

ILLINI DISTRICT CHAMPIONSHIP WARM-UP ASSIGNMENTS

Girls Preliminaries: 9:00A Session Start								
	1	2	3	4	5	6	7	8
7:00-7:30A	SPY	SPY	SPY	SPY	SPY	DOCS	DOCS	DOCS
7:30-8:00A	HEAT	HEAT	HEAT/KNCY	KNCY	KNCY	CLY	CLY	BNY/CCY/JAXY
8:00-8:30A	DECY	SAMY	SAMY/MCDN	MCDN	CANY	CANY/DANY	WCY	QFY
8:20-8:50A	Pace	Sprint	General	General	General	General	Sprint	Pace

Boys Preliminaries: 3:00P Session Start								
	1	2	3	4	5	6	7	8
1:00-1:30P	SPY	SPY	SPY	SPY	SPY	KNCY	KNCY	KNCY
1:30-2:00P	HEAT	HEAT	HEAT	HEAT	DOCS	DOCS	SAMY	QFY
2:00-2:30P	BNY/JAXY	CLY	CLY/CANY	CANY	WCY	WCY/MCDN	MCDN	CCY/DANY/DECY
2:30-2:50P	Pace	Sprint	General	General	General	General	Sprint	Pace

Finals: 11:00a Session Start								
	1	2	3	4	5	6	7	8
9:00-9:30A	SPY, DECY, JAXY, BNY, CCY							
9:30-10:00A	HEAT, KNCY, CLY, QFY							
10:00-10:30A	DOCS, MCDN, SAMY, CANY, WCY, DANY							
10:30-10:50A	Pace	Sprint	General	General	General	General	Sprint	Pace
Sunday is Daylight Savings (Spring Forward)								