In consideration of the COVID-19 pandemic, the following policies and requirements have been established by the Illinois Swimming Board of Directors and/or USA Swimming regarding sanctioned, approved or observed competition. These policies must be adhered to by meet hosts and will remain in effect until either the ISI Board of Directors and/or USA Swimming rescind the policy. These are *IN ADDITION* to normal sanction requirements contained in other documents.

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| Meets requiring packets: | All sanctioned or approved competition currently require a meet packet that complies with the COVID-related policies, below. |
| Mandatory information to be contained in meet packets: | 1. Statement of the Illinois Department of Health protocols and requirements, or local guidelines, whichever is more restrictive. 2. Statement outlining the plan for spectator ingress and egress, use of locker rooms and other facility restrictions in place. 3. Number of individuals gathering in each area of the facility including all spaces, the pool, deck and spectator seating, locker rooms and all other areas to be used. 4. Statement for Safe Sport considerations to ensure parents have access to and/or the opportunity to observe their child. |
| Mandatory Disclaimer Language for Meet Packets and Heat Sheets: | *Example for Host Clubs:*  We have taken enhanced health and safety measures- for your team and guests. You must follow all posted instructions of this facility under guidelines from the Illinois Department of Health while attending this event. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating and attending this event, you voluntarily assume all risks related in exposure to COVID-19.  *Mandatory Wording for Meet Packets:*  An inherent risk of exposure to COVID-19 exists in any public place where people are present COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individual with underlying medical conditions are especially vulnerable.  USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible  to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.  BY ATTENDING OR PARTICIPATING IN THE COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD  HARMLESS USA SWIMMING AND ILLINOIS SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION. |
| Out of State Entries | In order to comport to guidelines promulgated by the Illinois Department of Public Health (“IDPH”) and the Illinois Department of Commerce and Economic Opportunity (“DCEO”), Illinois Swimming, Inc.’s Board of Directors is adopting the following temporary policy during the COVID-19 Pandemic, pursuant to 4.3.1.1.a of the Illinois Swimming Policy and Procedure Manual.  Until such time as the restriction on competition are lifted or the general spread of COVID-19 is contained, teams or athletes registered with an LSC other than Illinois Swimming seeking to compete inside the Illinois Swimming LSC will need approval in writing from the Board of Directors of their LSC or that Board’s assign.  To effectuate this policy, teams will need to submit to the Sanctioning Officer of Illinois Swimming said written approval at the time of the normal meet recon process. If no such permission is available at that time the Sanctioning Officer will require the entries of out-of-LSC athletes be removed from the meet. |
| Illinois Swimming Liability Waivers: | All athletes, coaches, officials and volunteers are required to complete the Illinois Swimming Coronavirus Liability Waiver prior to the beginning of their time on deck. Athletes waivers are checked during the meet recon process. Others need to sign waivers at the meet. The PDF of the waiver is available on the Sanctions page of the Illinois Swimming website. Meet Directors and Meet Referees are to work together to ensure compliance with this requirement. |
| Entries: | All meets must be pre-seeded. No entries should be accepted after meet recon is commenced. |
| Meet Recon considerations: | You will receive notification of any problems with your entries as soon as possible, including normal meet recon issues as well as waiver compliance issues. |
| Cancellation: | Illinois Swimming retains the right, for any changes in health and safety considerations, or in compliance with governmental or health department guidance or rules, to revoke this sanction at any time on the authority of the General Chair or the Vice Chair for Program Operations. |