**2022 CGAC Super Bowl Splash**

**Hosted by: Center Grove Aquatic Club (CGAC)**

**Center Grove High School Natatorium**

**January 28-30, 2022**

**Sanction:** This meet is sanctioned by USA and Indiana Swimming.  Sanction # IN22137

**Location:** Center Grove High School Natatorium   2717 S. Morgantown Rd. Greenwood, IN 46143

Center Grove High School is located on the SE corner of Morgantown Rd and Stones Crossing in Greenwood, Indiana.  Entrance to the natatorium is off Morgantown Rd (Door 4).  Free Parking is available in the parking lots off Morgantown Rd and in the event/visitor lot between Honey Grove and the CGHS football field.

**Facility:** Center Grove High School Natatorium  has (2) 10-lane 25 yard pools with a separate 4 lane 25 yard warm-down area. Lane dimensions are 7’6” wide each with non-turbulent lane markers with pool depth ranges from 4’8” to 13’.  The competition course has been certified in accordance with 104.2.2C(4).  The copy of such certification is on file with USA Swimming. Daktronics touchpads and timing system will be used with a full digital video scoreboard.

**Format:** This meet will be run in Modified Championship Meet Format with preliminaries, consolation finals, and finals for the 11-12 and 13 & Over age groups. The 10 & Under and 8 & Under events will run a timed finals format. The following events will be conducted as timed finals for the 13 & Over age group: 400 IM, 500, 1000 and 1650 Freestyle. The following events will be conducted as timed finals for 11-12 age group: 500 Freestyle and 200 IM. The distance Freestyles, 1000 and 1650 Freestyles, will be limited to the top 30 swimmers, and will be swum on a timed final basis with heats swum fastest to slowest. The fastest seeded heat of girls and fastest seeded heat of boys, not designated as a prelim swim, will swim in the finals. Fly-over starts will be used in the preliminary sessions. Distance event swimmers must provide their own lap counter. Lap counters that do not have deck access via their coach card or athlete status will not be allowed on deck until 15 minutes prior to the distance event start time(s) and must exit the deck immediately following the swim. These counters must sign in and out at the deck entrance security table. The meet will be run in two pools during the preliminary session and during the 10 & Under and 8 session. If entries dictate the necessity, CGAC reserves the right to condense the meet to one pool.  Pool assignments will be made once entries are received to produce equitable timelines. CGAC has the right to limit and/or combine events if it deemed necessary.

**Schedule:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Friday 1/28 Warm Ups:**  **4:45pm-5:30pm**  **Friday Meet Start:**  **5:45pm** | **Sat. 1/29 AM Prelims Warm Ups:**  **7:00am-8:00 am**  **Sat AM Meet Start:**  **8:15am** | **Sat 1/29 PM Warm Ups:**  **12:00pm-12:45pm**  **Sat PM Meet Start:**  **1:00pm** | **Sun 1/30 AM Warm Ups:**  **7:00am-8:00am**  **Sun AM Meet Start:**  **8:15am** | **Sun 1/30 PM Warm Ups:**  **12:00pm-12:45pm**  **Sun PM Meet Start:**  **1:00pm** |
|  | **Sat. 1/29 PM Finals Warm-Ups:**  **Not before 3:30pm**  **Finals Start:**  **Not before 4:30pm** |  | **Sun. 1/30 PM Finals Warm-Ups:**  **Not before 3:30pm**  **Finals Start:**  **Not before 4:30pm** |  |

**Eligibility:** Swimmers must be registered with USA Swimming. Indiana Swimming does not process on-site registration. Age as of January 28, 2022 will determine the swimmer’s age for the entire meet.

**Entries:** Each swimmer in the 11-12 and 13 & Over age groups will be limited to three (3) individual

events per day. 8 & Under and 10 & Under swimmers are limited to five (5) individual events per

day. If an entry is submitted with an individual entered in more events than allowed, the entry

will be made by order of events starting with Event #1 until the limit is satisfied; there will be NO

refunds.

CGAC reserves the right to determine which entries to accept. Among the items CGAC will

consider when making these determinations are: teams will not be broken, number of officials

and volunteers provided by the team, balance of age group and gender in entry, level of

competition and geographic location.

CGAC reserves the right to limit the number of entries in all events to keep the timeline

manageable. There will be refunds for swimmers cut out of events.

