



TIME STANDARDS

2020 REGIONAL & AGE GROUP CHAMPIONSHIPS

GIRLS						BOYS						
LCM		SCM		SCY		10 & Under	SCY		SCM		LCM	
CHMP	REG	CHMP	REG	CHMP	REG	Event	CHMP	REG	CHMP	REG	CHMP	REG
34.79	38.79	33.39	37.19	30.09	33.59	50 Free	30.19	33.69	33.49	37.29	34.89	38.89
1:17.59	1:26.39	1:14.59	1:22.99	1:07.19	1:14.89	100 Free	1:06.59	1:14.29	1:13.89	1:22.29	1:18.29	1:27.09
2:49.89	3:08.89	2:44.49	3:02.99	2:28.19	2:44.09	200 Free	2:27.79	2:44.59	2:44.09	3:02.49	2:51.89	3:11.09
5:49.29	6:50.59	5:39.79	6:39.49	6:28.29	7:40.59	400/500 Free	6:28.29	7:44.69	5:39.79	6:47.99	5:49.29	6:56.79
40.79	45.59	39.49	43.99	35.59	39.69	50 Back	35.79	39.89	39.69	44.19	41.59	46.29
1:29.29	1:39.29	1:25.49	1:34.99	1:16.99	1:25.69	100 Back	1:17.79	1:26.29	1:25.99	1:35.69	1:29.29	1:39.39
46.89	52.09	44.49	49.39	40.09	44.59	50 Breast	41.09	45.49	45.39	50.39	48.49	53.89
1:42.89	1:54.19	1:37.49	1:48.19	1:27.79	1:37.59	100 Breast	1:29.89	1:40.09	1:39.89	1:50.99	1:44.79	1:56.49
38.79	43.19	37.79	42.09	34.09	37.99	50 Fly	34.29	37.99	37.79	42.09	39.79	44.29
1:34.29	1:44.69	1:28.79	1:38.69	1:19.99	1:28.99	100 Fly	1:21.49	1:29.89	1:29.69	1:39.69	1:37.99	1:48.79
		1:25.79	1:35.39	1:17.79	1:25.99	100 IM	1:17.79	1:26.59	1:26.39	1:39.99		
3:13.89	3:35.29	3:05.69	3:26.29	2:47.29	3:05.99	200 IM	2:49.69	3:07.09	3:06.59	3:27.49	3:11.39	3:33.19
2:30.29		2:22.59		2:08.49		200 Fr Relay	2:10.59		2:24.99		2:35.59	
2:50.99		2:41.19		2:25.19		200 Med Relay	2:28.29		2:44.59		2:57.89	
LCM		SCM		SCY		11 & 12	SCY		SCM		LCM	
CHMP	REG	CHMP	REG	CHMP	REG	Event	CHMP	REG	CHMP	REG	CHMP	REG
30.69	34.49	29.59	33.49	26.99	30.19	50 Free	26.59	30.09	28.99	33.39	30.09	34.69
1:06.99	1:14.49	1:04.79	1:12.29	58.29	1:05.09	100 Free	57.89	1:05.69	1:03.89	1:12.79	1:06.39	1:16.49
2:25.49	2:44.89	2:19.89	2:39.49	2:08.19	2:23.79	200 Free	2:08.19	2:23.89	2:19.49	2:39.49	2:24.99	2:46.99
5:09.29	5:45.19	4:57.39	5:30.79	5:42.19	6:18.59	400/500 Free	5:43.59	6:18.29	4:57.49	5:30.59	5:09.39	5:51.29
11:12.79	12:30.89	10:59.99	12:14.19	11:48.99	13:04.49	800/1000 Free	11:56.29	13:08.69	11:01.89	12:15.59	11:14.69	12:46.09
20:45.49	23:10.09	20:17.99	22:39.19	20:10.79	22:19.59	1500/1650 Free	20:00.79	22:02.09	20:07.99	22:35.59	20:43.29	23:31.69
35.49	39.49	34.49	38.19	30.99	34.39	50 Back	31.09	34.99	34.59	38.89	35.89	41.29
1:16.59	1:26.59	1:13.49	1:22.89	1:06.19	1:14.79	100 Back	1:06.89	1:15.49	1:14.79	1:23.69	1:17.79	1:28.99
2:42.49	2:56.09	2:37.79	2:51.59	2:21.39	2:36.39	200 Back	2:23.69	2:39.59	2:39.19	2:54.59	2:43.89	2:59.79
40.29	45.99	38.79	43.39	34.49	39.09	50 Breast	34.79	39.69	38.49	44.09	39.99	46.89
