|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Please include all information below for a Time Trial held in conjunction with ISI Championship meet. Edit right column as needed. **Items not in bullet format are required** to be left in your information. Bullet points are different options that may be used. | | | | | |
| **Date(s):** | * Saturday, March X, 2014 * Sunday, March X, 2014 | | | | |
| **Purpose:** | * swimmers should be close to achieving the next level qualifying time for a state, sectional, or national meet * open to all levels of swimmers and times * may want to prioritize based on level of meet | | | | |
| **Swimmer Eligibility:** | Must be Illinois Swimming registered members(required)   * and entered in the meet * or open to all Illinois Swimming registered members | | | | |
| **Registration Location:** | * location for registration so swimmer, coaches, and parents may access, i.e. not on deck | | | | |
| **Time of Registration:** | * opening and closing time (consider arrival time and scratch deadline of younger swimmers) | | | | |
| **Entry Limit:** | Swimmers are limited to 3 events per day, this includes any swims during preliminaries or timed finals and Time Trials.  Time Trials do not count against their meet total, or events in which they have qualified for finals.  Swimmers must have scratched down by appropriate scratch deadlines, as DFS is a disqualification and counts against their 3 event total per day. | | | | |
| **Time Constraints:** | * limited to x number of heats * limited to x amount of time | | | | |
| **Time of Trials:** | * Immediately after 10 & Under session or * x minutes after completion of x session * x minutes after conclusion of meet | | | | |
| **Warm-up:** | Warm-up will be held for x minutes prior to the start of Time Trials in the x pool | | | | |
| **Cost:** | $2.00 ISI swimmer surcharge (Surcharge is waived if already entered into the meet.)  $X per Time Trial event  If Time Trials are not held due to time constraints, money will be refunded. | | | | |
| **Events Order:** | * as listed * order will be determined based after entries are received | | | | |
| **Timers:** | * Swimmer needs to provide two timers and for distance events a counter * Timers will be provided but the swimmer needs to provide a counter for distance events | | | | |
| **Events:** | List events to be offered (edit list below and consider if state events, relays, or just events offered at meet) | | | | |
| 50 Freestyle  50 Backstroke  50 Breaststroke  50 Butterfly | 100 Freestyle  100 Backstroke  100 Breaststroke  100 Butterfly | 200 Freestyle  200 Backstroke  200 Breaststroke  200 Butterfly  200 IM | 500 Freestyle  1000 Freestyle  1650 Freestyle  400 IM | 200 Free Relay  400 Free Relay  800 Free Relay  200 Medley Relay  400 Medley Relay |

**Time Trial Entry Form** (Complete and Circle Events)

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Saturday  Sunday |  | |  | | |  | | |
| **USS ID** | | **Club name** | | | **Club code** | | |
| Swimmer’s  Full Name |  | |  | | |  | | M or F |
| **Last Name** | | **First Name** | | | **Middle Initial** | | **Gender** |
| Date of birth |  | |  | | |  | | |
| **Month** | | **Day** | | | **Year** | | |
| Event(s)  $2 ISI Surcharge\*  $X per event  $X per relay | 50 Freestyle  50 Backstroke  50 Breaststroke  50 Butterfly | 100 Freestyle  100 Backstroke  100 Breaststroke  100 Butterfly | | 200 Freestyle  200 Backstroke  200 Breaststroke  200 Butterfly  200 IM | 500 Freestyle  1000 Freestyle  1650 Freestyle  400 IM | | 200 Free Relay  400 Free Relay  800 Free Relay  200 Medley Relay  400 Medley Relay | |

\*Surcharge is waived if entered in Championship meet

Amt paid - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ recvd by \_\_\_\_\_\_\_\_\_\_\_\_\_

**RELEASE AND HOLD HARMLESS AGREEMENT**

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself, his successors and assignees, hereby releases and forever discharges the host team and Illinois Swimming, and its Board of Directors, USA Swimming, and each of their respective officers, agents, employees, members, successors, and any other persons in any way connected with this meet, form any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further, the undersigned shall indemnify and hold harmless the host team and Illinois Swimming, USA Swimming, said facility and the officers, trustees, agents, employees, and members of the foregoing and all other persons in any way and claims arising out of or in connection with any injury, including death, or alleged injury of damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

**Signature of Team Official/Coach**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Date**