KISHWAUKEE FAMILY YMCA

DCST

Winter Classic

Date: February 26-28, 2021
Location: Kishwaukee Family YMCA
Entry Deadline: Thursday, February 18, 2021
Hosted by: DCST Big Dogs
Meet Director: Matt Anderson
Entry Chairperson: Joshua Norek
Web Site: www.DCST.org
Sanction: TBA

Kishwaukee YMCA/DeKalb County Swim Team (DCST)
DCST Winter Classic
February 26 – 28, 2021

Sanctioned by USA Swimming, Inc. and Illinois Swimming, Inc.
Sanction Number: TBA

ENTRY CHAIRPERSON
Joshua Norek
Kishwaukee YMCA
2500 Bethany Road
Sycamore, IL 60178
(815) 375-5399
E-mail: jnorek@kishymca.org

MEET DIRECTOR
Matt Anderson

SAFETY CHAIRPERSON
Tom Slater

MEET REFEREE
Sharon Anderson

Format There will be a positive check-in for each session. The deadline to turn in scratches will be 45 minutes before the beginning of each session. Scratch sheets will be in the coaches' packet. Coaches need to draw a line through the name and events of each scratched swimmer. Swimmers will need to check in with their coaches. Those swimmers who have not checked in by the deadline will not be seeded to swim (and will not be permitted to swim). Swimmers without representation of a coach must check in with the Meet Director.

All Swimmers - There will be a bullpen area for all swimmers.

****Sessions may be split in order to meet current IDPH capacity limits****

Friday PM **Session 1**	Warm-ups: 4:00 - 4:45 PM Meet Starts: 5:00 PM Positive check in will close at 4:15 PM
Saturday & Sunday AM **Sessions 2 & 5**	Warm-ups: 7:00 - 7:45 AM Meet Starts: 8:00 AM Positive check in will close at 7:15 AM
Saturday & Sunday PM **Sessions 3 & 6**	Warm-ups: Will start at the conclusion of the AM session but not before 11:30 AM Meet Starts: One hour after conclusion of AM session but not before 12:30 PM Positive check in will close 45 minutes before PM session begins but not before 12:00 PM
1650 yard Freestyle **Session 4**	Session Starts 20 minutes after Conclusion of Session 3

Location Kishwaukee YMCA, 2500 Bethany Road, Sycamore, IL 60178

Facility The Kishwaukee YMCA has an 8 lane 25 yard competition pool with starting blocks in 7 feet of water at both ends. There will be some 25-yard lanes available in an additional pool for warm-up and warm-down during the meet. The facility uses non-turbulent lane lines with a fully automatic Colorado

timing system. The meet will be run using Hy-Tek's Meet Manager. The seating capacity is for 700 spectators. The competition course has not been certified in accordance with 104.2.2C(4).

Rules and Safety All current USA Swimming and ISI Rules and Regulations apply. ISI and USA Swimming safety rules will be strictly enforced. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Eligibility All USA Swimming registered swimmers are eligible. All swimmers must be registered prior to the entry deadline. Entries listed, as "Registration applied for" will not be accepted. Registration forms can be obtained from the Illinois Swimming Office, 1400 E. Touhy Ave, Suite 410, Des Plaines, IL 60018, Phone (847) 824- 1596, Fax (847) 824 – 1726, Email: pam.lowenthal@ilswim.org. A swimmer's age as of the date of the first day of competition will determine their age for the meet.

USA Swimming, Inc. Membership Insurance regulations require that all swimmers, judges, starters, and referees be a current member of USA Swimming. It is each club's responsibility to register their swimmers, coaches, and officials. Swimmers, coaches and officials who are not current members of USA Swimming may not participate in the meet or be on deck.

Recording Devices Use of audio or visual recording devices, including cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Locker Rooms Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Locker rooms will not be available but there will be family changing rooms available.

Safe Sport All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Coaches All coaches must be currently registered with USA Swimming and must continuously display their current USA Coach Member registration card at all times while on deck.

Entry Deadline Entries will not be accepted by the Entry Chairperson before Friday, February, 6 at 9:00 AM. All entries must be received by Thursday, February 18. E-mail entries will be accepted. Fax entries will not be accepted.

Entries Individuals are limited to four entry events per day. Current registration

number, age, first name, middle initial, and last name must appear on all entry blanks.

Entries may be submitted by Hy-Tek created file. All entries must be accompanied by a hard copy print out of your Hy-Tek entry data file.

