

# TIGER SHARKS SWIM TEAM · TIGER SHARKS SWIM TEAM



## PALATINE TIGER SHARKS SWIM TEAM

Palatine Tiger Sharks Swim Team is a multi-ability-level program that offers competitive opportunities, technique development, and fun for swimmers ages 6 and older. The swim team is divided into progressive groups. Open tryouts are held twice a year in March and August. If there is space available, new swimmers may join at any time by contacting the swim office at 847.202.3240 to schedule a tryout. Team coaches make the final determination for group placement and advancement to the next level. Group sizes may be limited.

Following a tryout, coaches will provide approximate practice times and locations. These are subject to pool availability and may change.

### Registration for Swim Team:

Registration during regular office hours at any Palatine Park District facility

Swim Team requires a separate registration form

All fees are paid at the time of registration

Additional fee for Non-residents

Palatine Park District registration fees do not cover all Swim Team expenses so additional Swim Team fees are necessary and are the same for residents and non-residents

Swim Team fees and escrow costs vary for each group

Families with multiple swimmers receive a \$15 discount starting with the third swimmer

T-shirts are available on a limited basis for later registration and are first-come, first-served.

Each member of the Tiger Sharks Swim Team must be a member of Illinois Swimming and United States Swimming. Escrow covers costs of USA/ISI Swimming (annual fee expiring December 31 each year and is non-refundable) and entry for individual and relay events at swim meets. Any swimmer not registered with USA/ISI Swimming in the current year must pay an additional escrow fee. Unused escrow is refundable at the end of the season by contacting the swim board (escrow).

Swim Team parents are required to volunteer during each of their swimmer's sessions at all Tiger Shark hosted meets. Failure to volunteer for any home meet results in a charge of \$100 for each meet session.

Families can offset the cost of future swim team fees by participating in the team's ongoing fundraising opportunities.

Due to COVID-19 restrictions and the lack of fundraising opportunities a surcharge of \$50-\$125 may be applied to offset fundraising.

### SPRING/SUMMER TRYOUTS

February 28 • 6:00pm-7:30pm

March 1 • 6:00pm-7:00pm

Harper College • 1200 W. Algonquin Rd, Building M

Online and in person registration for returning swimmers only will open February 23 at 8:30am.

Registration for new swimmers opens March 9 at any Park District facility and must be done in person.

For any new families interested in joining, please visit [ppdswim.org](http://ppdswim.org) for additional information. Swim Team Open House on April 4 from 6:00pm-8:00pm at the Birchwood Gym.



### NOVICE • APRIL 4–AUGUST 11

Novice offers swimmers the opportunity to progress from pre-competitive to competitive swimming. Swimmers must be able to complete 25 yards of all four competitive strokes. Practice is offered three to four times a week, when possible, for at least an hour. For ages six and older.

*Required equipment: competitive suit, goggles, cap (if hair covers the eyes)*

R/NR	Swim Team Fee	Escrow	Prog #
\$185/\$238	\$283	\$200	202271-01

### WHITE 2 • APRIL 4–AUGUST 11

White 2 offers swimmers the opportunity to refine stroke technique and swimming skills while learning the training basics of competitive swimming, including introduction to interval training, goal setting, and individual medley training. Swimmers must swim 25 yards of freestyle breathing to the side, swim 25 yards of backstroke, and demonstrate butterfly and breaststroke. Practice is offered three times per week for an hour, with an increase in swimming volume from the Novice group. For ages 9-11.

*Required equipment: training fins*

R/NR	Swim Team Fee	Escrow	Prog #
\$185/\$238	\$283	\$250	202273-01

### WHITE 1 • APRIL 4–AUGUST 11

White 1 offers swimmers the opportunity to refine stroke technique and swimming skills while improving aerobic capacity, developing race strategy, and participating in dryland training. Swimmers must swim all four strokes legally at a meet or tryouts to be considered for this group. Swimmers must commit to 60% practice attendance, one meet per month, and have a desire to qualify for championship meets to be in White 1. Practice is offered four times per week for at least an hour. For ages 10 and under.

*Required equipment: training fins*

R/NR	Swim Team Fee	Escrow	Prog #
\$208/\$260	\$312	\$300	202272-01

Questions? Contact Tony Gallagher, Swim Team Coordinator at 847.202.3240 or [tgallagher@palatineparks.org](mailto:tgallagher@palatineparks.org). Team information can be found at [PPDSWIM.org](http://PPDSWIM.org)

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## BLUE 2 • APRIL 4–AUGUST 11

Blue 2 offers swimmers the opportunity to advance in the sport of competitive swimming by continuing to improve technique and skills, competing in individual medley and distance events, and practicing at a more advanced level than the White group. Swimmers must understand interval training and know all four strokes, starts, and turns in addition to demonstrating the White 2 training goals in practice or at tryouts. High attendance and meet participation are highly encouraged. Practice is offered four times per week for at least an hour. For ages 11-13 year olds.

