

# Springfield YMCA Swim Team

## 2020 SPY Season Opener

### (Intra-Squad, SPY Athletes Only)

### October 9<sup>th</sup> – 11<sup>th</sup>, 2020

Sanctioned by USA Swimming, inc. and Illinois Swimming, Inc. Sanction Number IL-S1031-20

Meet Director/Meet Entry Chair	Safety Coordinator	Meet Referee
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**Disclaimers:**

The Springfield YMCA and SPY Swim Team have taken enhanced health and safety measures- for your team and guests. You must follow all posted instructions of this facility under guidelines from the Illinois Department of Health while attending this event. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating and attending this event, you voluntarily assume all risks related in exposure to COVID-19.

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BY ATTENDING OR PARTICIPATING IN THE COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER

RELEASE AND HOLD HARMLESS USA SWIMMING AND ILLINOIS SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

**Location:** Gus & Flora Kerasotes YMCA, 4550 W. Iles Ave, Springfield IL, 62711

**Facility:** The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming. Eight-lane, 25-yard pool with nonturbulent lane lines, Colorado Time Systems equipment with touchpads at both ends. Starting blocks at both ends, depth is 6 feet at the walls and 9 ½ feet in the middle of the pool. The facility is owned by the Springfield YMCA and facility staff will handle all matters of cleanliness before, during, and after competition.

**Entry/Exit:** All athletes, coaches, officials, volunteers, and spectators will enter the building through the main entrance. Masks must be worn to enter the facility and remain on while in the facility. There will be a health screening including a temperature check upon entry to the facility. Athletes, Officials, and coaches will report to the competition pool deck. Spectators will report to the south end of the gymnasium.

**Athlete Seating:** Athletes will remain on the pool deck through the duration of each session in which they are participating. Individual spots which are distanced a minimum of 6 feet apart are available on the deck for all athletes in each session. Athletes will remain in their spot during competition except when competing. Athletes will continue to wear their mask in the facility. Masks will be taken off behind the block prior to entering the pool and be put back on after competing. Athletes need to bring their own chair to minimize cleaning necessary between sessions.

**Restrooms/Locker Rooms:** The Family Changing rooms will be available for athletes to use the restrooms. Locker rooms are off limits to athletes. Athletes should plan to wear their competition suit to the facility. Coaches, Spectators, Officials, and Volunteers will use the restrooms adjacent to the front desk in the main hallway of the building.

**Recording Devices and Swimmer Privacy:** Use of audio or visual recording devices, including but not limited to cell phones, is not permitted in changing areas,

restrooms, or locker rooms. Cell phones, video and camera devices are not permitted behind the blocks or above swimmers as they enter or depart the pool. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Any individual failing to abide by the above may be subject to immediate removal from the venue by Meet Management and could be subject to the USA Swimming Code of Conduct violation as defined in Articles 304, 305 or 306.

**Drones:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**Spectators:** Spectators (who will not be volunteering) are limited to one per swimmer. Please use your best judgement on who should be part of the spectators observing this meet – this is probably not the best time for grandparents or very young children to attend. **Spectators will be required to wear a mask at ALL TIMES while in the facility.** Social Distancing should be practiced at all times. The Meet will be livestreamed into the gymnasium for spectators along with meet announcements being available. Spectators will be able to view their athlete's races from the recreation pool deck. Spectators will not enter the competition pool deck. Spectators will enter the recreation pool deck and follow the one-way directions to the space behind their athlete's lane. Spectators will remain socially distant during the races. Spectators will follow the one-way directions around the pool and exit pool area through to recreation pool doors. Please follow the one-way directions to prevent congestion. When athletes are called to the blocks for their race's spectators may report to the recreation pool deck. Please wait to enter the pool area until the previous heat's spectators have cleared their positions. Spectators need to provide their own chair for seating in the gymnasium.

**Parking:** Parking is available in any appropriate space in the YMCA parking lot.

**Admission:** There will be no charge for admissions for this meet.

**Heat Sheets:** Printed Heat Sheets for spectators will not be available at the meet. The meet, including heat sheets, will be available online at no charge via Meet Mobile as well as PDF versions available on the Event Page at [www.spyswimmers.com](http://www.spyswimmers.com). Heat Sheets will be posted at various locations on the pool deck for athletes. Coaches and Officials Heat Sheets will be available at the Admin Table on the pool deck.

**Warm-ups:** Warm-up lanes will be assigned after entries for the meet have closed. We will follow the same entry/exit procedures as swim practice to maintain distancing.

