



# 2023 POLAR BEAR CLASSIC

Hosted by the West Chicago Sharks

Community High School District 94 Pool  
326 Joliet Street – Entrance E  
West Chicago, Illinois

January 6-7-8, 2023

ENTRIES OPEN ON FRIDAY DECEMBER 9, 2022, AT 8:00AM CST  
Submit team entry via email to: danfors44@gmail.com

**WCS POLAR BEAR CLASSIC – JANUARY 6-7-8, 2023**  
**Sanctioned by USA Swimming & Illinois Swimming**  
**Sanction # ILS0131-23**

**Meet Director** – Dan Fors, [danfors44@gmail.com](mailto:danfors44@gmail.com)  
**Meet Entries** - Dan Fors, [danfors44@gmail.com](mailto:danfors44@gmail.com)  
**Safety Coordinator** - Dan Fors, [danfors44@gmail.com](mailto:danfors44@gmail.com)  
**Meet Referee** - Dan Clasen, [dan.clasen@sbcglobal.net](mailto:dan.clasen@sbcglobal.net)  
**Admin. Official** - Liz Garling, [liz.garling@gmail.com](mailto:liz.garling@gmail.com)  
**Covid-19 Protocols Contact** - Dan Fors, [danfors44@gmail.com](mailto:danfors44@gmail.com)

**Location:** West Chicago Community High School District #94 Pool, 326 Joliet St., West Chicago, Illinois; one mile north of Rt. 38. The school is a no-smoking facility. Likewise, there is no smoking allowed on the grounds.

**Pool:** The West Chicago Community High School District #94 Pool is a 25-yard six lane pool with starting blocks at one end (depth at blocks: 10'-0"), non-turbulent lane lines, Daktronics horn start system and General Display Devices Swimtime II timing system with six-lane read-out board. Spectator seating will be limited in the pool area – the meet will be streamed to the internet along with to the team dispersed seating area set up in the field house for both swimmers and parents. The competition course has not been certified in accordance with 104.2.2C(4).

**Schedule:**

|                                      |   |
|--------------------------------------|---|
| Friday 1:<br>10U 11-12<br>13 & overs | Warm-ups: 5:00 - 5:50 PM<br>First Splash: 6:00 PM<br>Positive check-in closes at <b>5:20 PM</b>   |
| Saturday 2:<br>(9-10 & 11-12)        | Warm-ups: 7:00 - 7:50 AM<br>First Splash: 8:00 AM<br>Positive check-in closes at <b>7:20 AM</b>   |
| Saturday 3:<br>(Open & 8U)           | Warm-ups: Immediately following session 2, not before Noon<br>First Splash: not before 1:00 PM<br>Positive check-in closes at <b>12:20 PM</b> |
| Saturday 4:<br>(Open)                | Warm-ups: Immediately following session 3<br>First Splash: not before 4:00 PM<br>Positive check-in closes at <b>2:20 PM</b>                   |
| Sunday 5:<br>(9-10 & 11-12)          | Warm-ups: 7:00 - 7:50 AM<br>First Splash: 8:00 AM<br>Positive check-in closes at <b>7:20 AM</b>   |
| Sunday 6:<br>(Open & 8U)             | Warm-ups: Immediately following session 5, not before Noon<br>First Splash: not before 1:00 PM<br>Positive check-in closes at <b>12:20 PM</b> |

**Format** - Timed finals with a positive check-in. Check-in Sheets will be posted 10 minutes prior to the start of the first warm round, and will be removed 40 minutes prior to the start of the session

**Eligibility** - All USA Swimming registered swimmers are eligible. All swimmers must be registered prior to entry deadline. Entries listed, as "Registration applied for" will not be accepted. There will be no on deck registration available at this meet. Swimmer's age on the first day of the meet determines age group for the entire competition.

**Entry Deadline** - Entries will not be accepted before **Friday, December 9, 2022, at 8:00 a.m.** Only team entries received by e-mail will be accepted. Entries will be on a first-received, first-entered basis. Entries received before the due date will be sent back for resubmission.

**Entries** - Entry times should be in SCY. Teams must submit their entries in a Hy-Tek file, zipped in an e-mail. A signed release with fee summary must accompany the entry. **E-mail entries to Dan Fors, danfors44@gmail.com**

**Payment, Team Summary and Release forms** – Paperwork, checks payable, and mail to West Chicago Sharks c/o Dan Fors 1323 Kline Court Batavia, Illinois 60510

**Entry Fees**

\$5.00 per Individual event, \$10.00 per relay entered.

\$2.00 ISI Swimmer surcharge

\$15.00 A facility fee per athlete will be assessed. Please note there will be no charge for admissions or heat sheets to spectators.

**Entry Limits** - Swimmers are limited to 2 event Friday, 4 individual events/1 relay per day on each Saturday and Sunday. Session 4: 1000 swimmers may be in 4 other individual events on Saturday.

