



**Palatine Swim Team**  
 41<sup>st</sup> Annual Winter Splash  
 January 18<sup>th</sup>-19<sup>th</sup>, 2020

Sanctioned by USA Swimming, Inc. and Illinois Swimming, Inc.  
 USA Swimming, Inc.--Sanction Number ILS20-0113

**Meet Director**

Emil Borre  
 847.971.4988  
 ejborre@sbcglobal.net

**Entry Chairperson**

Dustin Thompson  
 Palatine Park District  
 Swim Team  
 250 E. Wood St.  
 Palatine, IL 60067

PPDmeetentries@gmail.com  
 847.202.3240

**Meet Referee**

Becky Menso  
 mensob2000@yahoo.com  
*Officials please email if you plan  
 to attend this meet*

**Safety Chairperson**

Dustin Thompson  
 847.202.3240  
 ddt1326@yahoo.com

**Format** Open Short Course Yards  
**This is a positive Check-in meet.**

Session	Day	Type	Athlete	Warm-ups	Meet Start
1	Saturday	Prelim	10&U, 12&U	7:00 AM	8:00 AM
2	Saturday	Timed Finals	8&U, 13 & Over	12:30 PM	1:30 PM
3	Saturday	Finals	10&U, 12&U	4:30 PM	5:30 PM
4	Sunday	Prelim/Timed Finals	10&U, 12&U	8:00 AM	9:00 AM
5	Sunday	Timed Finals	8&U, 13 & Over	12:30 PM	1:30 PM
6	Sunday	Finals	10&U, 12&U	4:30 PM	5:30 PM

**Location** Elk Grove High School  
 500 W Elk Grove Blvd  
 Elk Grove Village, IL 60007

**Facility** The Elk Grove High School pool is an eight lane, 25 yard indoor pool with starting blocks at the deep end. The start end depth is 13 ft 11 in. Turn end depth is 4 ft 0 in. The pool has non-turbulent competition lane lines and a fully automated Colorado Timing System with read-out board.

**Rules and Safety:** All current USA Swimming and ISI Rules and Regulations apply. ISI and USA swimming safety rules will be strictly enforced. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.** Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**Eligibility** All USA Swimming registered swimmers are eligible. All swimmers must be registered prior to entry deadlines. Entries listed as "Registration applied for" will not be accepted. Registration forms can be obtained from the Illinois Swimming Office, 1400 E. Touhy, Suite 410, Des Plaines, IL, 60018, Phone: 847-824-1596, Fax: 847-824-1726. A swimmer's age as of January 18, 2020 will determine their age for the meet.

**USA Swimming, Inc.**

**Membership** Insurance regulations require that all swimmers, judges, starters, and referees be a current member of USA Swimming. It is each club's responsibility to register their swimmers, coaches, and officials. Swimmers, coaches and officials who are not current members of USA Swimming may not participate in the meet or be on deck.

**Coaches** All coaches must be currently registered with USA Swimming and must provide proof of current registration at all sessions of the meet.

**Entry Deadline** Email or Overnight mail carrier delivery only. No hand delivered, telephone, or fax entries will be accepted. Entries must be received by the Palatine Park District Swim Team, 250 E. Wood St., Palatine, IL 60067 (847) 202-3240 no earlier than **Wednesday, December 11, 2019, at 12:00p.m. (noon). Email entries may be sent to [PPDmeetentries@gmail.com](mailto:PPDmeetentries@gmail.com)** Entries will be accepted in the order received until the time limit per session is met. Thereafter, entries shall be returned promptly to the swimmer or team. An attempt will be made to achieve balance between age group classes. Entries shall not be considered received until all hard copies, waivers, and payments have been delivered to the Palatine Park District at the address shown above. Teams entering via email have 72 hours to submit hard copies, waivers, and payment or their entry is subject to non-acceptance. Any entry received earlier than 12:00 p.m. on December 11, 2019, will be placed at the end of the total entries received for that day, eliminating any need to re-submit. The entry deadline is January 11, 2020. There will be upgrade of time allowed until this date. All changes must be submitted before the entry deadline. We will accommodate where possible.

**Entries** This is a Hy-Tek software (Windows version) managed meet. Any club using Team Manager is strongly encouraged to use that package to submit the entry via e-mail. The entry must be accompanied by the software generated printed form including full name, ISI number, event numbers and seed time. These must be returned together with the entry forms and your check. Failure to do so shall be sufficient grounds for refusal of the entry.

