

### October 2020 NASA Practice Calendar

		National	Elite	Senior	MS Gold	MS Blue	Dev. Gold	Dev. Blue	Notes	
M	28	4-6:30p	4-6:30p	4-6:30p	4-6:15p	4-6p	6:15-7:45p	6:15-7:15p		
Tu	29	5:30-8a 4-6:30p	5:30-8a 4-6:30p	4-6:30p	4-6:15p	4-6p	6:15-7:45p			
W	30	5:30-8a 4-6p	5:30-8a 4-6p	5:30-8a 4-6p	6:30-8a 4-6:15p	4-6p	6:15-7:45p	6:15-7:15p		
Th	1	5:30-8a 4-6:30p	5:30-8a 4-6:30p	4-6:30p	4-6:15p	4-6p	6:15-7:45p	6:15-7:15p		
F	2	4-6:30p	4-6:30p	4-6:30p	6:30-8a	6:30-8a				
Sa	3	7-10a	7-10a	7-9:30a	7-10a	7-10a	8-10a	8:30-10a	ISI House of Delegates	
Su	4									
M	5	4-6:30p	4-6:30p	4-6:30p	4-6:15p	4-6p	6:15-7:45p	6:15-7:15p		
Tu	6	5:30-8a 4-6:30p	5:30-8a 4-6:30p	4-6:30p	4-6:15p	4-6p	6:15-7:45p			
W	7	5:30-8a 4-6p	5:30-8a 4-6p	5:30-8a 4-6p	6:30-8a 4-6:15p	4-6p	6:15-7:45p	6:15-7:15p		
Th	8	5:30-8a 4-6:30p	5:30-8a 4-6:30p	4-6:30p	4-6:15p	4-6p	6:15-7:45p	6:15-7:15p		
F	9	4-6:30p	4-6:30p	4-6:30p	6:30-8a	6:30-8a				
Sa	10	7-10a	7-10a	7-9:30a	7-10a	7-10a	8-10a	8:30-10a		
Su	11									
M	12	4-6:30p	4-6:30p	4-6:30p	4-6:15p	4-6p	6:15-7:45p	6:15-7:15p		
Tu	13	5:30-8a 4-6:30p	5:30-8a 4-6:30p	4-6:30p	4-6:15p	4-6p	6:15-7:45p			
W	14	5:30-8a 4-6p	5:30-8a 4-6p	5:30-8a 4-6p	6:30-8a 4-6:15p	4-6p	6:15-7:45p	6:15-7:15p		
Th	15	5:30-8a 4-6:30p	5:30-8a 4-6:30p	4-6:30p	4-6:15p	4-6p	6:15-7:45p	6:15-7:15p		
F	16	4-6:30p	4-6:30p	4-6:30p	6:30-8a	6:30-8a				
Sa	17	<b>NASA Intrasquad Meet @ NHS</b>								
Su	18									
M	19	4-6:30p	4-6:30p	4-6:30p	4-6:15p	4-6p	6:15-7:45p	6:15-7:15p	* HS Team Parent Meeting - 6:45pm in NHS Fieldhouse	
Tu	20	5:30-8a 4-6:30p	5:30-8a 4-6:30p	4-6:30p	4-6:15p	4-6p	6:15-7:45p			
W	21	5:30-8a 4-6p	5:30-8a 4-6p	5:30-8a 4-6p	6:30-8a 4-6:15p	4-6p	6:15-7:45p	6:15-7:15p		
Th	22	5:30-8a 4-6:30p	5:30-8a 4-6:30p	4-6:30p	4-6:15p	4-6p	6:15-7:45p	6:15-7:15p		
F	23	5:30-8a	5:30-8a	5:30-8a	6:30-8a	6:30-8a			*Note Practice Changes Due to Fall Break - No School	
Sa	24									
Su	25									
M	26	4-6:30p	4-6:30p	4-6:30p	4-6:15p	4-6p	6:15-7:45p	6:15-7:15p	*No School - Fall Break	
Tu	27	5:30-8a 4-6:30p	5:30-8a 4-6:30p	4-6:30p	4-6:15p	4-6p	6:15-7:45p		*NHS Girls Season Begins!	
W	28	5:30-8a 4-6p	5:30-8a 4-6p	5:30-8a 4-6p	6:30-8a 4-6:15p	4-6p	6:15-7:45p	6:15-7:15p		
Th	29	5:30-8a 4-6:30p	5:30-8a 4-6:30p	4-6:30p	4-6:15p	4-6p	6:15-7:45p	6:15-7:15p		
F	30	4-6:30p	4-6:30p	4-6:30p	6:30-8a	6:30-8a				
Sa	31	7-10a	7-10a	7-9:30a	7-10a	7-10a	8-10a	8:30-10a		
Su	1									

Green Practices will take place at NMS Pool

Yellow Practice will take place at NHS Pool