

DESCRIPTION OF PRACTICE GROUPS

Swimmers are divided into practice groups based on age and ability. Each group balances stroke development and endurance...with a little FUN. Group expectations increase with age and experience - so swimmers *grow* in the sport. We try to challenge swimmers to commit to doing a little more each season - practice days and times, meet participation...etc.

Our *Developmental Groups* concentrate on teaching swimmers the foundations of competitive swimming in preparation for participation in our more competitive groups. Swimmers are encouraged to participate in our LOW KEY intra squad meets held at Fenwick. These swimmers are WELCOME to participate in other meets as their confidence and skills grow!

Our *Age Group Program* practice groups continue to concentrate on stroke development and refinement - **while building endurance**. Emphasis is placed on developing GOOD workout habits, team spirit, friendships and goal setting. Swimmers are challenged with mastering AND racing all four strokes. **Each of these groups has meet participation EXPECTATIONS. Please do not expect to participate in these groups WITHOUT MEET participation.**

Our *Senior Groups* provide our 13+ year olds with the tools they need to take their swimming to the next level...whether that is attaining Ill Regional, Senior, Sectional or National standards.

FEES

When registering in August, all swimmers will pay the USA Reg Fee (\$79) and each family is assessed the annual Family Fee(\$200). -IN ADDITION, each practice group has a training fee associated with it. During registration you will choose to pay this fee all at once - OR choose to pay the training fee in 3 installments (Oct/Nov/Dec)

THIS SEASON, there will BE NO ACTIVITY FEES. Meet fees will be billed to all accounts monthly. Plan on approx \$15-25 per meet day.

EXPECTATIONS

TEAM MILLENNIUM is a competitive swim team. We hope to share the sport with your swimmer. The more practices and meets your swimmer attends - the more he/she will get out of this program. We totally support multi sport involvement and believe that learning to balance school, social and activities is important in growing into well balanced young adults. We hope that our swimmers prioritize swimming as part of their weekly agendas.

As parents, we NEED *your* support! Getting your swimmer to and from practices - and meets is a commitment on your part! In addition, we OFTEN need your help TIMING v at meets. Please understand that it is your responsibility to help - when asked.

TEAM SUITS etc

Team Millennium's TEAM SUIT is an A3 royal suit with black piping and our TEAM logo. WE STRONGLY encourage ALL swimmers to purchase and wear this suit to practice and meets. Suits can be ordered and purchased through AllAmerican Aquatics. For those unsure of sizing - All American will come to Fenwick with suits and sizing in September. TEAM CAPS are available to buy at the pool.

FEES FEES FEES FEES FEES

USA Reg: \$79 per swimmer This fee is required by Illinois Swimming / USA Swimming. This is a YEARLY fee that reoccurs every fall.

Family Fee: \$200 per family This fee is applied towards such expenses as: POOL TIME, Practice Equipment, and Coaches Education. HS groups will NOT be assessed the Family FEE.

PRE SEASON FEE We offer an abbreviated practice schedule mid Sept for 4 weeks. Great opportunity to review drills and ramp into the season! HIGHLY RECOMMENDED for NEW SWIMMERS.

PRACTICE FEES represent the fees associated with the training group. You can choose to pay this fee in one lump sum at registration - OR 3 payments (Oct/Nov/Dec).

ACTIVITY FEES In the past, activity fees covered all meet entry fees. THIS YEAR - YOU WILL NOT BE ASSESSED ENTRY FEES - instead - you will be individually billed for all meets you enter. Entry Fee charges will be added to your account in DEC & FEB.

SWIM MORE A THON! We will host our SWIM A THON this year - DETAILS pending. While we will NOT enforce a family contribution - we hope you consider supporting the team. Besides great fun - this income helps us meet our annual budget.

FEES

In addition to the \$200 FAMILY FEE and USA registration (\$79/swimmer) - there are 3 other fees:

Training Group practice fees CHOOSE *pay in FULL* - August registration
OR *3 monthly payments* (OCT NOV DEC),

Meet Entry Fees Fees associated with entering meets

PRE SEASON (optional)

TRAINING GROUP	PRACTICE FEE IN FULL OR / 3 PAYMENTS ** BILLED OCT/NOV/DEC	Pre SEASON *4 WK
COMET	\$400 / \$150	\$25
WHITE	\$460 / \$170	\$40
METEOR	\$460 / \$170	\$40
BRONZE	\$500 / \$185	\$45
BLACK	\$580 / \$210	\$45
ASTEROIDS	\$480 / \$175	\$45
SILVER	\$580 / \$210	\$60
BLUE	\$655 / \$235	\$60
COPPER	\$655 / \$235	\$60
JUNIOR	\$720 / \$250	N/A

*****PRE SEASON SEPTEMBER 17 4 WEEKS**

An abbreviated practice schedule will be offered for all groups! All groups will practice 2 or 3 times a week for this month. This is a good way for NEW members to get comfortable with the team, coaches and some basics! WE PURPOSELY PRICE this season LOW - so anyone who can start - WILL! This is a GREAT OPPORTUNITY for returning swimmers to get back in the water and be prepared for the start of the season! SCHEDULE NOT AVAILABLE YET - This option will be available for sign up ONLINE to all REGISTERED swimmers.

REGULAR SEASON : OCT 15 - FEB 21, 2020

As usual, the schedule for the FIRST 3 weeks will be a bit abbreviated as we work around other schedules and ramp into the season. STARTING November, we will settle into our regular practice schedule. This schedule can be found on the NEXT PAGE.

POST SEASON : FEB 21 - MARCH 20, 2020

There are a number of POST season CHAMPIONSHIP MEETS. Swimmers qualifying for these meets will continue to train until their championship meet.

ILL REGIONALS,

ILL AGE GROUP CHAMPS,

ILL SENIOR STATE,

SPEEDO SECTIONALS,

NCSA JR NATIONALS & AGE GROUP Showcase

