**Summit City Aquatics**

**2021*"Polar Bear Plunge*"**

**Timed Finals**

**January 22-24, 2021**

**SANCTION: This meet is sanctioned by USA Swimming and Indiana Swimming Sanction #IN21127**

**HOST:** Summit City Aquatics, Incorporated, Fort Wayne, Indiana.

Head Coach: Justin Max, [justinmax06@yahoo.com](mailto:justinmax06@gmail.com) Meet Director: Sherri VanZuidam [sherri\_vanzuidam@hotmail.com](mailto:sherri_vanzuidam@hotmail.com)

**LOCATION:** Summit Natatorium, 4599 Homestead Rd., Fort Wayne, IN. We will run an 8 lane pool for all sessions. Minimum diving depth at the start is five feet (4'), Daktronics electronic timing equipment and scoreboard, seating for over 300 spectators, and free parking. Eight 25 yard lanes will be made available for warm-ups. The competition course has not been certified. **Although this venue has seating for spectators, no spectators will be allowed at this meet to stay within our COVID-19 restrictions.**

**ELIGIBILITY:** Swimmers’ ages as of January 22, 2021, will determine age group eligibility for this meet. **No entries will be accepted unless the entrant is either registered or certified with USA Swimming, Inc.** The swimmer(s) registration number must accompany the swimmer(s) entry. Indiana Swimming does not process onsite registration.

**RULES:** Current USA and Indiana Swimming rules will govern. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. Coaches and Officials **MUST** constantly display their current USA Swimming credential to gain deck access. The meet referee reserves the right to ask for coach and official credential display or show deck pass and/or deny deck access if coach or officials listed with the deck access Marshall will be allowed on the pool deck. Deck entries must be accompanied with entrant(s) USA Membership Card.

**Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.**

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms), any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

USA Swimming Rules– At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision, but it is the swimmer’s responsibility to make such arrangements prior to the start of the meet. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. **Deck changes are prohibited.**

**MEET FORMAT:** Friday night events will be swum fastest seed times to slowest. Saturday and Sunday morning will be timed finals for 11 & over. Swimmers 10 and under will swim mid-day timed finals. The meet will be governed by the rules and regulations in the (2019) USA Swimming Official handbook. The “no recall” starting procedure will be observed for all events in this meet. Warm ups will be in 8 lanes for all sessions. Entry into the pool will be feet first only. Warm ups will be in 1 or 2 warm up sessions depending on number of swimmers entered. Warmup schedules will be distributed once we know the number of teams/swimmers.

**POSITIVE CHECK-IN:** There will be no positive check-in for this meet. Coaches should inform the admin table of any potential scratches prior to the session start. There will be NO clerk of course for this Invitational.

**EVENTS:** 1) Swimmers may enter no more than two (2) individual events on Friday, no more than four (4) events on Saturday and Sunday for a total of ten (10) events for the entire meet. 2) Hy-Tek users may email entries using Hy-tek file format, which is the preferred entry method. A confirmation entry list will be emailed back to the person who sent the email entry. 3) All team entries larger than 5 swimmers must be done in Hy-Tek file format. Team entries larger than 5 swimmers not in electronic Hy-Tek format (either email or disk/USB device) will be charged a $50.00 administration fee. 4) Enter each swimmer with his/her first and last name, birthday (m/d/y), and USA number in the entry report format from Hy-Tek Team Manager. 5) Make sure you age up your swimmers. 6) **Enter swimmers using yard times only.**

**FRIDAY NIGHT** Summit City Aquatics reserves the right to limit participation in Friday night events in order to maintain a reasonable time line. No time entries will be eliminated first. All entry fees for missed events due to event limitations will be refunded. Participants in the 500 and 1650 freestyle must provide their own counter (if desired). The 1650 will be limited to one heat per gender.

**EVENTS:**

**ACCEPTANCE CRITERIA:**

If meet entries exceed capacity, SCA has sole discretion to determine which entries are accepted. In exercising its discretion, SCA will consider: 1) that teams will **not** be divided; 2) the order of arrival of entries submitted before entry deadline; 3) geographic diversity; 4) level of competition.

**DECK ENTRIES:** There will be no deck entries at this meet.

**ENTRY FEES: Indiana Swimming** athlete surcharge $2.00  
COVID-19 surcharge $8.00

$4.00 per individual event

There will be no deck entries permitted for this meet.

