Individual Tracking Log for 2018-2019 RAYS Swim Season

SWIMMER'S NAME & AGE		Freestyle				Backstroke				Breaststroke				Butterfly				IM	
		25	50	100	200	25	50	100	200	25	50	100	200	25	50	100	200	100	200
Personal Best Times →																			
Sage Pentathalon	Sept 29																		
RAYS, BVDY, DIXN, BLFN	Oct 13																		
RAYS, BVDY	Oct 20																		
ILVY Monster Splash	Oct 28																		
Lucky Duck Invite (10 & Under)	Nov 4																		
RAYS, DIXN	Nov 10																		
RAYS, OTTY, BLFN, ILVY	Nov 17																		
Streator Brett Stone Invite	Dec 2																		
DCST Barb Wire	Dec 8-9																		
DCST, BVDY, DIXN, BLFN, STRY	Dec 15																		
RAYS, ILVY, OTTY	Jan 6																		
RAYS, DCST, OTTY	Jan 12																		
Belvidere David Wolf Invite	Jan 20																		
Early Bird (11 & Older)	Jan 27																		
RAYS, DIXN	Feb 2																		
Distance Challenge	Feb 9																		
RAYS, STRY	Feb 10																		
RAYS, SAGE, BVDY, BLFN	Feb 16																		
RAYS, DCST, BVDY, STRY, ILVY	Feb 23																		
Time Trials	Feb 24																		
District & Jr. Championships	Mar 1-3																		
State Championships	Mar 15-17																		

	1	2	3	4	5	6	7	8	Best Time
500 Free									
1650 Free									
400 IM									