A signed Summary Fee / Release From provided in this packet and payment in full must accompany all entries. Checks are to be made payable to: Kishwaukee YMCA.

Entries Sent via Mail: All entries should be sent to: Joshua Norek, c/o Kishwaukee YMCA, 2500 Bethany Road, Sycamore, IL 60178.

Entries Submitted by E-mail: Entries sent by e-mail, must be in Hy-Tek form. A printout copy of the entries, a signed release form, and a check for full payment of entries must be received within 96 hours of the receipt of the original e-mail. DCST assumes no liability for the quality and receipt of the e-mail. Confirmation of the e-mail is the responsibility of the sender. E-mail entries can be sent to: jnorek@kishymca.org.

Entry Fees Individual events: $4.50 per event
Facility surcharge: $10.00 per swimmer
A surcharge of $2.00 per swimmer has been instituted by ISI.

Entry Limitations Deck Entries will not be permitted. Each swimmer may enter a maximum of four events per day. The following events may be limited to 2 heats (16 swimmers) if time constraints warrant:

Friday PM	**Saturday PM**
9 - 10 200 IM	Senior Girls 1650 Free
11 - 12 200 IM	Senior Boys 1650 Free
Senior 400 IM	
9 – 10 200 Free	
11 - 12 500 Free	
Senior 500 Free	

Entries for these events will be filled based on the order of entries received. Teams will be notified in advance if their swimmers are affected by these limitations. DCST does reserve the right to swim additional heats if time allows. Swimmers in the 1650 Freestyle event must provide their own timers and counters.

Events In accordance with USA Swimming Rules; Articles 105 and 202.1.13, the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee, prior to competition, with specific requests.

Multi-Age Events Swimmers swimming senior events will be swum together, but will be given awards and scored separately. These events will be awarded and scored in two age groups: swimmers ages 13 – 14 and seniors.

Awards Individual events: Custom medals for 1st through 8th place

Custom ribbons for 9th through 16th place

There will be no awards for senior swimmers ages 15 & older.

Individual high point trophies will be awarded to the girl and boy scoring the greatest total of points in each age group including seniors.

Team Trophies will be awarded to the top three scoring teams. DCST will be excluded from the team scoring.

All awards are to be picked up by their coach or team representative at the end of the meet. Unclaimed awards will not be forwarded after the meet.

Scoring Individual events: 20 – 17 – 16 – 15 – 14 – 13 – 12 – 11 – 9 – 7 – 6 – 5 – 4 – 3 – 2 - 1

Seeding All events will be time finals from slowest to fastest with the exception of the 1650 Freestyle events. The 1650 Freestyle events will be swum fastest to slowest alternating girls and boys' heats. Swimmers in the 1650-yard Freestyle events must supply their own timers and counters.

Short course yard times should be submitted for entry purposes. Long course meter and short course meter times will be considered non-conforming times and will be seeded in the slowest heats.

Concession A LIMITED concession area will be available throughout the meet.

Drones Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Covid An inherent risk of exposure to COVID-19 exists in any public place where people are present COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individual with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. BY ATTENDING OR PARTICIPATING IN THE COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND ILLINOIS SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Accommodations

Country Inn & Suites
1450 S. Peace Road
Sycamore, IL 60178
815 – 895 – 8686
www.countryinns.com

Holiday Inn Express
1935 DeKalb Ave.
Sycamore, IL 60178
815 – 748 – 7400
www.hiexpress.com

Quality Inn
1475 S. Peace Road
Sycamore, IL 60178
815 – 895 - 4979
www.choicehotels.com

Baymont Inn & Suites
1314 W. Lincoln Hwy
DeKalb, IL 60115
815 – 748 – 7100
www.baymontinns.com

Hampton Inn
663 S. Annie Glidden Road
DeKalb, IL 60115
815 – 748 - 4323
www.hampton.com