A signed Summary Fee / Release form provided in this packet and payment in full must accompany all entries. Checks are to be made payable to: **Palatine Swim Team.**

**Entry Fees** \$5.00 per Individual Event  
\$10.00 per Relay Event  
\$2.00 ISI Surcharge per swimmer  
\$10.00 Facility and admissions surcharge per swimmer

### **Entry Limitations**

**Deck entries will not be permitted.**

**Prelim/Finals** 12 & Under swimmers may swim a maximum of three (3) individual events and one (1) relay.

**Timed Finals** Swimmers may swim a maximum of four (4) events and one (1) relay.

Relay swimmers must be entered in at least one individual event. Mixed relays for 12 and Unders must be 2 boys/2 girls.

The 500 Freestyle and 400 IM events may also have the additional limitation that only the top three girls and boy's heats may be swum. The host team reserves the right to swim additional heats of any PPD swimmers if time allows. NO TIME entries will be accepted on a first come, first served basis. Affected swimmers or their coaches will be informed of limitations after the closing date and our time line is established. Refunds will be given if requested. The host team reserves the right to limit other events as it deems necessary.

### **Entry Verification**

If you desire verification of entries received, include a stamped, self-addressed postal card with your entries. Emailed entries will receive an email confirmation of receipt of entry, but not necessarily acceptance into the meet.

### **Events**

The Meet Referee reserves the right to impose "fly-over" starting procedures.

In accordance with USA Swimming Rules; Articles 105 and 202.2.13, the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee, prior to competition, with specific requests.

### **Positive Check-In**

There will be a positive check-in at the entrance. Check-in will be closed 20 minutes after the start of that session's warm-up period. Each swimmer must highlight their event numbers to be seeded properly. Heat and lane assignments will be prominently placed. There will be no cards issued. Swimmers missing check-in will only be placed where any openings may occur regardless of original seed time. Swimmers failing to report to the blocks after having indicated an intention to swim will be charged with deliberate delay, failure to report (DQ), not a scratch, per USA regulations 101.1.5 B. There will be a bullpen for 8 & U. There may be a secondary positive check-in (1/2 to 3/4 hours) prior to distance events of 400 yards or longer.

### **Scratches**

**Prelim/Finals 30 minute scratch rules will be in effect.**

<b>Scoring</b>	Scoring will be 20-18-17-16-15-14-13-11-9-7-6-5-4-3-2-1 for individual events. Relay events will be scored 40-36-34-32-30-28-26-22-18-14-12-10-8-6-4-2. 12 & U events will be scored separately as 10 & U and 11-12. 13 & over events will be scored separately as 13-14 and 15 & Over.
<b>Seeding</b>	<b>Timed Final</b> events will be seeded and swum slowest to fastest. <b>Prelim/Final</b> events will be seeded and swum slowest to fastest, except for the last three heats, which will be circle seeded. If a swimmer enters more events than allowed, the Entry Chairperson will enter that swimmer to a maximum number allowed in that age group and will disregard any other entries for that swimmer for that day.
<b>Relay Events</b>	Preprinted relay sheets will be available at the beginning of each session. Coaches are to list the swimmers' names in the order of swimming. All relay sheets must be returned to the Administrative Judge/Clerk of Course no later than 60 minutes after the beginning of that session.
<b>Awards</b>	Awards will be given to first through sixteenth place in each age group, excluding 13 & Over events, with relay awards given to first through third place, excluding 13 & Over Events. High point awards will be awarded for each age group 1 <sup>st</sup> to 3 <sup>rd</sup> in the following age groups: 8 & U, 10 & U, 11-12, 13-14 and 15 & Over.
<b>Admissions Heat Sheets &amp; Timers</b>	No admissions will be charged at Elk Grove HS. Admissions are included in the \$10.00 per swimmer Facility/Admissions charge. Heat sheets will be sold for \$2.00 each session. Participating teams may be required to supply two (2) timers each session.
<b>Concessions</b>	Food and beverages will be available. However, pool rules do not allow food outside the concession area. No glass containers of any kind will be allowed inside the pool complex or the adjoining building. No smoking or consumption of alcoholic beverages is allowed anywhere on the school grounds. <b>These rules will be strictly enforced. Any violation could result in the expulsion of a swimmer and/or team from the meet.</b>
<b>Vendor</b>	The Swim Team Store will be selling swimwear and accessories for all your aquatic needs.
<b>Meet Results</b>	Will be available in hard copy and electronic form on our team website at <a href="http://www.ppdswim.org">www.ppdswim.org</a> . Individual copies may be ordered at the time of the meet at a cost of \$10.00 at Admissions.