**Event Format** - Timed finals with a positive check-in. Check-in Sheets will be posted approximately 10 minutes prior to the start of the first warm-up cycle, and will be removed 40 minutes prior to the start of the session. All events will be swum slowest to fastest, except the 1000.

**Athletes with Disabilities** - In accordance with USA Swimming Rules; Articles 105 and 202.1.13, the Meet Referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the Meet Referee, prior to competition, with specific requests.

**Spectator Information** - Presuming there is no change in state, local or facility guidance, spectators will be allowed at this meet. All attendees (swimmers, spectators, coaches, volunteers) must abide by the current mitigations in place at the time of the meet. Admissions and heat sheets are included in the facility fee. Heat sheets will be made available without charge in an electronic format through Meet Mobile.

**Warm-ups** - Warm-up periods will be conducted under Illinois Swimming Rules and Policies. The meet director will email warm-up assignments approximately 3 days before the meet start date.

**Results** – Final results will be posted on the WCS website and sent via e-mail to the participating team entry contacts. Results thru Meet Mobile will likewise be available

**Awards:** In lieu of 12 and under award ribbons, each swimmer will receive a commemorative meet towel or similar swag. Heat winner bag tags will be given to all 12 and unders that win their respective heat(s).

**Officials** - USA Swimming officials who would like to volunteer at the meet should contact the Meet Referee.

**Timers** - Teams with more than 10 swimmers in a session will have an assigned lane to time for that session. Coaches will be e-mailed timer lane assignments prior to the meet.

**Starts** - At the Meet Referee's discretion, fly-over starts may be implemented in order to ensure that each session is completed in a timely manner.

**Rules** - All current USA Swimming and ISI Rules and Regulations apply including the following:

- **Safety:** All ISI and USA Swimming safety rules will be strictly enforced.
- Drones: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- USA Swimming Insurance regulations require that all Swimmers, Coaches, Judges, Membership Starters, and Referees be current members of USA Swimming, Inc. It is each club's responsibility to register their Swimmers, Coaches and, Officials. Swimmers, Coaches and Officials who are not current members of USA Swimming, Inc. may not participate in the meet or be on the pool deck. Coaches and Officials will be asked to sign in and show credentials before entering pool deck.
- **All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.**
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, behind the starting blocks, rest rooms or locker rooms.
- Per Illinois Swimming "Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- **NO DECK OR BLEACHER CHANGING:** Except where venue facilities require otherwise, changing into or out of swimsuits other than in the locker rooms or other designated areas is prohibited

**USA Swimming Mandated COVID Information:**

An inherent risk of exposure to COVID-19 exists in any public place where people are present COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individual with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THE COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND ILLINOIS SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

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# SUMMARY OF FEES

**WCS POLAR BEAR CLASSIC – JANUARY 6-7-8, 2023**  
**Sanctioned by USA Swimming & Illinois Swimming**  
**Sanction # ILS0131-23**

Complete this form and mail along with entry forms and check payable to:

West Chicago Sharks  
c/o: DAN FORS 1323 KLINE COURT BATAVIA ILLINOIS  
<mailto:danfors44@gmail.com> 630-244-1909

# of Entries \_\_\_\_\_ @ \$5.00 = \$ \_\_\_\_\_

Total Swimmers (ISI Surcharge) \_\_\_\_\_ @ \$2.00 = \$ \_\_\_\_\_

Total Swimmers (Facility Surcharge) \_\_\_\_\_ @ \$15.00 = \$ \_\_\_\_\_

# of Relay Entries \_\_\_\_\_ @ \$10.00 = \$ \_\_\_\_\_

**Total Fees** \$ \_\_\_\_\_

Name of Club \_\_\_\_\_

Club Code (for Scoring) \_\_\_\_\_ USS Affiliation \_\_\_\_\_

Complete Mailing Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

EMAIL Address: \_\_\_\_\_

Name & Phone of Contact Person: \_\_\_\_\_

Names of Coaches in Attendance: \_\_\_\_\_

In consideration of the acceptance of this entry, I, intending to be legally bound on behalf of myself, my club, and all participants in the meet from my club, hereby consign, waive, and release any and all rights and claims for damages which may accrue against United States Swimming, Inc., Illinois Swimming, Inc., West Chicago Sharks, Inc. West Chicago Community High School District #94, their representatives, directors, officers, employees, or successors for any and all injuries suffered by me or any contestant or representative in said Meet, as a representative of my Club. "I attest that all athletes included in this entry and participating in this sanctioned event are duly registered as current athlete members of USA Swimming."