**Results:** Results will not be posted. Results will be available via Meet Mobile as well as posted on the Event Page at [www.spyswimmers.com](http://www.spyswimmers.com) at the conclusion of each day of the meet.

**Timers:** There will be one timer per lane. Timers will need to fill out the Illinois Swimming COVID-19 waiver in order the volunteer as a timer for the meet.

**Positive Check-in:** There will NOT be positive check-in for this meet. All events will be pre-seeded prior to the start of the meet. Deck Entries will NOT be permitted.

**Eligibility:** Only USA Swimming and FINA registered swimmers are eligible. Entries listed "Registration Applied For" will not be accepted. All swimmers must be registered prior to the entry deadline.

**Rules & Safety:** 2020 USA Swimming Inc. and ISI rules will govern the meet. All USA Swimming and ISI Swimming rules and the ISI individual scratch rule will be strictly enforced. All USA Swimming and Illinois swimming safety rules will be enforced. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Coaches:** All coaches must be currently registered with USA Swimming and must provide proof of current registration at all sessions of this meet. All coaches are required to sign in if they are on deck or if they are off deck and engaging with swimmers.

**Seeding:** All events will be pre-seeded. Each event will be swum in heats with swimmers seeded from slowest to fastest

**Entry Limits:** Swimmers in the Friday Evening Sessions are limited to 2 events per session. Swimmers are limited to 5 events for all Saturday and Sunday sessions. There will be no refunds for scratched events, declared false starts, or no shows. All swimmers must register by the entry deadline of Wednesday September 30<sup>th</sup>. No Swimmers will be added to the meet once the meet file is sent to Illinois Swimming. Coaches will choose events for all athletes.

**Relays:** There will be no Relays at this meet

**Entry Fees:** Individual events are \$3.00 per event.

**Awards:** There will be no awards at this meet.

**Concessions:** There will be no concessions at this meet.

**MAAPP:** All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition

**Please note that all times listed below are tentative times. Warm-up and session start times may be adjusted after entries are completed to maximize pool time. In addition, breaks will be added within each session to create rest for athletes.**

### Session 1

#### Senior Group

**Warm-ups: 4:00 PM, Session Start: 4:35 PM**

Girls	Event	Boys
101	Open 500 Freestyle	102
103	Open 400 IM	104

### Session 2

#### Senior Prep

**Warm-ups: 6:10 PM. Session Start: 6:45 PM**

Girls	Event	Boys
105	11-15 500 Freestyle	106
107	11-12 200 IM	108
109	13-15 400 IM	110

### Session 3

#### Beginner

**Warm-ups: 7:20 AM. Session Start 7:45 AM**

Girls	Event	Boys
201	8U 25 Freestyle	202
203	8U 25 Butterfly	204
205	8U 25 Backstroke	206
207	8U 25 Breaststroke	208
209	8U 50 Freestyle	210

### Session 4

#### Age Group

**Warm-ups: 9:00 AM, Session Start: 9:30 AM**

Girls	Event	Boys
211	8-10 200 Freestyle	212
213	8-10 50 Butterfly	214
215	8-10 50 Backstroke	216

217	8-10 100 Breaststroke	218
219	8-10 50 Freestyle	220

**Session 5**  
**Advanced Age Group**  
**Warm-ups: 11:15 AM, Session Start: 11:45 AM**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
221	10-13 200 Freestyle	222
223	10-13 50 Butterfly	224
225	10-13 100 Backstroke	226
227	10-13 100 Breaststroke	228
229	10-13 50 Freestyle	230

**Session 6**  
**Senior Prep**  
**Warm-ups: 1:30 PM, Session Start: 2:05 PM**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
231	Open 200 Freestyle	232
233	11-12 50 Butterfly	234
235	13-15 100 Butterfly	236
237	11-12 100 Backstroke	238
239	13-15 200 Backstroke	240
241	11-12 100 Breaststroke	242
243	13-15 200 Breaststroke	244
245	Open 50 Freestyle	246

**Session 7**  
**Senior**  
**Warm-ups: 4:30 PM, Session Start: 5:05 PM**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
247	Open 200 Freestyle	248
249	Open 100 Butterfly	250
251	Open 200 Backstroke	252
253	Open 200 Breaststroke	254
255	Open 50 Freestyle	256

**Session 8**  
**Beginner**  
**Warm-ups: 7:20 AM. Session Start 7:45 AM**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
301	8U 25 Freestyle	302
303	8U 25 Butterfly	304
305	8U 25 Backstroke	306
307	8U 25 Breaststroke	308
309	8U 50 Freestyle	310