Order of Events

Girls	Friday, February 26 – Session 1	Boys
1	Senior 400 yard IM	2
3	10 & Under 200 yard IM	4
5	11 - 12 200 yard IM	6
7	Senior 200 yard Fly	8
9	10 & Under 200 yard Free	10
11	11 - 12 500 yard Free	12
13	Senior 500 yard Free	14
	Saturday, February 27 (AM) – Session 2	
15	11 - 12 100 yard Back	16
17	10 & Under 100 yard Back	18
19	11 - 12 50 yard Free	20
21	10 & Under 50 yard Free	22
23	11 - 12 100 yard Breast	24
25	10 & Under 100 yard Breast	26
27	11 - 12 50 yard Fly	28
29	10 & Under 50 yard Fly	30
31	11 - 12 100 yard IM	32
	Saturday, February 27 (PM) – Session 3	
33	Senior 200 yard Free	34
35	8 & Under 50 yard Free	36
37	Senior 200 yard Back	38
39	8 & Under 25 yard Back	40
41	Senior 100 yard Breast	42
43	8 & Under 100 yard IM	44
45	Senior 100 yard Free	46
	Saturday, February 27 (PM) – Session 4	
47	Senior 1650 yard Free	48

Sunday, February 28 (AM) – Session 5

49	10 & Under 100 yard IM	50
51	11 – 12 200 yard Free	52
53	10 & Under 50 yard Breast	54
55	11 – 12 50 yard Breast	56
57	10 & Under 100 yard Fly	58
59	11 - 12 100 yard Fly	60
61	10 & Under 50 yard Back	62
63	11 - 12 50 yard Back	64
65	10 & Under 100 yard Free	66
67	11 – 12 100 yard Free	68

Sunday, February 28 (PM) – Session 6

69	Senior 200 yard IM	70
71	8 & Under 25 yard Fly	72
73	Senior 50 yard Free	74
75	8 & Under 25 yard Free	76
77	Senior 100 yard Fly	78
79	8 & Under 25 yard Breast	80
81	Senior 200 yard Breast	82
83	8 & Under 100 yard Freestyle	84
85	Senior 100 yard Back	86

B. WARM-UP PROCEDURES

1. **General Warm-up** (first 30-45 minutes)
   - **a. NO DIVING** allowed from the blocks or edge of the pool. Swimmers must enter the pool feet first, while maintaining contact with the deck with the body and a hand from the start end of the pool.
   - **b.** No sprinting or pace work allowed during this general warm-up session.
   - **c.** Entry into pool from starting end of pool only, unless noted otherwise by the meet director and meet referee.
2. **Specific Warm-up** (last 30-45 minutes)
   - **a. Push/Pace Lanes** - Push off one or two lengths from starting end. Circle swim only. **NO DIVING.**
   - b. **Diving Lanes** - Sprint lanes for diving from blocks or for backstroke starts in specified lanes at designated times. (One length only)
   - c. **General Warm-up Lanes - NO DIVING.** Circle swim only.
   - d. At approximately half way through diving and push/pace, additional lanes may be opened at the request of the coach.

POOL	LANE USE		
	PUSH/PACE	DIVING	GENERAL WARM-UP
6 LANE	1&6	2&5	3,4
8 LANE	1&8	2&7	3,4,5,6
10 LANE	1&10	2&9	3,4,5,6,7,8

C. SAFETY GUIDELINES

1. **Coaches Responsibilities**
   - **a.** Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
   - **b.** Coaches shall actively supervise their swimmers throughout the warm-up session at meets and all practices.
2. **Host Team Responsibilities**
   - a. Marshaling
     - **1)** A minimum of two (2) marshals, who report to and receive instructions from the Meet Referee, shall be on the deck during the warm-up session.
     - **2)** Marshals shall be current members of USA Swimming.
     - **3)** Marshals shall have the authority to remove from the deck, for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.
   - b. The host team shall provide signs for each lane at both ends of the pool, which indicate the designated use during warm-up.
   - c. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the information: "Illinois Swimming, Inc. Safety Guidelines and Warm-up Procedures will be in affect at this meet."
   - d. An announcer shall be on duty for the entire Warm-up session to announce lane and/or time changes and to assist with the conduct of the Warm-up.

e. Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.

3. Miscellaneous:

a. Backstrokes shall ensure that they are not starting at the same time as a swimmer on the blocks.

b. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.

c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.

d. Warm-up procedures shall be enforced for any breaks scheduled during the competition.

e. The Referee may restrict use of bands, hand paddles, or fins during warm-up. The Referee shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.

Kishwaukee YMCA (DeKalb County) Swim Team (DCST)
DCST Winter Classic
February 26 - 28, 2021

Sanctioned by USA Swimming, Inc. and Illinois Swimming, Inc.
Sanction Number: ILS

This completed and signed summary of fees and release from, entry forms and a check payable to the **Kishwaukee YMCA** must be received no later than Wednesday, January 15.

