 100 IM	68	Boys 15-18 100 Backstroke
18	Boys 8 & Under 100 IM	69	Girls 15-21 200 Breaststroke
19	Girls 9-10 100 IM	70	Boys 15-21 200 Breaststroke
20	Boys 9-10 100 IM	71	Girls 8 & Under 25 Breaststroke
21	Girls 11-12 200 IM	72	Boys 8 & Under 25 Breaststroke
22	Boys 11-12 200 IM	73	Girls 9-10 50 Breaststroke
23	Girls 13-14 200 IM	74	Boys 9-10 50 Breaststroke
24	Boys 13-14 200 IM	75	Girls 11-12 50 Breaststroke
25	Girls 15-21 200 IM	76	Boys 11-12 50 Breaststroke
26	Boys 15-21 200 IM	77	Girls 13-14 100 Breaststroke
27	Girls 8 & Under 25 Freestyle	78	Boys 13-14 100 Breaststroke
28	Boys 8 & Under 25 Freestyle	79	Girls 15-21 100 Breaststroke
29	Girls 9-10 50 Freestyle	80	Boys 15-21 100 Breaststroke
30	Boys 9-10 50 Freestyle	81	Girls 15-21 200 Backstroke
31	Girls 11-12 50 Freestyle	82	Boys 15-21 200 Backstroke
32	Boys 11-12 50 Freestyle	83	Girls 8 & Under 100 Freestyle Relay
33	Girls 13-14 50 Freestyle	84	Boys 8 & Under 100 Freestyle Relay
34	Boys 13-14 50 Freestyle	85	Girls 9-10 200 Freestyle Relay
35	Girls 15-21 50 Freestyle	86	Boys 9-10 200 Freestyle Relay
36	Boys 15-21 50 Freestyle	87	Girls 11-12 200 Freestyle Relay
37	Girls 8 & Under 25 Butterfly	88	Boys 11-12 200 Freestyle Relay
38	Boys 8 & Under 25 Butterfly	89	Girls 13-14 400 Freestyle Relay
39	Girls 9-10 50 Butterfly	90	Boys 11-12 400 Freestyle Relay
40	Boys 9-10 50 Butterfly	91	Girls 15-21 400 Freestyle Relay
41	Girls 11-12 50 Butterfly	92	Boys 15-21 400 Freestyle Relay
42	Boys 11-12 50 Butterfly	93	Girls 500 Freestyle
43	Girls 13-14 100 Butterfly	94	Boys 500 Freestyle
44	Boys 13-14 100 Butterfly	100	Girls 1650 Freestyle
45	Girls 15-21 100 Butterfly	101	Boys 1650 Freestyle
46	Boys 15-21 100 Butterfly		
47	Girls 15-21 200 Butterfly		
48	Boys 15-21 200 Butterfly		
49	Girls 8 & Under 50 Freestyle		
50	Boys 8 & Under 50 Freestyle		
51	Girls 9-10 100 Freestyle		

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Entry Summary & Release Form

Please submit this form with your entry file and fees, check made payable to YDSC:

Decatur Family YMCA
Attn: Melissa Miller
220 W. McKinley
Decatur, IL 62526.

Number of Athletes: _____ x \$8.00 = \$ _____

Number of Individual Entries: _____ x \$4.00 = \$ _____

Total Due = \$ _____

TEAM NAME: _____ CLUB CODE: _____

HEAD COACH: _____ CELL PHONE: (_____) _____ - _____

ALTERNATE CONTACT: _____ CELL PHONE: (_____) _____ - _____

EMAIL ADDRESS: _____

COACHES ATTENDING (please print legibly):

RELEASE OF LIABILITY:

In consideration of the acceptance of this entry, I, intending to be legally bound, hereby consign, waive and release any and all rights and claims for damages which may accrue against Decatur Family YMCA, YDSC Swim Team, YDSC Parent Advisory Board, and the meet officials for any and/or all injuries suffered by me or any contestant or representative in said meet as a representative of my club.

Signature (Coach, Club Rep, or Parent): _____ **Date:** ____/____/____

*This signed release must accompany the entry or the entry will not be accepted.

Payment and Release Form must be received before swimmers splash