A check for entry fees must be submitted with hard copy entries or delivered before the 1st event for email entries and made payable to: **Summit City Aquatics.** Refunds will be given for paid entries rejected due to the meet or individual events exceeding capacity.

**SPECTATOR**

**ADMISSION: No spectators will be allowed during this meet. The meet will be live-streamed on the SCA Facebook page.**

**PSYCH/HEAT**

**SHEETS: There will be no printed heat sheets or psych sheets at this meet. Heat sheets will be posted on the walls and via Meet Mobile. Results on Meet Mobile are considered UNOFFICIAL RESULTS** and are provided as a courtesy only.

**HOSPITALITY:** Some prepackaged food and drink will be available for coaches and officials only.

**ENTRY DEADLINE:** Entries will be accepted beginning **December 27, 2020 until January 17, 2021**. Deadline will be extended if the meet is not full. Host will notify teams being turned away by phone, fax or email within 72 hours after meet becomes full. **Updates not accepted after January 19, 2021.** Please bring check to meet. **Email entries to**:

Meet Entry Chair

Justin Max

**Email:** [**sca.entrychair@gmail.com**](mailto:sca.entrychair@gmail.com)

***Note: If sending via Certified US Mail or Courier services DO NOT SEND “SIGNATURE REQUIRED.” This will delay delivery by 2 days. You will get a confirmation email that your entry forms and check were received.***

**AWARDS:** Individual Events -1st through 8th place ribbons for 12 and Under age groups only.

Awards will be mailed at the completion of the meet.

**SCORING:** There will be no scoring at this meet.

**FINAL RESULTS:** Hy-Tek Team manager format final results will be emailed Sunday evening to those entering via email.

**FOOD AND FACILITY NOTE**

**Coolers are not allowed in the natatorium. There is no food or drink (except water) allowed in the pool area. Glass containers of any type are not to be anywhere in the natatorium (especially on deck). Please clean up after yourself. No smoking is permitted in the building. Swimmers and spectators are prohibited from entering restricted areas. You must stay in the pool area; you will not be allowed to go into any unauthorized area. No loud whistling, radios, balls or flash cameras will be permitted. Failure to comply with the rules stated above may result in expulsion from the meet and/or the facility.**

**We at SCA are looking forward to having a safe and fun swim meet.**

**Thank you,**

**Summit City Aquatics Swim Team**

**COVID-19 Restrictions and Precautions**

USA Swimming, Inc**.**, cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

**SCA will be following the guidelines provided by the Summit Natatorium, USA Swimming, Indiana Swimming, local, state and national guidelines:**

* All spectators, coaches, swimmers, volunteers, and officials must wear a mask when entering the building.
* All spectators, coaches, swimmers, volunteers, and officials will be required to sign a Covid-19 release of liability waiver.
* All spectators, coaches, swimmers, volunteers, and officials are expected to administer a temperature check before departing for the natatorium. Any Individuals with a temperature greater that 100.4 should stay home, as well as any family members that may also be swimming. Individuals who have exhibited any flu like symptoms in the last 48 hours, have family members who have experienced symptoms or have tested positive for COVID-19 in the last 14 days or has come into contact with anyone with flu like symptoms or had a positive test for COVID-19 in the last 14 days should stay home.
* Swimmers will only be allowed in for the current session they are swimming. All swimmers must leave after they are finished swimming to allow sanitizing between sessions.
* Seating will be in a socially distanced manner, no exceptions.
* Athletes are encouraged to arrive in their suits. Locker rooms (and the bathroom in there) will be available to swimmers, but they should utilize the locker room for their needs and immediately return to their assigned seating spot.
* No drinking fountains will be available. Please bring your own water bottle with plenty of water for your session.
* No concessions, gear sales, or vendors will be permitted onsite.
* Team seating will be assigned and socially distanced.
* Swimmers are to remain in their assigned seating area until their heat and are required wear masks at all times when not physically in the pool. Please make sure your athlete has a zipper bag with their name on it to put their mask in when behind the blocks.
* Warmups will be assigned to ensure social distancing.
* Deck traffic will be monitored and directed.

**Safe Sport 360:**   The Minor Athlete Abuse Prevention Policy prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet.

§ Pursuant to USA Swimming Rules and Regulations and federal law, it is every member’s responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at [www.uscenterforsafesport.org/report-a-concern](http://www.uscenterforsafesport.org/report-a-concern). Various state laws may also require reporting to law enforcement or to a designated child protection agency.