1:27.39	1:40.09	1:24.09	1:34.49	1:15.59	1:25.19	100 Breast	1:15.69	1:25.89	1:24.79	1:35.39	1:28.09	1:41.99
3:02.39	3:22.39	2:59.19	3:19.89	2:42.19	3:01.69	200 Breast	2:47.29	3:11.29	3:05.59	3:30.19	3:08.79	3:38.09
33.39	38.19	32.19	37.09	29.39	33.49	50 Fly	29.69	33.39	32.59	36.99	33.69	38.59
1:15.59	1:26.99	1:12.69	1:21.99	1:05.89	1:14.79	100 Fly	1:06.99	1:15.59	1:14.09	1:23.69	1:16.19	1:29.09
2:53.59	3:33.09	2:51.59	3:25.89	2:34.59	3:08.29	200 Fly	2:37.89	3:06.69	3:01.09	3:24.09	3:03.29	3:30.99
		1:15.19	1:26.29	1:07.39	1:14.89	100 IM	1:07.19	1:15.89	1:14.69	1:24.19		
2:45.79	3:06.99	2:39.49	2:59.79	2:24.99	2:41.99	200 IM	2:25.59	2:43.29	2:40.59	2:58.59	2:46.79	3:09.49
	7:32.09		7:15.79		6:34.39	400 IM		6:27.29		7:07.99		7:28.29
4:40.89		4:30.09		4:03.69		400 Fr Relay	4:07.29		4:34.99		4:45.99	
5:19.69		5:07.39		4:34.79		400 Med Relay	4:41.79		5:15.29		5:30.39	
LCM		SCM		SCY		13 & 14	SCY		SCM		LCM	
CHMP	REG	CHMP	REG	CHMP	REG	Event	CHMP	REG	CHMP	REG	CHMP	REG
29.19	31.79	28.19	30.79	25.49	27.79	50 Free	23.89	26.29	26.49	29.19	27.39	30.39
1:03.39	1:09.19	1:01.39	1:06.99	55.29	1:00.29	100 Free	51.79	56.99	57.99	1:03.79	59.59	1:06.39
2:18.39	2:31.59	2:13.19	2:25.29	1:59.69	2:10.89	200 Free	1:53.19	2:04.99	2:06.29	2:18.99	2:11.19	2:25.09
4:52.49	5:21.79	4:41.29	5:09.49	5:22.69	5:53.59	400/500 Free	5:07.59	5:35.19	4:32.29	4:59.59	4:40.79	5:11.19
9:58.19	10:57.99	9:47.79	10:46.59	10:57.79	12:03.59	800/1000 Free	10:32.59	11:35.89	9:37.69	10:35.49	9:48.09	10:46.89
19:01.59	21:03.39	18:45.59	20:41.49	18:49.19	20:44.49	1500/1650 Free	18:18.29	20:10.99	18:28.39	20:20.09	18:45.29	20:42.09
1:12.09	1:18.69	1:09.59	1:14.59	1:01.29	1:06.89	100 Back	59.69	1:05.69	1:04.79	1:11.49	1:09.69	1:18.19
2:35.19	2:49.89	2:29.89	2:42.69	2:13.29	2:25.79	200 Back	2:08.29	2:21.19	2:24.39	2:36.69	2:29.89	2:46.59
1:22.99	1:30.59	1:19.59	1:26.79	1:10.89	1:17.19	100 Breast	1:06.69	1:14.19	1:14.49	1:22.19	1:18.09	1:24.59
3:00.09	3:18.29	2:53.39	3:09.59	2:34.79	2:50.39	200 Breast	2:25.29	2:40.89	2:43.39	2:59.79	2:51.39	3:11.89
1:10.29	1:16.89	1:08.19	1:14.49	1:01.19	1:06.89	100 Fly	57.89	1:03.69	1:03.99	1:10.49	1:06.59	1:13.89
2:39.79	2:55.79	2:33.69	2:49.09	2:18.79	2:32.69	200 Fly	2:12.59	2:25.89	2:29.39	2:42.39	2:34.59	2:50.19
2:37.19	2:51.79	2:31.49	2:45.39	2:16.79	2:28.79	200 IM	2:08.79	2:22.79	2:23.09	2:37.49	2:27.89	2:46.39
5:33.69	6:07.09	5:20.89	5:52.99	4:50.89	5:19.99	400 IM	4:39.19	5:07.19	5:14.89	5:46.39	5:19.99	6:00.29
4:22.19		4:12.19		3:49.29		400 Fr Relay	3:36.69		4:03.69		4:13.39	
9:34.19		9:12.19		8:20.89		800 Fr Relay	8:01.59		9:01.49		9:23.29	
4:56.39		4:44.89		4:14.89		400 Med Relay	4:02.69		4:32.89		4:48.29	