

LODGING

These are just a few of the hotels near I-90/Rt. 20/East State St. – a quick drive downtown to the Y. *Note: There is no lodging in historic downtown Rockford—yet!*

Baymont Inn & Suites
662 N. Lyford Rd., Rockford
815-229-8200

Candlewood Suites
7555 Walton St., Rockford
815-229-9300

Hilton Garden Inn
7675 Walton St., Rockford
815-229-3322

Holiday Inn
7550 E. State St., Rockford
815-398-2200

Radisson Hotel
200 S. Bell School Rd., Rockford
815-226-2100

Staybridge Suites
633 N. Bell School Rd., Rockford
815-397-0200

ACTIVITIES

After the meet, experience more family fun – minutes away and open on Sundays!

Discovery Center Museum – *One of the 10 best children’s museums in the U.S.*
711 N. Main St., Rockford www.discoverycentermuseum.org

Burpee Museum of Natural History – *Featuring Jane the juvenile T-Rex*
737 N. Main St., Rockford www.burpee.org

Nicholas Conservatory & Gardens – *An indoor tropical getaway*
1354 N. Second St., Rockford www.nicholasconservatory.com
Don’t miss the Lorikeet: Wings of Wonder bird exhibit through November 11!

EATS

Dine like the locals! These downtown spots are great for families. Open Sundays.

Prairie Street Brewhouse
Directly off of Y Blvd.
200 Prairie St., Rockford
www.psbrewingco.com

Owly Oop Sports Pub
Inside UW Health Sports Factory
305 S. Madison, Rockford
www.uwhealthsportsfactory.com

Taco Betty’s
212 E. State St., Rockford
www.tacobetlys.com

Vintage @ 501
501 E. State St., Rockford
www.vintagerockford.com

For more ideas on enjoying Rockford, visit www.gorockford.com