Name of Club: _____

USA Swimming, Inc. Affiliation: _____ Club Code: _____

Names of Coaches attending meet: _____

_____

Name of person submitting entry: _____

Mailing Address: _____

Telephone #: _____ E-mail: _____

	Number of Entries	Cost per Swim	Totals
Individual Entries	_____	X $ 4.50	_____
Relays Entries	___N/A_____	X $12.00	_____
Total # of Swimmers Facility Charge	_____	X $10.00	_____
Total # of Swimmers ISI Surcharge	_____	X $ 2.00	_____
		Team Total	_____

In consideration of the acceptance of this entry, I, intending to be legally bound, hereby consign, waive, and release any and all rights and claims for damages which may occur against United States Swimming, Inc.; Illinois Swimming, Inc.; Kishwaukee YMCA / DeKalb County Swim Team; Kishwaukee YMCA; or their representatives, employees, or successors, for any or all injuries suffered by me or any contestant or representative in said meet as a representative of my club.

I attest that all athletes included in this entry and participating in this sanctioned / approved event are duly registered as current athlete members of USA Swimming."

Signature: _____ Date: _____
(Coach, Club Representative, or Parent)

VOLUNTEER SHEET

DCST is asking each team with 5 or more swimmers in a session to provide timers. If any officials on your team are willing to work the meet, please list their names and phone numbers along with which session(s) they can work. Please fill out the form below and return it with your entries.

OFFICIALS

Name: _____ Phone Number: _____

Session willing to work:
_____

Name: _____ Phone Number: _____

Session willing to work:
_____

Name: _____ Phone Number: _____

Session willing to work:
_____

Credit Card Payments for DCST Winter Classic Meet Entry Fees

Team Name	
Team ID	

Requestor Name	
Requestor Phone Number	

Billing Information:	
Name (as it appears) on Card	
Company Name	
Company Street Address	
Company City, State, Zip	

Credit Card #	
Card expiration mm/yy	
Card Security code	

Email address to send receipt	

If sending by mail or email, and you only prefer to supply the last four digits of the credit card; then we can call you to get the rest of the number.

DEKALB COUNTY SWIM TEAM
RETURN TO COMPETITION PLAN

KISHWAUKEE YMCA
October 9, 2020

OPENING STATEMENT

In an effort to control the spread of Covid-19, USA Swimming and the state of Illinois suspended all competitions from mid-March to end of July. The Kishwaukee YMCA was closed throughout this time until the state of Illinois reached Phase IV of the reopening plan set forth by Governor JB Pritzker. At that time Kishwaukee YMCA reopened its doors to the public and to the Dekalb County Swim Team with guidelines based to stop the spread of Covid-19. The Dekalb County Swim Team has adhered to these guidelines and has had success with allowing our athletes to get back in the water. Now, it is with great joy that the state of Illinois and USA swimming has approved the ability for us to allow competitions to take place.

With the ability to add competition to the upcoming winter schedule, DCST will continue to follow all guidelines set by USA swimming and the YMCA. Our first priority is to the safety to our athletes, the family of our athletes, coaches, staff and the YMCA members who may be attending meets at the YMCA. We will do our part to be socially responsible, as we are still in the midst of a pandemic.

For these meets, we will work with all YMCA, CDC and Illinois state guidelines. In the following pages, we will lay out how we are going to be accomplishing that. However, this is a work in progress and changes may be made after every intra-squad, dual or USA meet that the Dekalb County Swim Team puts on. Plus, the policies from the state, USA swimming and CDC may cause us to change the protocols of the meets throughout the season. Even with all that, we promise to adjust to make our competitions safe, fun and enjoyable to all who attend.

We thank you in advance for your patience and your ability to adapt to the new norm of being able to put on competitions at the Kishwaukee YMCA.

DEKALB COUNTY SWIM TEAM
RETURN TO COMPETITION PLAN

KISHWAUKEE YMCA
October 9, 2020

GENERAL SAFETY GUIDELINES

There are three main recommendations to reduce the risk of Covid-19: social distancing, face masks and frequent hand washing. These and additional measures are in effect at the Kishwaukee YMCA. Here are examples on how we are accomplishing them.

