



**YMCA Stingrays Swim Team
Fall 2020 Practice Schedule
September 28 until TBD***

*Practice schedule is subject to change depending on registration totals

Please note: practice times are not flexible. Swimmers may not swim with a different age group without express permission from Jamie or, beginning 10/19, Coach Dan. There is a limit on how many swimmers per lane we have, meaning we have to keep track of how many swimmers are arriving for practice.

Age Group: 8 and Under Year Olds

Monday/Wednesday	Tuesday/Thursday
4:45-5:30PM	4:30-5:15PM

Age Group: 9-10 Year Olds

Monday/Wednesday	Tuesday/Thursday
5:45-6:30PM	6:00-6:45

Age Group: 11 and 12 Year Olds

Monday/Wednesday	Tuesday/Thursday
6:45-7:30PM	7:00-7:45PM

Age Group: 13+ Year Olds

Monday/Wednesday	Tuesday/Thursday
7:45-8:45PM	8:00-9:00PM

(Please note that these practices happen after normal building hours)

Holidays (No Practice):

Thursday, November 26th – Thanksgiving
Thursday, December 24th – Christmas Eve
Thursday, December 31st – New Year’s Eve

No practices on Fridays at this time.

Stingrays Website: www.ymcaraysswimteam.org
Questions? RAYS@rockriverymca.org