*Required equipment: training fins and competitive snorkel*

R/NR	Swim Team Fee	Escrow	Prog #
\$222/\$279	\$326	\$300	202274-01

## BLUE 1 • APRIL 4–AUGUST 11

Blue 1 offers swimmers the opportunity to advance in the sport of competitive swimming by continuing to improve technique and skills, competing in individual medley and distance events, and practicing at a more advanced level than the White group. Swimmers must understand interval training and demonstrate the White 1 training goals in practice or at tryouts. 70% attendance, one meet per month, and a strong work ethic is required for Blue 1. Competitive goals for swimmers in Green 1 are Regional, State, and AAA qualifying times. Practice is offered five times per week for at least an hour. For 9-12 year olds.

*Required equipment: training fins, hand paddles, and competitive snorkel*

R/NR	Swim Team Fee	Escrow	Prog #
\$235/\$295	\$399	\$300	202275-01

## GREEN 2 • APRIL 4–AUGUST 11

Green 2 swimmers will train at a high level while refining advanced swimming techniques, race strategies, and skills. Swimmers must understand interval training and demonstrate the Blue 2 training goals in practice or tryouts. High attendance at practice and meets is encouraged. Practice is offered four to five times per week for one to two hours. For 12-14 year olds.

*Required equipment: training fins, pull buoy, hand paddles, competitive snorkel, and Power Bags (light or medium)*

R/NR	Swim Team Fee	Escrow	Prog #
\$237/\$297	\$426	\$300	202276-01

## GREEN 1 • APRIL 4–AUGUST 11

Green 1 swimmers will train at a high level while refining advanced swimming techniques, race strategies, and skills. Swimmers must understand interval training and demonstrate the Blue 1 training goals in practice or tryouts. Attending four practices per week and a strong work ethic is required for Green 1. Attendance at all meets is expected. Competitive goals for swimmers in Green 1 are State, AAA, and National qualifying times. Practice is offered five to six times per week for 1.5 to two hours. For 6th to 8th grades.

*Required equipment: training fins, hand paddles, competitive snorkel*

R/NR	Swim Team Fee	Escrow	Prog #
\$241/\$301	\$452	\$300	202277-01



Online registration only available for currently enrolled swimmers. New swimmers to the team must register in person

For any new families interested in joining, please visit [ppdswim.org](http://ppdswim.org).

## SENIOR 2 • APRIL 4–AUGUST 11

Senior 2 offers the opportunity for swimmers to either stay in shape or continue their swimming development. Swimmers should have competitive swimming experience and demonstrate proper practice etiquette. High attendance at practice and meets is encouraged. For high school and collegiate swimmers.

*Required equipment: training fins, pull buoy, hand paddles, competitive snorkel.*

### FULL SENIOR 2 TRAINING

R/NR	Swim Team Fee	Escrow	Prog #
\$263/\$329	\$459	\$300	202278-01

### SENIOR 2 HS BOYS POST SEASON AFTER MAY 9

R/NR	Swim Team Fee	Escrow	Prog #
\$188/\$235	\$344	\$300	202278-02

### SENIOR 2 HS GIRLS COLLEGE

R/NR	Swim Team Fee	Escrow	Prog #
\$35/\$44	\$0	\$300	202278-03

## SENIOR 1 • APRIL 4–AUGUST 11

Senior 1 swimmers will train at an elite level, while having expectations to attend every practice, unless Head Coach is notified beforehand. Failure to do so will result in a reevaluation of group placement. The yearly goal of Senior 1 is to be a part of the State and/or National Team.

For high school and through competitive collegiate swimmers.

*Required equipment: training fins, pull buoy, hand paddles, competitive snorkel.*

### FULL SENIOR 1 TRAINING

R/NR	Swim Team Fee	Escrow	Prog #
\$292/\$364	\$488	\$300	202279-01

### POST SEASON AFTER MAY 9

R/NR	Swim Team Fee	Escrow	Prog #
\$229/\$286	\$345	\$300	202279-02

### COLLEGE

R/NR	Swim Team Fee	Escrow	Prog #
\$35/\$44	\$0	\$300	202279-03



## PLEASE NOTE:

Dates, times, fees, maximums, and other details pertaining to programs and services may change as a result of ongoing state health guidelines and COVID-19 mitigation. Call 847.991.0333 with any questions regarding registration.