SHARK BITES

Fall/Winter Season 2019-2020 www.wcsharks.org

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For the week of October 7, 2019

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YOU CAN STILL SIGN UP FOR THE PRACTICE MEET ON SU 10/6 – you may sign up during warm-ups! There is no charge for any of the races at this meet. **BLUE**, **LEOPARD** and any 8&Unders in **TIGER** may sign up for 25-yard races. Others should sign-up for 50's and above – choose 3 DIFFERENT STROKES.
Warm-ups 9AM – Parent Meeting 9:30AM – Start 10AM (3 individual races) – Estimated end by NOON
Based on swimmer requests there NOW WILL BE A PM practice offered for WHITE this Sunday

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REMINDER NO PRACTICE MONDAY 10/7 – The HS Girl's team had to reschedule a previously planned home swim meet and so we will NOT have practices this night on account of their use of the pool.

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SIGN UP FOR FOX FALL CLASSIC – by Tuesday 10/8 midnight. This away meet is a GREAT early season opportunity for all our groups. PLEASE be sure to note session times as they are not typical compared to many of the meets we attend. This meet is at Nequa Valley High School on 95th street in Naperville.

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SUIT AND APPAREL SIZING MONDAY 10/14 – our vendor for optional swimsuits and swimmer/parent items will be at the pool on Monday 10/14 with samples and sizing, etc. All swimmers will get a free swim cap and season shirt (part of the registration fee) from the coaches at a future practice. Many swimmers like to have the team suit for meets and also things like their own fins, etc.

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Upcoming Dates to Remember

- **SU 10/6 PRACTICE MEET (ALL GROUPS) 9AM Warm-ups – PM PRACTICES FOR WHITE**
- **MO 10/7 NO PRACTICES – RESCHEDULED HS GIRLS MEET**
- **TU 10/8 – DEADLINE TO SIGN UP FOR FOX FALL CLASSIC (NOVEMBER 8-9-10)**
- **SA 10/12 D94 WILDCAT BOOSTERS PANCAKE BREAKFAST (7:30-10:30AM - HS COMMONS)**
- **MO 10/14 – REGULAR PRACTICES, TEAM APPAREL SIZING, & WCS BOARD MEETING @6:30PM**
- **SA 10/26 EXPR Trick or Treat Pentathlon 11-12 & 13-14's swimmers – 8AM Warm-Ups**
- **SA 10/26 WC Public Library Trunk or Treat Event 1-3PM (WCS will be passing out candy/info)**
- **SU 10/27 EXPR Trick or Treat Pentathlon 10&U and OPEN swimmers – 8AM Warm-Ups**

If you have any questions, feel free to Contact Coach Dan by email at danfors44@gmail.com or by cell/text at 630-244-1909 anytime.