**Entries will be accepted beginning Monday, December 20, at 8:00am**.  Additions and corrections will be accepted until *January 20*.  Only electronic entries will be accepted.  A complete list of USA Swimming registration numbers for all swimmers in the meet must be included with the entry. Please send to meet entry chair, Michele De Luna at [michele@inswimming.org](mailto:michele@inswimming.org) . Clubs will receive an email notification upon receipt of entry.

**Meet Fees**: All entry fees must be submitted 1 hour prior to the start of the meet or the team will not be allowed to compete.  Please make checks out to CGAC. If any event is limited, CGAC will return the entry fees to the club(s) whose swimmers are not allowed to compete in the specific event(s).

* Individual timed final events: $5.00 per event
* Individual prelim/final events: $6.00 per event
* $2.00 per swimmer per meet, Indiana swimming surcharge

**Deck Entries:** Deck entries for individual events will be accepted starting January 24th at the discretion of CGAC

and space permitting, and will be accepted until 60 minutes before the session begins. Deck entry fees are $10.00 per timed finals event and $12.00 per prelim/final event. Cash or check payment is due at the time of the entry. Deck entries will be listed as “No Time.” No additional heats will be created to accommodate deck entries, nor will deck entries be accepted for events with limited entries.

**Check-in:** Swimmer check-in will be with their coaches.  Sign-in sheets will be provided to each team upon arrival and will need to be submitted within 15 minutes after the start of warm-ups.

**Clerk of** Clerk of Course will be offered for all 8&under events only

**Course:**

**Admissions:** $5.00/day for ages 11 and older (children 10 and under are free)

$2.00/day for Seniors

$2.00/session for Heat Sheets

Spectators are asked to continuously display the admission band.

Cash and credit card will be accepted.

**Concessions:** Concessions will be available throughout the meet in the lobby area. Cash and credit cards will be accepted.

**Hospitality:** Hospitality area will be available in the pool classroom off the pool deck for Coaches and Officials only.  Snacks and drinks will be provided to on deck volunteers.

**Awards:** Ribbons for 1st-10th will be awarded for all 12&U events.  Heat winners will receive a special heat winner award.

**Rules:** Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”) and Indiana Swimming rules will govern this meet.  USA Swimming rules state that at a sanctioned competitive event, USA Swimming athletes members must be under the supervision of a USA Swimming coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist in making arrangements for such supervision, but it is the swimmer’s responsibility to make such arrangements prior to the start of the meet. Any swimmer entered in the meet must be certified by a USA Swimming-member coach as being proficient in performing a racing start or must start each race from within the water.  When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

Coaches and Officials MUST display their current USA Swimming coach credential or

Deck Pass to gain deck access. The meet referee and/or meet director reserves the right

to ask for coach credential or Deck Pass and/or deny deck access if coach does not

comply or the card is no longer valid/current.

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in USA Swimming Rule 205.10.1.  All swimsuits shall be made from textile materials.  For men, the swimsuit shall not extend above the navel or below the knee, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. Changing into or out of swimsuits other than in locker rooms or designated areas is prohibited.  Deck changes are prohibited.

Use of audio or visual recording devices, including a cell phone, is not permitted in

changing areas, rest rooms, or locker rooms.

Operations of a drone, or any other flying apparatus, is prohibited over the venue (pools,

athlete/coaches areas, spectator areas, and open ceiling locker rooms) any time athletes,

coaches, officials, and/or spectators are present.  Exceptions may be granted with prior

written approval by the Program Operations Vice Chair.

**COVID RISK STATEMENT** (Required by USA Swimming)

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND THE LSC AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

**Safe Sport 360:**   The Minor Athlete Abuse Prevention Policy prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member’s responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at [www.uscenterforsafesport.org/report-a-concern](http://www.uscenterforsafesport.org/report-a-concern). Various state laws may also require reporting to law enforcement or to a designated child protection agency.

All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after December 28, 2021, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after January 28, 2022, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

**Facility Notes:** We are guests of Center Grove High School.  Please help us with the following:

* Keep all trashed picked up
* No sound devices or objects such as balls, radios, etc. that are inconvenience to swimmers, coaches, officials, volunteers, or spectators will be allowed or in the camping area.
* NO GLASS WILL BE ALLOWED ON THE POOL DECK of in the CAMPING AREA
* Only registered coaches, athletes, and officials along with meet volunteers will be allowed on the pool deck.  As per USA Swimming insurance policies, no parents are allowed on deck.
* Anyone caught abusing the facilities will be asked to leave the meet/facility immediately and the team will be billed for any damages caused by their swimmers.

