

Brownsburg Swim Club

Emerging Training Group

Criteria and Guidelines

Age Qualification: Swimmers must be 9 years of age or older

Time Qualification: Swimmers must have a minimum of two Indiana
Swimming 10 and Under Divisional Time

<u>Women</u>			<u>Men</u>	
<u>SCY</u>	<u>LCM</u>	<u>EVENT</u>	<u>LCM</u>	<u>SCY</u>
36.99	41.89	50 free	42.29	37.19
01:21.89	01:33.29	100 free	01:34.79	01:22.29
02:58.99	03:23.49	200 free	03:23.89	03:00.69
42.89	50.09	50 back	50.69	43.79
01:32.89	01:47.89	100 back	01:51.29	01:34.59
49.19	57.19	50 breast	59.49	50.99
01:46.09	02:04.79	100 breast	02:08.49	01:50.49
41.29	48.49	50 fly	49.19	42.59
01:37.99	01:56.19	100 fly	02:00.19	01:39.39
03:21.59	03:52.69	200 IM	03:57.19	03:24.09

Practice Qualification: Swimmer must be able to complete

8 x 100 free on 2:30

Coaching staff will take into consideration the athlete's maturity,
"coachability", eagerness to improve, overall practice attendance,
attitude and commitment to improving their skills.