§ All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after [insert date that is 30 days prior to the last date of the actual competition], who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after [insert same date], who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

**Friday Night Timed Finals**

**11 & Over, 10 & Under**

Warm-up 4:00 – 4:50

Meet starts at 5:00

Girls Events Boys

Event # Event #

|  |  |  |
| --- | --- | --- |
| 1 | 12 & Under 200 IM | 2 |
| 3 | 13 & Over 400 IM | 4 |
| 5 | 10 & Under 200 Free | 6 |
| 7 | 11 & Over 500 Free | 8 |

**Saturday Morning**

**11 and Over**

Warm-ups 7:00 – 7:50

Meet starts 8:00 am

Girls Events Boys

Event # Event #

|  |  |  |
| --- | --- | --- |
| 9 | 11-12 200 Freestyle | 10 |
| 11 | 13 & Over 200 Freestyle | 12 |
| 13 | 11-12 50 Backstroke | 14 |
| 15 | 13 & Over 200 Backstroke | 16 |
| 17 | 11-12 100 Fly | 18 |
| 19 | 13 & Over 100 Fly | 20 |
| 21 | 11-12 50 Breaststroke | 22 |
| 23 | 13 & Over 200 Breaststroke | 24 |
| 25 | 11-12 50 Freestyle | 26 |
| 27 | 13 & Over 50 Freestyle | 28 |

**Saturday Mid-Day**

**10 & Under**

Warm-ups 10:00 – 10:50

Meet starts 11:00 am

Girls Events Boys

Event # Event #

|  |  |  |
| --- | --- | --- |
| 29 | 8 & Under 25 Backstroke | 30 |
| 31 | 9-10 50 Backstroke | 32 |
| 33 | 8 & Under 50 Fly | 34 |
| 35 | 9-10 100 Fly | 36 |
| 37 | 8 & Under 25 Breaststroke | 38 |
| 39 | 9-10 50 Breaststroke | 40 |
| 41 | 8 & Under 50 Free | 42 |
| 43 | 9-10 100 Free | 44 |

**Sunday Morning**

**11 & Over**

Warm-ups 7:00 to 7:50

Meet starts at 8:00 am

Girls Boys

Event # Event #

|  |  |  |
| --- | --- | --- |
| 45 | 13 & Over 200 IM | 46 |
| 47 | 11-12 100 Breaststroke | 48 |
| 49 | 13 & Over 100 Breaststroke | 50 |
| 51 | 11-12 50 Fly | 52 |
| 53 | 13 & Over 200 Fly | 54 |
| 55 | 11-12 100 Backstroke | 56 |
| 57 | 13 & Over 100 Backstroke | 58 |
| 59 | 11-12 100 Free | 60 |
| 61 | 13 & Over 100 Free | 62 |
| 63 | 13 & Over 1650 Free | 64 |

**Sunday Mid-Day**

**10 & Under**

Warm-ups begin not before 1:00

Meet starts 1 hour after warm-ups begin

Girls Boys

Event # Event #

|  |  |  |
| --- | --- | --- |
| 65 | 8 & Under 50 Breaststroke | 66 |
| 67 | 9-10 100 Breaststroke | 68 |
| 69 | 8 & Under 25 Fly | 70 |
| 71 | 9-10 50 Fly | 72 |
| 73 | 8 & Under 50 Backstroke | 74 |
| 75 | 9-10 100 Backstroke | 76 |
| 77 | 8 & Under 25 Free | 78 |
| 79 | 9-10 50 Free | 80 |

**Return This Page as Part of Your Entry**

**Summit City Aquatics Swim Team**

**2021 SCA "Polar Bear Plunge"**

**Timed Finals INVITATIONAL**

**January 22-24, 2021**

**RELEASE AND HOLD HARMLESS AGREEMENT**

CLUB\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ CLUB CODE\_\_\_\_\_\_\_\_\_\_\_\_\_\_