**Final Results:** Final results will be distributed in the manner specified on the Team Summary Report.  Results will be live on Meet Mobile.

**Meet Director:** Amy Spencer  317-881-0581 ext 4730  AGcoach@CGACswim.org

**Meet Referee:** Brian Lewis [officials@cgacswim.org](mailto:officials@cgacswim.org)

**Entry Chair:** Michele De Luna   [michele@inswimming.org](mailto:michele@inswimming.org)

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**Hosted by: Center Grove Aquatic Club (CGAC)**

**Center Grove High School Natatorium**

**January 28-30**

**Order of Events**

|  |  |  |
| --- | --- | --- |
| **Saturday Mid-Day Session 3: Timed Finals**  **10 & under, 8 and under**  **Warm up Noon/ Meet Start 1:00pm** | | |
| Girls | Event | Boys |
| 35 | 10 & Under 100 IM | 36 |
| 37 | 10 & under 50 Fly | 38 |
| 39 | 8 & Under 25 Fly | 40 |
| 41 | 10 & under 100 Back | 42 |
| 43 | 8 & Under 50 Back | 44 |
| 45 | 10 & under 50 Free | 46 |
| 47 | 8 & Under 25 Free | 48 |
| 49 | 10 & under 50 Breast | 50 |
| 51 | 8 & Under 25 Breast | 52 |

|  |  |  |
| --- | --- | --- |
| **Friday Evening Session 1: Timed Finals**  **10 & Under, 11-12, 13 & Over**  **Warm up 4:45pm/ Meet Start 5:45** | | |
| Girls | Event | Boys |
| 1 | 13 & Over 500 Free | 2 |
| 3 | 11-12 500 Free | 4 |
| 5 | 10 & Under 200 Free | 6 |
| 7 | 13 & Over 400 IM | 8 |
| 9 | 11-12 200 IM | 10 |
| 11 | 10 & Under 200 IM | 12 |

|  |  |  |
| --- | --- | --- |
| **Saturday Morning Session 2: Prelims**  **11-12, 13 & Over**  **Warm up 7am/ Meet Start 8:15am** | | |
| Girls | Event | Boys |
| 13 | 11-12 50 Fly | 14 |
| 15 | 13 & Over 100 Fly | 16 |
| 17 | 11-12 50 Free | 18 |
| 19 | 13 & Over 200 Free | 20 |
| 21 | 11-12 100 Back | 22 |
| 23 | 13 & Over 100 Back | 24 |
| 25 | 11-12 100 Breast | 26 |
| 27 | 13 & Over 200 Breast | 28 |
| 29 | 11-12 200 Free | 30 |
| 31 | 13 & Over 50 Free | 32 |
| 33 | 13 & Over Girls 1000 Free\*\* | X |
| X | 13 & Over Boys 1650 Free\*\* | 34 |

|  |  |  |
| --- | --- | --- |
| **Saturday Afternoon Session 4 Finals:**  **11-12, 13 & Over**  **Warm up not before 3:30pm/ Meet Start not before 4:30pm** | | |
| Girls | Event | Boys |
| 33 | 13 & Over Girls 1000 Free\*\* | X |
| X | 13 & Over Boys 1650 Free\*\* | 34 |
| 13 | 11-12 50 Fly | 14 |
| 15 | 13 & Over 100 Fly | 16 |
| 17 | 11-12 50 Free | 18 |
| 19 | 13 & Over 200 Free | 20 |
| 21 | 11-12 100 Back | 22 |
| 23 | 13 & Over 100 Back | 24 |
| 25 | 11-12 100 Breast | 26 |
| 27 | 13 & Over 200 Breast | 28 |
| 29 | 11-12 200 Free | 30 |
| 31 | 13 & Over 50 Free | 32 |