- **Screening Questions & Temperature**: Everyone (swimmers, coaches, volunteers, and staff) attending an event at the Kishwaukee YMCA aquatic center will be asked Covid-19 screening questions prior to entering the facility and also have their temperature checked. At the check-in stand, visiting team swimmers, parent/guardian and coaches will be asked to write down their names and contact phone numbers for contact tracing reasons.
- **Face Masks**: Everyone (swimmers, coaches, parents, guardians, officials) attending the meet at the Kishwaukee YMCA is required to wear a face mask or face shield at all times. No coverage, no entry. Swimmers are recommended to bring a Ziploc bag with them, so that they can place their mask in the bag while they swim. Also, any person or swimmer who removes said face covering while inside the YMCA will politely be asked to place the face covering back on. If any person or swimmer refuses to wear the face covering, they will not be allowed to swim and will be asked to leave the premises.
- **Social Distancing**:
    - ***Only 1 parent/guardian per swimmer*** will be allowed to come to the meet to help limit the number of people in the facility. A maximum of 50 people per room or holding "pod" will be enforced. Each person who attends the meet will have a designated space allotted for them to be able to socially distance themselves from other people either on the pool deck, the sports court or the holding "pods."
    - ***No spectators*** will be allowed in the pool area. Only volunteers, coaches and officials will be allowed in the pool area. This is due to the 50 person limit per room rule. If you wish to watch your child swim please sign up for volunteer position (timer, bullpen) that are located in the pool area. DCST is working on the ability to live stream the meet online.
- **Signage**: Please pay attention to all posted signs and floor markings to help ensure six feet distancing is maintained. Signage will be posted to help the flow of people in and out of the Kishwaukee YMCA and the swimmers in and out of the pool deck.

DEKALB COUNTY SWIM TEAM
RETURN TO COMPETITION PLAN

KISHWAUKEE YMCA
October 9, 2020

SWIMMER/ATHLETE GUIDELINES

- Swimmers must arrive in their swimming suit. There will be no locker rooms available for them to change into or out of their swimming suit. Please bring suitable clothing that will keep dry and warm throughout the meet. The sports court does get cold during the winter months. Single use bathrooms are located in the sports court, but not for changing purposes.
- Swimmers must bring their own water bottles. Water fountains will be shut off.
- Swimmers will enter through the front door of Kishwaukee YMCA only. At the entrance swimmers will be asked screening questions and have their temperature taken.
- Once the swimmer has entered the Kishwaukee YMCA they will turn to their RIGHT. This is the opposite way from the pool! They will proceed down the hallway, take a left and head into the Kishwaukee YMCA sports court.
- Upon entering the Sport Court, the check-in table will be there. At the check-in table, there will be positive check-in for the swimmers, "pod" assignments and a sign-in sheet for away swimmers and guests to write down their names and phone numbers for contact tracing purposes.
- Swimmers leaving the Kishwaukee YMCA must leave the same way they came in.
- **Warm Ups:**
    - Volunteers will announce to the swimmers when the pool is open for warm ups. They will enter the pool area as directed by the volunteers.
    - Swimmers will be assigned a lane, side and position for warm ups by their coach prior to warm ups.
    - Swimmers may only enter the pool when the coach allows them to do so. Swimmers must enter the pool, end their lap and exit the pool from the same lane, side and position they started from. Swimmers will not be allowed to hang on the "ready wall."
    - Warmups will not include the use of the starting blocks.
    - Swimmers will exit the pool area in a different door than they entered the pool deck but will lead them to the holding "pods."

- **Meet Prodicals:**
    - **Bullpen:**
        - All swimmers will be lined up in a bullpen. Each bullpen position will maintain social distancing guidelines. There will be four bullpen "zones". Two in the sports court and two on the pool deck.
        - 4 heats prior to their swim, the swimmer will go to Bullpen Zone 1 in the sports court. A volunteer will show the swimmer to where they need to be.
        - When the heat in front of them moves on, the swimmer will move to Bullpen Zone 2 that will still be in the sports court.
        - When that heat moves on, the swimmer will be escorted into the pool area where Bullpen Zone 3 is located.
        - When that heat moves on, the swimmer will be escorted to Bullpen Zone 4 and the last bullpen before their swim.

DEKALB COUNTY SWIM TEAM
RETURN TO COMPETITION PLAN
KISHWAUKEE YMCA
October 9, 2020

- **Swimmer's Race:**
  - Once the entire heat in the pool has left the pool area, the swimmer will move into their lane.
  - The swimmer is then allowed to remove their mask. It is recommended that the swimmer bring a towel or plastic bag to place their mask into while they swim.
  - Once the swimmer has finished their race, they must put their face mask back on immediately.

- **Post Race Coach Critique**
  - The swimmer will move to the coaching area and receive their critique.
  - Once the swimmer is finished, signage will direct them out of the pool area and their "pod."

