

Lake Central Barracuda News

July 2021 Edition

Upcoming Events

- June 25-27: Valpo Invite (Away Meet)
- Friday, July 2nd & Monday, July 5th -- NO PRACTICE
- Tuesday, July 6th - Last Practice. Pizza and Treats in the foyer following all practices.
- Wednesday, July 7th - Last Meet of Season -- Dual with Lincolnway Swim Club.
- Saturday, July 10th - Munster Last Chance Time Trial
- Senior Long Course Championships July 15-18, 2021
Pike High School, Indianapolis, IN
[Click Here for more information](#)
- Summer Age Group Long Course Championships - July 23-25 2021
Forest Park Aquatic Center,
Noblesville, IN
[Click Here for more information](#)
- Summer Divisional Championships July 30-August 1, 2021
North Divisional – Concord High School, Elkhart, IN
[Click here for more information](#)
- August 15th Barracudas Summer Party at Redar Park. Details coming soon!

News You Could Use

- SPECTATORS WILL BE ALLOWED AT VALPO MEET THIS WEEKEND!
- Divisional Championships - If your swimmer has achieved Divisional times in any of their events they are eligible to

participate in the Divisional Championship Meet, July 30-August 1, at Concord, H.S. in Elkhart, IN Coach Art will be leading our team at the meet. If your swimmer is competing at Divisionals they will continue to practice post season (after July 7).

- Please check your swimmer's folder for ribbons and awards. If your child still has a trophy from the winter/spring season, that they have not picked up, please see a board member at the next practice
- Safe Sport - USA Swimming is launching a new Minor Athlete Abuse Protection Policy - MAAPP 2.0. It goes into effect September 1st and we will be communicating the new information to the club at the beginning of the fall/winter season, including updated documents under the safe sport tab on our website. If you have questions or concerns, please reach out to Chaz Pacheco: safesport@lcbsswim.com
- Are you interested in becoming an official? We expect to be able to begin the certification process in the fall season. Look for more details at the beginning of next season.
- Preliminary/Final Meet Format
What you Need to Know...

Traditional championship meets are held in a prelim/finals format for ages 11 & up. This weekend's Valpo meet is in this format for Saturday and Sunday, but this does nothing apply to our 10 & under swimmers. What that means is that athletes swim a preliminary qualifying round in the morning and the swimmers with the top 18 results (16 finalists and 2 alternates) are allowed to come back and for swims finals later in the day. Alternates may or may not swim depending upon whether the finalists do. It is important to note



that the swimmers don't have to come back for the second round, BUT if they don't they will have to "scratch" the event before the end of the preliminary session. If they don't scratch the event in which they qualify for finals and don't come back to swim it, they will not be allowed to swim the remainder of the meet. If your swimmers have any questions on whether they made finals or should scratch, please have them talk to their coaches. Also, please communicate your intentions with your children. If you know that they will not come back to the finals session, please let them know that they should scratch. Feel free to reach out if you have any board member or coach if you have questions.

Silver Spotlight

A HUGE thanks to everyone who donated to the HSH drive! I will be arranging to drop off the donations one day next week. A few families pitched in to purchase a truckload of mulch to be donated for the HSH yard, and the staff is incredibly grateful. Thank you again to everyone who participated. As always, please don't hesitate to contact me with any questions. Thanks all!

Liz

Bronze Business

Hello swim families! Wow, I can't believe how fast this season has flown by! Our last meet of the season will be held on Wednesday, July 7th. Congratulations to all of those who made their State/Divisional times and to those of you who are so close....this is your last chance!! You can do it!! What a great season we've had. Hope to see you in the fall!!

Thanks,
Megan

Copper Corner

Hello Copper families! Our newest swimmers have done a great job this season. We hope you have enjoyed yourself and learned a lot! Let's finish strong at the dual on July 7th!

Amy

Coaches Quips - Congratulations to our swimmers for some really good swims at our Summer Sizzle Invitational. There were a lot of impressive time drops, and we swam against some of the top teams in Illinois and performed well. The same holds true for those swimmers that competed at Highland. There were plenty of time drops, and I'm sure it felt good to swim in a 25 Yard pool again.

Speaking of fast swimming, I hope everyone had the opportunity to watch the Olympic Swimming Time Trials on TV the last couple of weeks. Our Olympic Team is now set with 26 women and 26 men making up the team. Indiana Swimming is very well represented on the Olympic team with 5 athletes hailing from our state. Only California with 7 athletes has more swimmers on the roster. That's a testament to how fast Indiana Swimming is, and how fast you guys have to swim to qualify for championship swims at the end of each season.

One of the Olympic swimmers from Indiana is Blake Pieroni. Blake will be swimming the 400 Freestyle Relay. He won a gold medal at the last Olympics in the 800 Free Relay. Back in the day, when Blake was an age group swimmer he was coached by our own Coach Adam at Union Township Swim Club. Congrats Coach Adam!

The Olympic Swimming competition will take place July 26- Aug 1st. When watching the swimming events, look for the little things that they do. Make it a learning experience. Watch their starts, watch their streamlines, watch their underwaters. Listen to the commentators analyze their strokes. They are very knowledgeable about our sport. But most importantly, enjoy watching our swimmers. Every 4 years, USA swimming, which includes all of us, gets a chance to show off.

Coach Art

