

“How to” for Home Hosted Swim Meets at UIC

Location: University of Illinois at Chicago

(Due to the depth of pool requirements, Fremd or Palatine High School currently do not meet the requirements for us to host a Short Course Yard swim meet.

As parents, our role is to run the meet. Unfortunately at this meet we rarely will have the opportunity to sit too much. We will need all parents to help out for one of the various roles. Some of the roles are timers, computers, concessions, admissions, bull pen for 8 & unders, safety marshals, hospitality, etc.

Please note: All swimmers are entered in the meet unless you have notified the coaches in writing of a conflict.

1. Approximately one month prior to the meet, a volunteer list will be sent to you by email or mail. This information is put together by our parent board volunteer.
2. One to two weeks prior to a meet, check our website at www.ppdswim.org for “Splash” under “Meet Schedule”. Scroll down to find the specific meet your child is swimming. View under “entries”. You will find required arrival times, warm up times, and session information under “meet information link. We recommend you provide this information in advance to your swimmer as you may be less available or need to arrive earlier than your swimmer.
3. Directions to the pool may be obtained by www.mapquest.com or www.maps.com.
4. We recommend printing or writing down the events for your swimmer especially if they are new or a young swimmer. (Some kids write the events on the back of their hands.)
5. Plan to arrive at the pool at the time noted on the volunteer information sheet. This may be before or after your swimmer needs to arrive. Please plan to car pool with other swim parents if necessary.
6. Swimmers MUST check in at position check in table or they WON'T be swimming for that day or possibly the meet.
7. After your swimmer has checked in, they should touch base with their coach on deck to let them know they have arrived
8. If they can't readily locate their coach, please have your swimmer locate other Palatine swimmers. (One reason we encourage “team apparel”/suit). Usually the coaches may be found at the end of the swim lane for Palatine.
9. Swimmers usually sit together in one location. (Note: The coaches may ask/require swimmers to sit in one location.)
10. Warm ups usually last about 45 minutes with a slight break before the meet begins. This is when the coaches provide information to the swimmers.
11. Plan to commit the entire am or pm session to your volunteer position. Your swimmer may need to wait. (This is part of the fun for them!!!) We will need your volunteer support until the next session parents arrive.
12. After each swim, your swimmer must check in with their coach immediately. They do not come to see you until they have seen their coach.
13. Suggestions for what to bring:
 - Swimmer: Team suit and cap
 - 2-3 towels
 - Flannel pants
 - Palatine Swim Parka
 - Sandels
 - Snacks/drinks (most pools have a concessions)
 - Cards or games to play in the event the meet is running late
 - Extra swim caps, goggles, and suits in the event one rips
 - Old sleeping bags for kids to sit on
 - \$ to purchase any team apparel or a new swim equipment. This is a great treat for a “job

well done”.