PARENT/GUARDIAN & CONCESSIONS GUIDELINES

- ***Only 1 parent/guardian*** will be allowed into the Kishwaukee YMCA per swimmer. This is to adhere to socially distancing guidelines.
- Parent/Guardian will enter through the front door of Kishwaukee YMCA only. At the entrance the parent/guardian, who belong to the home team, will be asked screening questions and have their temperature taken. If the parent/guardian belongs to a visiting team, they will be asked screening questions, have their temperature taken and be asked to write down their first and last name and a contact phone number at the check-in stand.
- Once the parent/guardian has entered the Kishwaukee YMCA they will turn to their RIGHT. This is the opposite way from the pool! They will proceed down the hallway, take a left and head into the Kishwaukee YMCA sports court.
- Parent/guardians leaving the Kishwaukee YMCA must leave the same way they came in.
- To adhere to the 50 person maximum limit per room, there will be ***NO SPECTATORS*** in the pool area for any reason. Only volunteers, coaches and officials will be allowed in the pool area. A video board will be available to view the swimmers. Also, DCST is working on the meet will be streamed online. If available, ask a volunteer for the website.
- A limited concession stand will be available to everyone at the meet that will have drinks and packaged items.

DEKALB COUNTY SWIM TEAM
RETURN TO COMPETITION PLAN

KISHWAUKEE YMCA
October 9, 2020

AQUATIC CENTER CLEANLINESS

In opening the Kishwaukee YMCA, our goal has been to provide an environment and atmosphere which is clean and fun for all who are participating. The YMCA staff has always followed thorough cleaning procedures. Moving forward, we have added steps in order to minimize the risk of Covid-19 following specific to the guidelines currently established by the governor of Illinois, USA swimming, YMCA of the USA and the CDC.

Things we have always done:

- Thorough cleaning of restrooms before every meet.
- Thorough removal and safe disposal of trash away from public areas.
- Pressure washing of the pool deck before and after every meet.
- Daily surface cleaning of high touch points such as doors handles, plus mopping of floors and hallways.
- Provide free access to hand sanitizing stations throughout the facility

Things we have added:

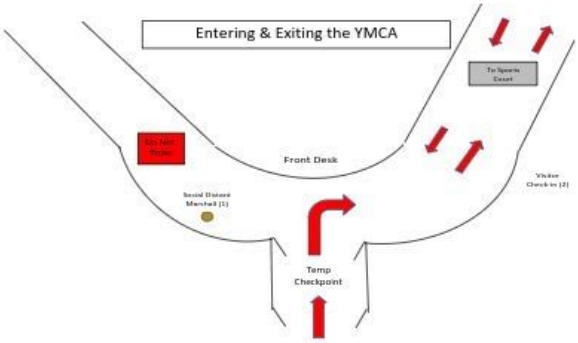
- Following general cleaning, we will use eco-friendly disinfectant and cleaning spray before and after every session
- "Social Distancing" Volunteers will be on site to remind people to keep socially distant rules in tact.
- Drinking fountains and self service water stations will be turned off
- Locker rooms will not be available for swimmers.