\*\*Top 10 Seeds will swim during the Finals Session

|  |  |  |
| --- | --- | --- |
| **Sunday Morning Session 5 Prelims:**  **13 & Over, 11-12**  **Warm up 7AM/ Meet Start 8:15am** | | |
| Girls | Event | Boys |
| 53 | 13 & Over 200 IM | 54 |
| 55 | 11-12 100 Fly | 56 |
| 57 | 13 & Over 200 Fly | 58 |
| 59 | 11-12 50 Free | 60 |
| 61 | 13 & Over 100 Free | 62 |
| 63 | 11-12 50 Back | 64 |
| 65 | 13 & Over 200 Back | 66 |
| 67 | 11-12 50 Breast | 68 |
| 69 | 13 & Over 100 Breast | 70 |
| 71 | 13 & Over Girls 1650 Free\*\* | X |
| X | 13 & Over Boys 1000 Free\*\* | 72 |

|  |  |  |
| --- | --- | --- |
| **Sunday Afternoon Session 7 Finals:**  **11-12, 13 & Over**  **Warm up not before 3:30pm/ Meet Start not before 4:30pm** | | |
| Girls | Event | Boys |
| 71 | 13 & Over Girls 1650 Free\*\* | X |
| X | 13 & Over Boys 1000 Free\*\* | 72 |
| 53 | 13 & Over 200 IM | 54 |
| 55 | 11-12 100 Fly | 56 |
| 57 | 13 & Over 200 Fly | 58 |
| 59 | 11-12 100 Free | 60 |
| 61 | 13 & Over 100 Free | 62 |
| 63 | 11-12 50 Back | 64 |
| 65 | 13 & Over 200 Back | 66 |
| 67 | 11-12 50 Breast | 68 |
| 69 | 13 & Over 100 Breast | 70 |

\*\*Top 10 Seeds will swim during Finals session

|  |  |  |
| --- | --- | --- |
| **Sunday Mid-Day Session 6: Timed Finals**  **10 & under, 8 & Under**  **Warm up Noon/ Meet Start 1:00pm** | | |
| Girls | Event | Boys |
| 73 | 10 & under 50 Back | 74 |
| 75 | 8 & Under 25 Back | 76 |
| 77 | 10 & Under 100 Fly | 78 |
| 79 | 8 & Under 50 Fly | 80 |
| 81 | 10 & under 100 Free | 82 |
| 83 | 8 & Under 50 Free | 84 |
| 85 | 10 & under 100 Breast | 86 |
| 87 | 8 & Under 50 Breast | 88 |

**2022 CGAC Super Bowl Splash**

Summary Page

Club Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Club Code: \_\_\_\_\_\_\_\_\_\_\_\_

In addition to returning your completed entry form, please fill out the requested information below and submit with your check payable to Center Grove Aquatic Club to the entry chair.

Entry Chair: Michele Deluna  michele@inswimming.org

Entry Chair\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Coaches Names\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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RELEASE AND HOLD HARMLESS AGREEMENT

In consideration  of being permitted to participate in this swim meet, and for the good and valuable consideration, the undersigned for himself, his successors and assigns, hereby releases and forever discharges USA Swimming, Indiana Swimming, Indian Creek Aquatic Club, the Nineveh-Hensley-Jackson United School Corporation, and each of their respective officers, agents, employees, members, successors and any other persons in any way connected with this meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event.  Further the understanding shall indemnify and hold harmless USA Swimming, Indiana Swimming, Indian Creek Aquatic Club, the Nineveh-Hensley-Jackson United School Corporation, and each of their respective officers, agents, employees, members, and members of the foregoing and all other persons in any way and claims arising out of in connection with any injury, including death, or alleged injury of damage to property sustained or alleged to have sustained in connection with or to have arisen out of this meet.  It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Executed\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, 20\_\_\_\_\_  Team Representative Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Total Number of Swimmers Entered\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_x$2.00=\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(Indiana Swimming surcharge)

Number of Timed Final Girl Entries\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_x$5.00 = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Number of Timed Final Boy Entries\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_x$5.00 = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Number of Prelim/ Final Girl Entries\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_x$6.00 = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Number of Prelim/ Final Boy Entries\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_x$6.00 = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

  TOTAL DUE = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How would you like results sent to you?

\_\_\_\_\_ Hard Copy (.htm/.pdf file emailed)

\_\_\_\_\_ Meet Manager Back-up (emailed)

\_\_\_\_\_ Team Manager .cl2 file (emailed)

\_\_\_\_\_ All of the above

Email address to send above: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_