

WDST Fall Kick Off

October 12th, 2019

Hosted by the Woodstock Dolphins Swim Team (WDST)
Sanctioned by USA Swimming, Inc. and Illinois Swimming, Inc.
Sanctioned Number: ILS19-1004

Meet Director	Meet Referee	Safety Director
Janell Harper/ Jennifer Rainey 847-212-9784 jharper@woodstockdolphins.com jrainey777@gmail.com	Steve Fidanze sfidanze@yahoo.com	JoAnn Kinter Jmae1010@gmail.com
Entry Chair	Entry Email	Administrative Official
Janell Harper 847-212-97984 jharper@woodstockdolphins.com	Wdst.entries@gmail.com	Janell Harper 847-212-9784 jharper@woodstockdolphins.com

Location: Woodstock North High School, 3000 Raffle Road, Woodstock, IL 60098

Facility: Indoor, 8 lane 25 yard pool with non-turbulent lane lines. Pool depth 4'6" at the shallow end and 14' feet at the deep end. Starting blocks are 23.5". The facility uses a fully automated Colorado Timing System, 8 lane electronic timing display, and permanent starting blocks. There is seating capacity for 250 spectators. The school gym will be open for teams and parents to sit while not in the viewing area. Chairs/coolers or other bulky items will not be allowed in the viewing area due to limited seating.

The competition course has been certified in accordance with USA Swimming Rule 104.2.2C(4).

Meet Format: This is a Timed Finals meet with positive check-in for all events. Coaches will be issued a positive check-in sheet for each session of the meet. The deadline to turn in scratches will be 30 minutes after the start of warm ups of each session. Scratch sheets will be in the coaches' packet. Coaches need to highlight the name and events of each scratched swimmer. Swimmers will need to check in with their coaches. Those swimmers who have not checked in by the deadline will not be seeded to swim (and will not be permitted to swim). Swimmers without representation of a coach must check in with the Meet Director.

Meet management reserves the right to limit entries/heats to meet the session time limit. Fly over starts may be used and events may be combined at the discretion of the Meet Referee.

Session	Day	Age Group	Warm Up Times	Check In Closes	Meet Start
1	Saturday	9-10, 11- 12	7:00am	7:30am	8:00am
2	Saturday	Open, 8 and under	12:30pm	1:00pm	1:30pm

Eligibility: In accordance with current USA Swimming Rules and Regulations, a swimmers age on the first day of the meet will constitute the swimmers age for the entire meet. All current registered athlete members of USA Swimming are eligible. Athletes must be registered prior to the entry deadline. Entries listed as "Registration Applied For" will not be accepted.

Meet Rules: Official 2019 USA Swimming Rules and Illinois Swimming Rules shall govern the conduct of this meet. Coaches must display their Coaches Card while on deck.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When

unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

The following rules must be strictly observed:

- x The use of audio video equipment, including cell phones, are not allowed in changing rooms, locker rooms, or rest rooms.
- x Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited
- x Flash photography is prohibited in the pool area when athletes are on the starting blocks

Safe Sport Policy: All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Special Needs: In accordance with USA Swimming Rules; Articles 105 and 202.1.13, the meet referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches or swimmers to contact the meet referee, prior to competition, with specific requests.

Entries: Entries will not be accepted by the Entry Chairperson before Friday, September 12th, 2019 at 8:00 AM. All entries must be received by 5:00 PM on September 27th, 2019. Email entries will be accepted. Fax not accepted.

Entries should be submitted in Short Course Yards. Long course meters and short course meter times will be considered non-conforming times and will be seeded in the slowest heats. Teams will be notified in advance if their distance event entries will be limited. Meet management will post a psych sheet online.

WDST will be using Hytek Meet Manager 6.0 for windows. Entries must be submitted to entry chairperson (wdst.entries@gmail.com) by electronic mail using the appropriate WDST order of events. A print out of the entry must accompany the submission.

A signed Summary Fee / Release Form provided in this packet and payment is due by prior to the start of the meet. Checks are to be made payable to: Woodstock Dolphins or WDST.

Entry Limits: Individuals are limited to four (4) individual entries per day and two (2) relay events per day. Relay swimmers must be entered in at least one (1) individual event.

Entry Fees: \$5.00 per individual event and \$12.00 per relay. A surcharge of \$2.00 per swimmer has been instituted by Illinois Swimming. Facility fee of \$10.00 per swimmer- this includes the admission fee.

Deck Entries: Deck entries will only be accepted to fill open lanes at the discretion of the Meet Director. No additional heats will be added \$6.00 per individual event and \$15.00 per relay.