DEKALB COUNTY SWIM TEAM
RETURN TO COMPETITION PLAN

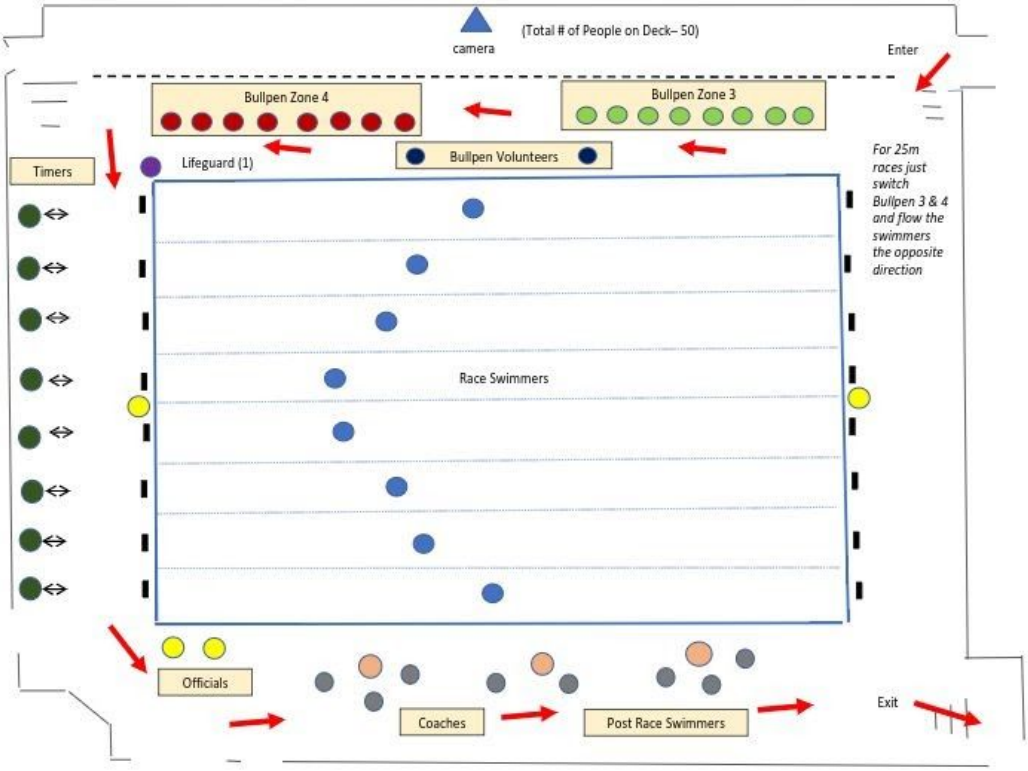
KISHWAUKEE YMCA

October 9, 2020

ENTRANCE MAP AT THE YMCA



POOL MAP AT THE YMCA



DEKALB COUNTY SWIM TEAM
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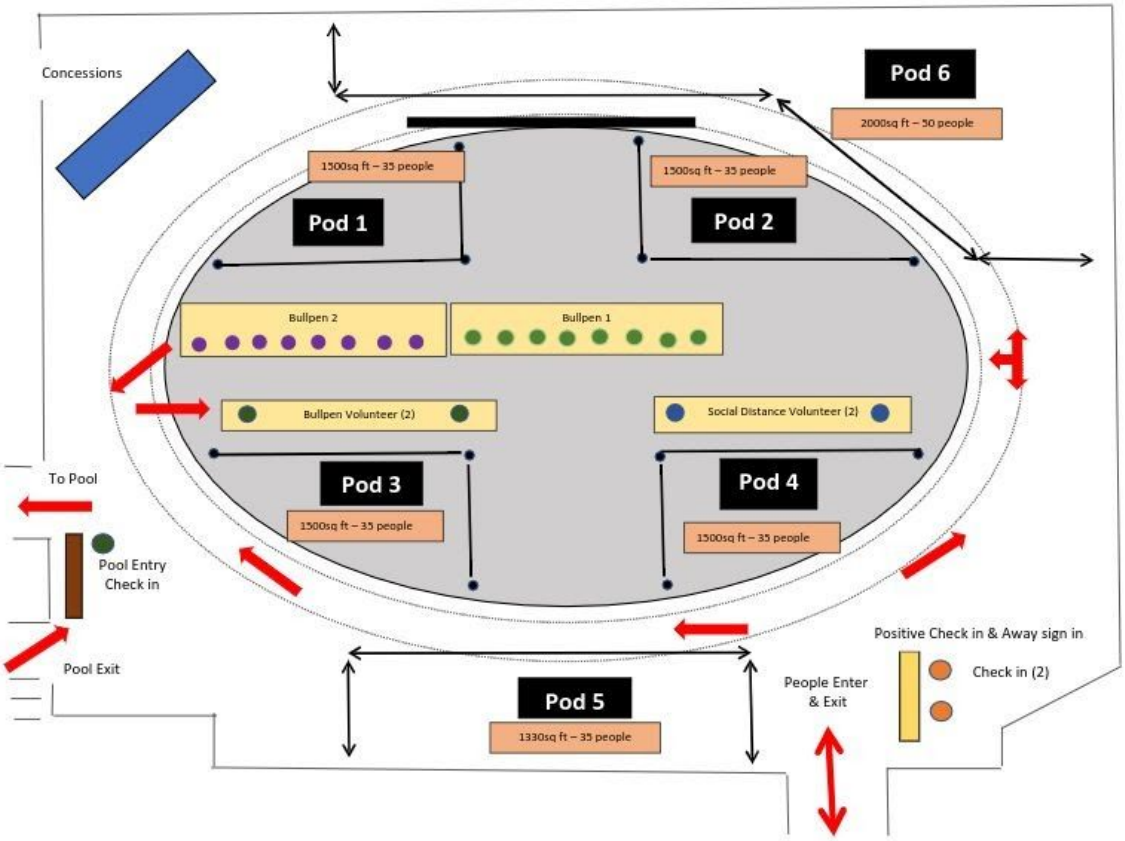
KISHWAUKEE YMCA
October 9, 2020

