



## MEMBERSHIP REQUIREMENTS FOR NON- ATHLETES

### COACHES:

#### **BACKGROUND CHECKS:**

Online at the USA Swimming website [usaswimming.org/background-checks](https://usaswimming.org/background-checks)

Renewal every two years from date taken

Function to auto-match to member's membership record

Do not send proof of this requirement

#### **ATHLETE PROTECTION TRAINING:**

Online at the USA Swimming website [usaswimming.org/utility/landing-pages/safe-sport/apt](https://usaswimming.org/utility/landing-pages/safe-sport/apt)

Annual renewal from date taken

Function to auto-match to member's membership record

You may be requested to send proof of completion

#### **COACHES ADVANTAGE TRAINING:**

Online at the USA Swimming website [usaswimming.org/utility/landing-pages/safe-sport/learn](https://usaswimming.org/utility/landing-pages/safe-sport/learn)

Annual renewal from date taken

USADA Coaching Advantage Tutorial (CAT) Course

Function to auto-match to member's membership record

#### **CONCUSSION PROTOCOL TRAINING:**

Online at the following websites:

Center for Disease Control and Prevention (CDC)

[www.cdc.gov/headsup/youthsports/training/index.html](http://www.cdc.gov/headsup/youthsports/training/index.html)

National Federation of State High School Associations (NFHS)

[nfhslearn.com/courses/61151/concussion-in-sports](http://nfhslearn.com/courses/61151/concussion-in-sports)

The certificate of completion must be sent to the LSC Registrar to record on the member's membership record

One-time only certification no renewal period

#### **FOUNDATIONS OF COACHING 101:**

Online at the USA Swimming website

[usaswimming.org/utility/landing-pages/club/foundations-of-coaching](https://usaswimming.org/utility/landing-pages/club/foundations-of-coaching)

Must be completed by each first-year coach for a coach membership in order to be currently registered

Function to auto-match to member's membership record

One-time only certification no renewal period

## **COACHES (continued):**

### **FOUNDATIONS OF COACHING 201 and FOUNDATIONS RULES AND REGULATIONS:**

Online at the USA Swimming website

[usaswimming.org/utility/landing-pages/club/foundations-of-coaching](https://usaswimming.org/utility/landing-pages/club/foundations-of-coaching)

Both must be completed by each coach upon the first renewal of their membership as a coach in order to be currently registered

Function to auto-match to member's membership record

One-time only certification no renewal period

### **SAFETY REQUIREMENTS:**

USA Swimming list of accepted courses

[usaswimming.org/news-landing-page/2017/02/21/safety-requirements-for-coaches-\(cpr-safety-training-for-coaches\)](https://usaswimming.org/news-landing-page/2017/02/21/safety-requirements-for-coaches-(cpr-safety-training-for-coaches))

Current CPR

Current Safety Training for Swim Coaches In-Water Skills

Current Safety Training for Swim Coaches On- Line Content Only

The certificate of completion must be sent to the LSC Registrar to record on the member's membership record

Renewals will vary dependent upon the third party's certification expiration date

## **JR COACHES AGES 16 AND 17 ONLY:**

### **ATHLETE PROTECTION TRAINING:**

Online at the USA Swimming website [usaswimming.org/utility/landing-pages/safe-sport/apt](https://usaswimming.org/utility/landing-pages/safe-sport/apt)

Annual renewal from date taken

Function to auto-match to member's membership record

You may be requested to send proof of completion

### **COACHES ADVANTAGE TRAINING:**

Online at the USA Swimming website [usaswimming.org/utility/landing-pages/safe-sport/learn](https://usaswimming.org/utility/landing-pages/safe-sport/learn)

Annual renewal from date taken

USADA Coaching Advantage Tutorial (CAT) Course

Function to auto-match to member's membership record

### **CONCUSSION PROTOCOL TRAINING:**

Online at the following websites:

Center for Disease Control and Prevention (CDC)

[www.cdc.gov/headsup/youthsports/training/index.html](http://www.cdc.gov/headsup/youthsports/training/index.html)

National Federation of State High School Associations (NFHS)

[nfhslearn.com/courses/61151/concussion-in-sports](https://nfhslearn.com/courses/61151/concussion-in-sports)

The certificate of completion must be sent to the LSC Registrar to record on the member's membership record

One-time only certification no renewal period

## **JR COACHES AGES 16 AND 17 ONLY (Continued):**

### **FOUNDATIONS OF COACHING 101:**

Online at the USA Swimming website

[usaswimming.org/utility/landing-pages/club/foundations-of-coaching](https://usaswimming.org/utility/landing-pages/club/foundations-of-coaching)

Must be completed by each first-year coach for a coach membership in order to be currently registered

Function to auto-match to member's membership record

One-time only certification no renewal period

### **FOUNDATIONS OF COACHING 201 and FOUNDATIONS RULES AND REGULATIONS:**

Online at the USA Swimming website

[usaswimming.org/utility/landing-pages/club/foundations-of-coaching](https://usaswimming.org/utility/landing-pages/club/foundations-of-coaching)

**Both** must be completed by each coach upon the first renewal of their membership as a coach in order to be currently registered

Function to auto-match to member's membership record

One-time only certification no renewal period

### **SAFETY REQUIREMENTS:**

USA Swimming list of accepted courses

[usaswimming.org/news-landing-page/2017/02/21/safety-requirements-for-coaches-\(cpr-safety-training-for-coaches\)](https://usaswimming.org/news-landing-page/2017/02/21/safety-requirements-for-coaches-(cpr-safety-training-for-coaches))

Current CPR

Current Safety Training for Swim Coaches In-Water Skills

Current Safety Training for Swim Coaches On- Line Content Only

These certificates of completion must be sent to the LSC Registrar to record on the member's membership record

Renewals will vary dependent upon the third party's certification expiration date

## **OFFICIALS (EXCLUSIVE OF OFFICIALS CERTIFICATION):**

### **BACKGROUND CHECKS:**

Online at the USA Swimming website [usaswimming.org/background-checks](https://usaswimming.org/background-checks)

Renewal every two years from date taken

Function to auto-match to member's membership record

Do not send proof of this requirement

### **ATHLETE PROTECTION TRAINING:**

Online at the USA Swimming website [usaswimming.org/utility/landing-pages/safe-sport/apt](https://usaswimming.org/utility/landing-pages/safe-sport/apt)

Annual renewal from date taken

Function to auto-match to member's membership record

You may be requested to send proof of completion

**CONCUSSION PROTOCOL TRAINING:**

Online at the following websites:

Center for Disease Control and Prevention (CDC)

[www.cdc.gov/headsup/youthsports/training/index.html](http://www.cdc.gov/headsup/youthsports/training/index.html)

National Federation of State High School Associations (NFHS)

[nfhslearn.com/courses/61151/concussion-in-sports](http://nfhslearn.com/courses/61151/concussion-in-sports)

The certificate of completion must be sent to the LSC Registrar to record on the member's membership record

One-time only certification no renewal period

**OTHERS:**

This category pertains to the following:

- ❖ Meet Directors
- ❖ Chaperones
- ❖ Club Registrars
- ❖ Board Members who have the most consistent contact with athletes as dictated by their position and/or by board determination

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Annual renewal from date taken

Function to auto-match to member's membership record

You may be requested to send proof of completion