Relay cards: On the day of the meet, each team will be asked to submit the names of relay swimmers to the computer operator by the end of the coach's meeting.

Bull Pen: There will be a bullpen for 8 and under swimmers only.

Scoring: Sixteen-place scoring will be used for individual events.

Awards: Individual awards will be given to the top eight finishers (1-3 with medals, 4-8 with ribbons) in each event. Relay awards will be given to the top three finishers (1-3 with medals). There will not be awards for 13 and older.

All awards are to be picked up by their coach or team representative at the end of the meet. Unclaimed awards will not be forwarded after the meet.

Admission: Admission is included in the Facility Fee. No charge at the door. Heat sheets will be available for \$2.00.

Concession: A concession area will be available throughout the meet from the concession stand. No glass containers are allowed on deck.

Parking: Ample parking is available at the Woodstock North High School parking lot.

Vendors: No vendors will be on site.

Meet Results: Results will be posted on the host team site woodstockdolphins.com at the end of the meet under the hosted meets tab.

Volunteers Each team will be required to provide timers based on entries. Teams will be notified prior to meet. Swimmers in the 500 yard freestyle must provide their own timers (2) and counter. If any officials are willing to work, please list their names and sessions available on form with entry submissions.

Timing assignments might be assigned out to visiting teams. WDST will inform all participating teams with any timing assignments after all entries have been received.

Drones: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Order of Events

Girls	Saturday AM - Session 1	Boys
1	Mixed 12 & Under 200 Freestyle Relay	1
2	11/12 50 Freestyle	3
4	9/10 50 Freestyle	5
6	11/12 50 Breaststroke	7
8	9/10 50 Breaststroke	9
10	11/12 50 Backstroke	11
12	9/10 50 Backstroke	13
14	11/12 50 Butterfly	15
16	9/10 50 Butterfly	17
18	11/12 200 IM	19
20	9/10 100 IM	21
22	9-12 200 Freestyle*	23
24	Mixed 12 & Under 200 Medley Relay	24
	Warm Up Break	
25	12 & Under Mixed 500 Free*	25
	Breaks may be added at the discretion of meet management	
	*12 and under and 9-12 events will be scored as separate age group Events	
Girls	Saturday PM- Session 2	Boys
26	Mixed 13 and Older 200 Freestyle Relay	26
27	Mixed 8 and Under 100 Freestyle Relay	27
28	13 and Over 100 Freestyle*	29
30	8 and Under 25 Freestyle	31
32	13 and Over 100 Breaststroke*	33
34	8 and under 25 Breaststroke	35
36	13 and Over 100 Backstroke*	37
38	8 & Under 25 Backstroke	39
40	13 and over 50 Free*	41
42	13 and Over 100 Butterfly	43
44	8 and Under 25 Butterfly	45
46	13 and Over 200 IM	47
48	8 and Under 100 IM	49
50	Open 200 Freestyle	51
52	Mixed 8 and Under 100 Medley Relay	52
53	Mixed 13 and Over 200 Medley Relay	53
	Warm Up Break	
54	Mixed Open 500 Freestyle	54
	Breaks may be added at the discretion of meet	
	*13 and over event will be scored as 13/14 and Open Events	

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WAIVER FORM

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my heirs, administrators, and assigns waive and release any and all claims against the Woodstock School District D-200, USA Swimming, the Woodstock Dolphins Swim Team, Illinois Swimming, Inc. and meet officials for injuries and/or expenses incurred by me/us at this meet or while on the road to and from this meet. I/we are bona-fide amateur athletes and eligible to compete in all the events I/we have entered. I/we also understand that our club will be responsible financially for any damage done to the facility by our athletes during the meet. All swimmers entered are current members of Illinois/USA Swimming, Inc.

Club Name: _____ Initials _____

Signature of Club Official, Parent or Guardian: _____

Name: _____ Phone: _____

Title: _____ Email: _____

Entry Fee Recap:

	Fee	Athletes/ Entries	Total Amount Owed
Individual Events	\$5.00		
Relay Events	\$12.00		
LSC Surcharge (# Of swimmers in event)	\$2.00		
Facility Fee- includes admission	\$10.00		

Total Fee Due

Name of coach or team representative at meet:

Name: _____ Phone: _____

Email: _____

Make checks payable to: Woodstock Dolphins or WDST Mail entries to:

Fall Kick Off Waiver
 c/o Woodstock Dolphins Swim Team
 PO Box 325
 Woodstock, IL 60098

Coach, Club Representative or Parent Initials _____