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**Complete this form and mail with your check  
 payable to: PALATINE SWIM TEAM**

**Mail to:** Palatine Swim Team  
 Palatine Park District Swim Team  
 250 E. Wood St.  
 Palatine, IL 60067

**Email entry to: PPDmeetentries@gmail.com**

<u>Age Group</u>	<b>SUMMARY OF FEES</b>		
	<u>Number of Entries</u>	<u>Cost per entry</u>	<u>Total</u>
8 & Under	_____	@ \$5.00 each	_____
10 & Under	_____	@ \$5.00 each	_____
11 & 12	_____	@ \$5.00 each	_____
13 & Over	_____	@ \$5.00 each	_____
Relays	_____	@ \$10.00 each	_____
Total # of swimmers (ISI Surcharge)	_____	@ \$2.00 each	_____
Total # of swimmers (Facility/Admissions Surcharge)	_____	@ \$10.00 each	_____
		<b>TOTAL FEES</b>	_____

Name of Club: \_\_\_\_\_ Club Code: \_\_\_\_\_

Email Address: \_\_\_\_\_ LSC: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Phone (entry person): (Day) \_\_\_\_\_ (Eve) \_\_\_\_\_

Coach(es) Attending \_\_\_\_\_

In consideration of the acceptance of this entry, I, intending to be legally bound on behalf of myself, my club, and participants in the meet from my club, hereby consign, waive, and release any and all rights and claims for damages which may occur against USA Swimming, Illinois Swimming Inc., Elk Grove High School, High School District 214, Palatine Tiger Shark Swim Team, Palatine Park District, their representatives, directors, officers, employees, or successors for any and all injuries suffered by me or any contestant or representative in said meet, as representatives of my club. I attest that all athletes included in this entry and participating in this sanctioned/approved event are duly registered as current athlete members of USA Swimming.

Signature: \_\_\_\_\_

Title: \_\_\_\_\_ Date \_\_\_\_\_  
 (Coach, Club Representative, or Parent)

This signed release and your check for the full and correct amount must accompany entry or entry will not be accepted. Entries must be received **NO EARLIER THAN Wednesday, DECEMBER 11, 2019 at 12:00 P.M.**

**Sat. AM – Prelims**

**Session 1**

Girls	Events	Boys
1	10 & U 100 Fly	2
3	11-12 100 Fly	4
5	10 & U 100 IM	6
7	11-12 100 IM	8
9	10 & U 100 Back	10
11	11-12 100 Back	12
13	10 & U 100 Breast	14
15	11-12 100 Breast	16
17	10 & U 50 Free	18
19	11-12 50 Free	20

**Timed Finals Events**

21	<b>Mixed Gender</b> 10 & U 200 Medley Relay	21
22	<b>Mixed Gender</b> 11-12 200 Medley Relay	22
23	12 & U 1000 Free	24

**Sat. PM - Timed Finals**

**Session 2**

Girls	Events	Boys
25	13 & Over 200 Free	26
27	8 & U 50 Free	28
29	13 & Over 100 Breast	30
31	8 & U 25 Breast	32
33	13 & Over 100 Back	34
35	8 & U 50 Fly	36
37	13 & Over 200 Fly	38
39	8 & U 25 Back	40
41	13 & Over 50 Free	42
43	8 & U 100 Medley Relay	44
45	13 & Over 200 Medley Relay	46
47	13 & Over 400 IM	48

*(400 IM be limited to top 3 heats)*

**Sat. PM – Finals**

**Session 3**

Top 16 swimmers from events 1-20  
will compete.