IN CONSIDERATION OF BEING PERMITTED TO PARTICIPATE IN THE ABOVE-REFERENCED SWIM MEET, CLUB AND ITS SWIMMERS, COACHES, PARENTS, MEMBERS AND VOLUNTEERS HEREBY RELEASE AND FOREVER DISCHARGE SWAC, USA SWIMMING, INDIANA SWIMMING, TRUSTEES, DIRECTORS, OFFICERS, AGENTS, EMPLOYEES, MEMBERS, SUCCESSORS AND ASSIGNS OF EACH OF THEM, AND ALL OTHER PERSONS OR ENTITIES IN ANY WAY CONNECTED WITH SPONSORING OR HOLDING THIS SWIM MEET, OF AND FROM ANY AND ALL LIABILITIES, CLAIM, DEMANDS, ACTION, CAUSES OF ACTION, LOSSES, DAMAGES OR EXPENSES, OF WHATEVER KIND OR CHARACTER, ARISING OUT OF OR IN CONNECTION WITH SAID SWIM MEET AND THE FACILITIES AND PERSONNEL FOR IT. FURTHER, CLUB AND ITS SWIMMERS, COACHES, PARENTS, MEMBERS AND VOLUNTEERS SHALL INDEMNIFY AND HOLD HARMLESS SWAC, TRUSTEES, DIRECTORS, OFFICERS, AGENTS, EMPLOYEES, MEMBERS, SUCCESSORS AND ASSIGNS OF EACH OF THEM, AND ALL OTHER PERSONS OR ENTITIES IN ANY WAY CONNECTED WITH SPONSORING OR HOLDING THIS SWIM MEET, OF AND FROM ANY AND ALL LIABILITIES, CLAIMS, DEMANDS, ACTIONS, CAUSES OF ACTION, LOSSES, DAMAGES OR EXPENSES, OF WHATEVER KIND OR CHARACTER, ARISING OUT OF OR IN CONNECTION WITH ANY INJURY TO ANY PERSON, INCLUDING DEATH, OR INJURY OR DAMAGE TO ANY PROPERTY.

**It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.**

THE UNDERSIGNED REPRESENTS THAT HE/SHE IS AUTHORIZED BY THE CLUB, AND ITS SWIMMERS, COACHES, PARENTS, MEMBERS AND VOLUNTEER TO THE TERMS HEREOF.

EXECUTED THIS \_\_\_\_\_\_\_\_\_\_\_DAY OF \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, 2020 or 2021

SIGNATURE\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PRINTED NAME\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

POSITION\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Summit City Aquatics Swim Team**

**2021 "Polar Bear Plunge"**

**Timed Finals INVITATIONAL**

**January 22-24, 2021**

**TEAM SUMMARY REPORT**

***Entries accepted from December 27, 2020 until January 10, 2021.***

A SUMMARY REPORT IN A FORMAT SIMILAR TO THIS MUST BE COMPLETED AND RETURNED WITH ALL ENTRIES BY January 10, 2021. PLEASE MAKE CERTAIN TO INCLUDE ALL OF THE FOLLOWING:

1. COMPLETED TEAM SUMMARY REPORT FROM TEAM MANAGER (i.e. THIS FORM)
2. CHECK FOR ENTRY FEES PAYABLE TO: **SUMMIT CITY AQUATICS SWIM TEAM**
3. OFFICIALS VOLUNTEER FORM
4. RELEASE AND HOLD HARMLESS AGREEMENT
5. MEET MANAGER FILE OR PRINTED ENTRY COPY IF NOT SENT VIA E-MAIL

MAIL TO: Christine Koehrn, 3222 Buckeye Run, Fort Wayne, In 46814

E-MAIL TO: <mailto:sca.entrychair@gmail.com>

CLUB\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_CLUB CODE\_\_\_\_\_\_\_\_\_\_\_

Total Swimmers Entered:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_@ $2.00 Indiana Swimming surcharge=\_\_\_\_\_\_\_\_\_\_

Total Swimmers Entered:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_@$8.00 COVID-19 surcharge= \_\_\_\_\_\_\_\_\_\_\_

Girls Individual Entries:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_@$4.00 per event =\_\_\_\_\_\_\_\_\_\_\_\_ Boys Individual Entries:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_@$4.00 per event =\_\_\_\_\_\_\_\_\_\_\_\_   
  
 TOTAL FEES DUE =\_\_\_\_\_\_\_\_\_\_

Results Form: \_\_\_\_\_Meet Manager Back-up (E-mailed)

\_\_\_\_\_Team Manager .cl2 file (E-mailed)

Email address to Send Results \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| --- | --- | --- |
| CLUB OFFICIAL | COACH | COACH |
| NAME: | NAME: | NAME: |
| STREET: | STREET: | STREET: |
| CITY: | CITY: | CITY: |
| STATE/ZIP: | STATE/ZIP: | STATE/ZIP: |
| HOME PHONE: | HOME PHONE: | HOME PHONE: |
| E-MAIL: | E-MAIL: | E-MAIL: |