SPORTSCOURT SETUP MAP
(50% OCCUPANCY)



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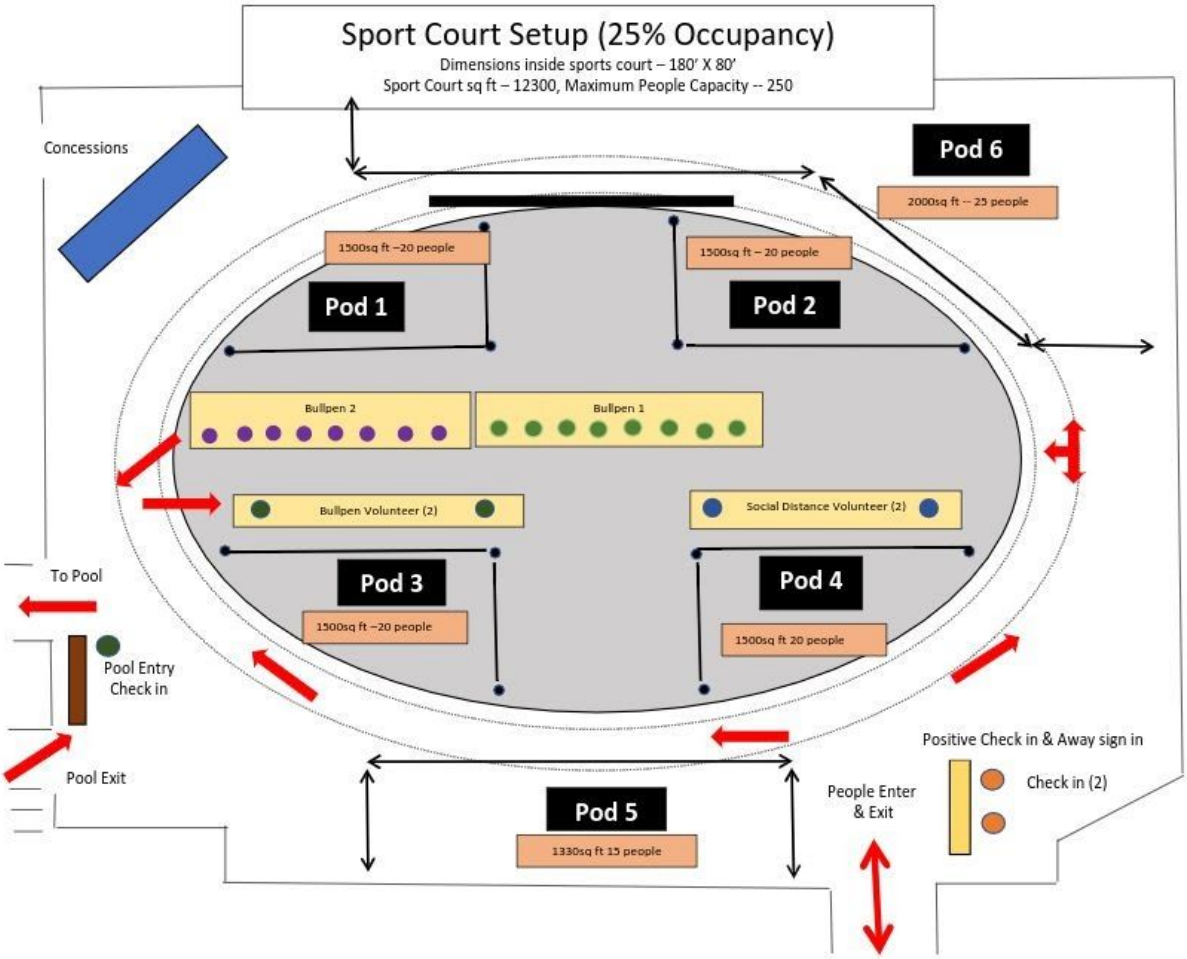
KISHWAUKEE YMCA
October 9, 2020

SPORTSCOURT SETUP MAP
(25% OCCUPANCY)