**2019-2020 Registration for the Sage Swim Team**

 The Sage Piranha Swim Team is a competitive and not a recreational swim team. A strong commitment to the team is expected from both the swimmers and their parents. ALL new members, to the team, must go through an evaluation to determine where the athlete would fit on the team based upon their current ability. These evaluations can be set up for the week of August 5 – 9 by contacting Coach Ed Richardson at (**erichardson@ymcachicago.org**).

**Groups :**

**Age Group** - This group is for swimmers ranging in age from 6 – 10. Swimmers in this group should have a basic understanding of all 4 strokes and be able swim continuously for distances of 50 and 100 yards without stopping. The majority of work, in this group, is focused on stroke development and technique and less on yardage volume. Practices are on Monday through Friday and meet from 4:30 p.m. to 5:45 p.m.

**Intermediate** – This group will be for swimmers ranging in age from 11 – 15. Swimmers in this group must be proficient in all 4 strokes and be able to swim continuously for distances up to 500 yards without stopping. While there is still stroke development and technique there is an increased emphasis placed on training and race strategy. Practices are Monday through Friday from 5:45 p.m. to 7:15 p.m. and Saturdays from 9:30 a.m. to 11 a.m.

**Senior** – This group is for swimmers ranging in age from 12 – 21. Swimmers in this group are highly competitive and must have a thorough understanding of and be proficient in all 4 strokes. Swimmers in this group must be both physically and mentally prepared for the expectations of this group. Focus in this group addresses: stroke technique, race strategy, pacing, endurance, mental preparation, and goal setting among others. Practices are Monday through Friday from 7:15 p.m. to 9 p.m. and Saturdays from 7 a.m. to 9:30 a.m. This group will also do double workouts during the winter break.

**Little Piranhas** – This group is for swimmers ranging in age from 5-9. Swimmers in this group are new to the sport and must be able to complete distances up to 50 yards of both freestyle and backstroke. The practice in this group will be all technique and stroke improvement. Practices are on Tuesday and Thursday from either 4:30 p.m. to 5:10 p.m. or from 5:15 p.m to 5:55 p.m.

Assignment to a group is determined based on a combination of the athlete’s age and ability. The ages mentioned are a starting point and not a limiting factor in the determination of group placement. Placement will always be in the best interest of the athlete and determined by the coaches.

**Costs** :

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| **SWIM TEAM GROUP COSTS FOR 2019/20 SEASON** |
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| **GROUP** | **REGISTRATION** | **GROUP FEE** | **MONTHLY DRAFT (6 MONTHS)** |
| **AGE GROUP** | **$150**  | **$525**  | **$88**  |
| **INTERMEDIATE** | **$150**  | **$675**  | **$113**  |
| **SENIOR****(HIGH SCHOOL)** | **$150** **($150)**  | **$825** **($525)**  | **$138** **($88)** |
| **LITTLE PIRANHAS** | **$150**  | **$250**  | **$42** |

$150 (non-refundable) at registration. This covers registration with US Swimming (required to be on this team) and some of the cost of meets. The rest of the cost, which can be paid monthly (if you choose) ,is for your particular group. The last payment will be in February.

Attendance at meets is strongly recommended **but** attendance at the Championship Meets is **required**. The District Meet, Y State, and Y Nationals are considered Championship Meets. Swimmers who decide not to swim at these meets will lose their spot on the team for the following season. Exceptions can only be cleared by Coach Ed.

Cost for meets this year will be handled as follows: ALL YMCA meets, which includes Districts, State, and Nationals will be paid through the Y as has always been done in the past. ALL USS/ISI meets will be paid by the family of the swimmer. The process as to how this will be done will be made available at a later date.

**Registration dates:**

Sunday, August 11th - 11 a.m. to 3 p.m. (current year round members only)

Monday, August 12th – 5 p.m. to 8 p.m. (current year round members only)

Tuesday, August 13th - 4 p.m. to 8 p.m. (current part time members)

Wednesday, August 14th - 6 a.m. to 10 a.m. (new members)

**Lists :**

There will be lists at the front desk as to the day you can register and the group to which you have been assigned. These will not be at the front desk until after August 7th. ALL group changes must have Coach Ed’s approval. ALL new swimmers will get a form with their group assignment when they come in for the evaluation.