**Sun. AM – Prelims**

*Please note the 200s of stroke and relays are timed final events.*

**Session 4**

Girls	Events	Boys
49	10 & U 50 Fly	50
51	12 & U 200 Fly ( <i>Timed final event</i> )	52
53	11-12 50 Fly	54
55	10 & U 200 IM	56
57	11-12 200 IM	58
59	10 & U 50 Back	60
61	12 & U 200 Back ( <i>Timed final event</i> )	62
63	11-12 50 Back	64
65	10 & U 50 Breast	66
67	12 & U 200 Breast ( <i>Timed final event</i> )	68
69	11-12 50 Breast	70
71	10 & U 100 Free	72
73	11-12 100 Free	74
	Relays Timed Finals Events	
75	<b>Mixed Gender</b> 10 & U 200 Free Relay	75
76	<b>Mixed Gender</b> 11-12 200 Free Relay	76

**Sun. PM - Timed Finals**

**Session 5**

Girls	Events	Boys
77	13 & Over 200 IM	78
79	8 & U 25 Free	80
81	13 & Over 100 Free	82
83	8 & U 50 Breast	84
85	13 & Over 200 Breast	86
87	8 & U 25 Fly	88
89	13 & Over 200 Back	90
91	8 & U 50 Back	92
93	13 & Over 100 Fly	94
95	8 & U 100 Free Relay	96
97	13 & Over 200 Free Relay	98
99	13 & Over 500 Free	100

*(500 Free be limited to the fastest 3 heats.)*

**Sun. PM – Finals**

**Session 6**

Top 16 swimmers from events 49-74, not including 51, 52, 61, 62, 67, and 68 will compete.

## Volunteer Form

We are looking for volunteers to assist us throughout the meet. For your convenience, we have enclosed a sign-up form to be distributed to those parents interested in timing and/or officiating. Thank you for your help.

### OFFICIALS

Name \_\_\_\_\_ phone \_\_\_\_\_

Email \_\_\_\_\_ Level \_\_\_\_\_

Name \_\_\_\_\_ phone \_\_\_\_\_

Email \_\_\_\_\_ Level \_\_\_\_\_

Name \_\_\_\_\_ phone \_\_\_\_\_

Email \_\_\_\_\_ Level \_\_\_\_\_

Name \_\_\_\_\_ phone \_\_\_\_\_

Email \_\_\_\_\_ Level \_\_\_\_\_

Name \_\_\_\_\_ phone \_\_\_\_\_

Email \_\_\_\_\_ Level \_\_\_\_\_

Timer Coordinator \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Two volunteer timers from each participating team may be asked to report to a timers' meeting prior to the commencement of each session.



## WARM-UP PROCEDURES

1. **General Warm-up** (first 30-45 minutes)
  - a. **NO DIVING** allowed from the blocks or edge of pool. Swimmers must enter the pool feet first, while maintaining contact with the deck with the body and a hand from the start end of the pool.
  - b. No sprinting or pace work allowed during this general warm-up session.
  - c. Entry into pool from starting end of pool only, unless noted otherwise by the meet director and meet referee.
1. **Specific Warm-up** (last 30-45 minutes)
  - a. **Push/Pace Lanes** - Push off one or two lengths from starting end. Circle swim only. **NO DIVING.**
  - b. **Diving Lanes** - Sprint lanes for diving from blocks or for backstroke starts in specified lanes at designated times. (One length only)
  - c. **General Warm-up Lanes - NO DIVING.** Circle swim only.
  - d. At approximately half way through diving and push/pace, additional lanes may be opened at the request of the coach.

POOL	LANE USE		
	PUSH/PACE	DIVING	GENERAL WARM-UP
6 LANE	1&6	2&5	3,4
8 LANE	1&8	2&7	3,4,5,6
10 LANE	1&10	2&9	3,4,5,6,7,8

### A. SAFETY GUIDELINES

#### 1. Coaches Responsibilities

- a. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
- b. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and all practices.

#### 1. Host Team Responsibilities

- a. Marshaling
  - 1) A minimum of two (2) marshals, who report to and receive instructions from the Meet Referee, shall be on the deck during the warm-up session.
  - 2) Marshals shall be current members of USA Swimming.
  - 3) Marshals shall have the authority to remove from the deck, for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.
- a. The host team shall provide signs for each lane at both ends of the pool, which indicate the designated use during warm-up.
- b. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the information: "Illinois Swimming, Inc. Safety Guidelines and Warm-up Procedures will be in affect at this meet."
- c. An announcer shall be on duty for the entire Warm-up session to announce lane and/or time changes and to assist with the conduct of the Warm-up.
- d. Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.

#### 1. Miscellaneous:

- a. Backstrokes shall ensure that they are not starting at the same time as a swimmer on the blocks.
- b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- d. Warm-up procedures shall be enforced for any breaks scheduled during the competition.
- e. The Referee may restrict use of bands, hand paddles, or fins during warm-up. The Referee shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.