**Session 9**

**Age Group**  
**Warm-ups: 9:00 AM, Session Start: 9:30 AM**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
311	8-10 100 Butterfly	312
313	8-10 100 Backstroke	314
315	8-10 50 Breaststroke	316
317	8-10 100 IM	318
319	8-10 200 IM	320
321	8-10 100 Freestyle	322

**Session 10**  
**Advanced Age Group**  
**Warm-ups: 11:15 AM, Session Start: 11:45 AM**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
323	10-13 50 Breaststroke	324
325	10-13 50 Backstroke	326
327	10-13 100 Butterfly	328
329	10-13 100 Freestyle	330
331	10-13 100 IM	332
333	10-13 200 IM	334

**Session 11**  
**Senior Prep**  
**Warm-ups: 1:30 PM, Session Start: 2:05 PM**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
335	11-12 50 Breaststroke	336
337	13-15 100 Breaststroke	338
339	11-12 50 Backstroke	340
341	13-15 100 Backstroke	342
343	11-12 100 Butterfly	344
345	13-15 200 Butterfly	346
347	11-12 100 Freestyle	348
349	13-15 100 Freestyle	350
351	11-12 100 IM	352
353	13-15 200 IM	354

**Session 12**  
**Senior**  
**Warm-ups: 4:30 PM, Session Start: 5:05**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
355	100 Breaststroke	356
357	100 Backstroke	358
359	200 Butterfly	360
361	100 Freestyle	362
363	200 IM	364

## **Springfield YMCA – Supplemental Information**

### **SPY Season Opener, October 9<sup>th</sup>-11<sup>th</sup>**

#### **Illinois Department of Public Health Requirements:**

- Illinois is currently in Phase 4 of the Restore Illinois Plan
- Youth Competitions are allowed.
- Gatherings of 50 people or fewer are allowed in separate spaces within the YMCA
  - Competition Pool Deck
  - Recreation Pool Deck
  - Gymnasium
- Each person entering the facility will have a health screening
- Each adult entering the competition pool deck (Coaches, Officials, Volunteers) will have signed an Illinois Swimming COVID-19 Waiver
- Each athlete participating in the meet will have a COVID-19 waiver completed by a parent/guardian.
- Each session includes only one practice group. Athletes will be the same in each session in which their group is scheduled.
- Masks will always be worn by all attendees, other than athletes as they are preparing to compete or warm up.
- Disinfecting and cleaning protocols will be in place, time allowed to complete cleaning between sessions.
  - Restrooms
  - Athlete Areas
  - Competition Pool Deck
  - Recreation Pool Deck
  - Spectator Area
  - High touch items such as stopwatches.
- No Relays
- No Concessions
- No Admissions
- No Heat sheets for individuals other than coaches and officials.
- All food/beverage provided to coaches and officials will be pre-packaged

#### **Plan for spectator Ingress and Egress, Use of Locker Rooms, and other facility restrictions.**



- Spectators will enter the facility using the main entrance and report to the gymnasium.
- Spectators are to provide their own seating
- Spectators will have access to the livestream of the meet in the gymnasium.
- Spectators will be able to view their athlete's races from the recreation pool deck
  - Spectators will follow one-way walking directions to the areas behind their athlete's lanes
  - Spectators will follow the one-way walking directions to the recreation pool exit and report to the gymnasium at the completion of their athlete's race.
- We have separate bathrooms designated for Athletes (family changing rooms) and adults (restrooms adjacent to front desk).
- All restrooms will be cleaned regularly.
- Athletes will not have access to the locker rooms.
- Athletes should arrive in their competition suit.

### **Number of Individuals in each area of the facility**

- The competition pool will be limited to no more than 50 individuals including Athletes, Coaches, Officials, lifeguards, and volunteers.
- The Gymnasium will be limited to no more than 50 individuals.
- Athletes will remain seated on the pool deck for the duration of their session, except to use the restroom.
- Spectators will be able to view races from the recreation pool deck. One heat of spectators allowed on the recreation pool deck at a time.
- An Officials/Coaches Area will be provided off the pool deck outdoors. Tents with appropriate spacing will be available for coaches and officials during any breaks in competition.

### **Safe Sport Considerations**

- We are permitting one spectator per athlete in the facility to allow for access to their athlete.
- Spectators will always have a livestream of the competition pool deck available to them.