\_\_\_\_\_  
Signature of Coach, Club Rep., or Parent

\_\_\_\_\_  
Title

\_\_\_\_\_  
Date

**THIS SIGNED RELEASE AND YOUR CHECK MUST ACCOMPANY ENTRY OR ENTRY WILL NOT BE ACCEPTED. FINAL ENTRIES MUST BE RECEIVED NO LATER THAN DECEMBER 29, 2022 NOON. PRE-MEET RECON WILL BE SUBMITTED AT NOON ON FRIDAY DECEMBER 30, 2022 – NO ADDS WILL BE ALLOWED AFTER THIS. ALL FEES MUST BE PAID IN FULL BY JANUARY 6, 2023.**

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**Friday, January 6, 2023**

**SESSION 1:** Warm-ups start at 5:00 PM  
 First splash at 6:00 PM  
 (only one event per swimmer)

| GIRLS | AGE GROUP    | DISTANCE | STROKE | BOYS |
|-------|--------------|----------|--------|------|
| 1     | 10& U        | 200      | IM     | 2    |
| 3     | 11-12        | 200      | IM     | 4    |
| 5     | 13-14/Senior | 400      | IM     | 6    |
| 7     | 10 & U       | 200      | FREE   | 8    |
| 9     | 11-12        | 200      | FREE   | 10   |
| 11    | 13-14/Senior | 500      | FREE   | 12   |

**Saturday, January 7, 2023**

**SESSION 2:** Warm-ups start at 7:00 AM  
 First splash at 8:00 AM

|    |        |     |            |    |
|----|--------|-----|------------|----|
| 13 | 10 & U | 100 | FREE       | 14 |
| 15 | 11-12  | 100 | FREE       | 16 |
| 17 | 10 & U | 50  | BREAST     | 18 |
| 19 | 11-12  | 50  | BREAST     | 20 |
| 21 | 10 & U | 50  | BACK       | 22 |
| 23 | 11-12  | 50  | BACK       | 24 |
| 25 | 10 & U | 100 | FLY        | 26 |
| 27 | 11-12  | 100 | FLY        | 28 |
| 29 | 10 & U | 200 | FREE RELAY | 30 |
| 31 | 11-12  | 200 | FREE RELAY | 32 |

**SESSION 3:** Warm-ups not before 12:00PM  
 First splash not before 1:00 PM

|    |              |     |            |    |
|----|--------------|-----|------------|----|
| 33 | 13-14/Senior | 200 | FREE       | 34 |
| 35 | 8 & U        | 50  | FREE       | 36 |
| 37 | 13-14/Senior | 50  | FREE       | 38 |
| 39 | 8 & U        | 25  | FLY        | 40 |
| 41 | 13-14/Senior | 100 | BREAST     | 42 |
| 43 | 8 & U        | 25  | BACK       | 44 |
| 45 | 13-14/Senior | 200 | FLY        | 46 |
| 47 | 8 & U        | 100 | FREE RELAY | 48 |
| 49 | 13-14/Senior | 200 | BACK       | 50 |
| 51 | 13-14/Senior | 200 | FREE RELAY | 52 |

**SESSION 4:** Warm-ups begin immediately following session 3.  
 First splash not before 4 PM

|    |      |            |      |    |
|----|------|------------|------|----|
| 53 | Open | Mixed 1000 | FREE | 54 |
|----|------|------------|------|----|

**Sunday, January 8, 2023**

**SESSION 5:** Warm-ups start at 7:00 AM  
 First splash at 8:00 AM

| GIRLS | AGE GROUP | DISTANCE | STROKE    | BOYS |
|-------|-----------|----------|-----------|------|
| 55    | 10 & U    | 100      | IM        | 56   |
| 57    | 11-12     | 100      | IM        | 58   |
| 59    | 10 & U    | 100      | BREAST    | 60   |
| 61    | 11-12     | 100      | BREAST    | 62   |
| 63    | 10 & U    | 50       | FREE      | 64   |
| 65    | 11-12     | 50       | FREE      | 66   |
| 67    | 10 & U    | 50       | FLY       | 68   |
| 69    | 11-12     | 50       | FLY       | 70   |
| 71    | 10 & U    | 100      | BACK      | 72   |
| 73    | 11-12     | 100      | BACK      | 74   |
| 75    | 10 & U    | 200      | MED RELAY | 76   |
| 77    | 11-12     | 200      | MED RELAY | 78   |

**SESSION 6:** Warm-ups not before 12:00PM  
 First splash not before 1:00 PM

|    |              |     |           |    |
|----|--------------|-----|-----------|----|
| 79 | 13-14/Senior | 200 | IM        | 80 |
| 81 | 8 & U        | 25  | FREE      | 82 |
| 83 | 13-14/Senior | 100 | FREE      | 84 |
| 85 | 8 & U        | 25  | BREAST    | 86 |
| 87 | 13-14/Senior | 100 | FLY       | 88 |
| 89 | 8 & U        | 100 | IM        | 90 |
| 91 | 13-14/Senior | 100 | BACK      | 92 |
| 93 | 8 & U        | 100 | MED RELAY | 94 |
| 95 | 13-14/Senior | 200 | BREAST    | 96 |
| 97 | 13-14/Senior | 200 | MED RELAY | 98 |

**Attention:**

- Open events will be scored 13-14 and Senior.
- Session 1 & 4 events may be limited to top 4 heats.
- All 1000 yard swimmers must provide their own timers and lap counters. Events 53 & 54 will be combined with separate awards for boys & girls.
- Heats for session 4 will run fastest to least fast