



# 2021 Long Course Registration

## About Us

Noblesville Swim Club teaches the value of hard work, sportsmanship, and team spirit through swimming.

## Mission Statement

Building champions through our community values.

## Vision Statement

To be a premier competitive swimming program that maximizes the individual talent of swimmers, parents and coaches. To teach all participants the life skills of self-confidence, discipline, hard work, sportsmanship and team spirit to be carried with them throughout their lifetime.

## Long Course Season

While swimming is a year-round sport, Noblesville Swim Club has separate registrations for the short course and long course seasons. The long course season runs roughly from April through August with most practices and competitions in a 50-meter pool, and the short course season runs roughly from September through March with most practices and competitions in a 25-yard pool.

Registration for the 2021 Long Course Season will open on April 5 and age group swimmers that were members during the 2020-2021 Short Course Season, not including incoming freshmen, will receive their group assignment. Group assignment for senior group swimmers, including incoming freshmen, will be determined during workouts the week of April 12 and April 19, and announced on April 25.

Practices for all groups will start the week of April 12. Swimmers must be registered prior to the start of the third week of practice. Practices will start at Noblesville High School and move to the Forest Park Aquatic Center once weather permits and the pool is available.

## Evaluations

All swimmers that are capable of swimming 25 yards of Freestyle and 25 yards of Backstroke unassisted are invited to join the club, regardless of speed. Swimmers that have not previously been members of the club will be asked to go through an evaluation so that they can be assigned to the appropriate group. Evaluations will be offered on March 24 and March 25 from 5 PM to 7 PM at Noblesville High School. Swimmers only need to attend one evaluation. If your swimmer is unable to make one of these, contact Head Coach Aleks Fansler ([aleks@noblesvilleswim.com](mailto:aleks@noblesvilleswim.com)) to schedule an alternate time.

## New Parent Meeting

There will be a parent meeting on April 14 from 5:30 PM to 6:30 PM tentatively at Noblesville High School. If this meeting cannot be held at Noblesville High School, it will be done via Zoom. Any parents are welcome to attend, but the information presented will be focused on information relevant for parents new to the club.



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## General Parent Meeting

There will be an all parent meeting on April 20 from 6:30 PM to 8:00 PM tentatively at Noblesville High School. If this meeting cannot be held at Noblesville High School, it will be done via Zoom. This meeting is for all families with swimmers registered for the 2021 Long Course Season.

## Volunteer Commitment

We will host our annual Enchanted Forest swim meet July 9-11 at the Forest Park Aquatic Center. To support this meet, each family will be responsible for filling 3 volunteer slots. **Failure to meet this commitment will result in a \$75 charge for each volunteer slot not filled.** The volunteer slots may be filled during a single session or over multiple sessions and may be filled by anyone meeting the requirements for the slot. Income from club hosted meets accounts for approximately 30% of the club's annual income. Hosting these meets not only allow us to keep the swim fees paid by our families down, they also allow our swimmers an opportunity to compete in a familiar environment. We would not be able to host these meets without volunteer support from our families.

## MAAPP

All families are expected to read and adhere to the Minor Athlete Abuse Prevention Policy (MAAP). A copy of this policy can be found at the end of this registration letter, as well as on the club website. Families that were not club members during the 2020-2021 Short Course Season will also be asked to provide a written acknowledgement of this policy.

## Membership Fees

The membership fees include an annual club registration fee, an annual USA Swimming registration fee, and a long course group swim fee.

Club Registration Fee – This is a \$75 fee that is only required for swimmers that were not club members during the 2020-2021 Short Course Season. This fee will be billed on the May 1 invoice.

USA Swimming Registration Fee – This is an \$81 fee that is only required for swimmers that do not already have an athlete membership to USA Swimming. This would primarily be swimmers that were not club members during the 2020-2021 Short Course Season and are not transferring from another club. This fee will be billed on the May 1 invoice.

Group Swim Fee – This fee is based on a swimmer's assigned group. We offer two payment options for the group swim fee. The group swim fee may either be paid in full on the May 1 invoice or may be paid on an installment plan with installments paid on May 1, June 1, and July 1. There is a 5% discount if the group swim fee is paid in full on May 1. We also offer a multi-swimmer discount on the group swim fee of 5% for the second swimmer, 10% for the third swimmer, and 15% for each additional swimmer from the same family.



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### Group Swim Fee Schedule (Does Not Include Club Registration & USA Swimming Registration)

Group	Swim Fee	Paid in Full Swim Fee
Discovery	\$260.00	\$247.00
Ignition	\$285.00	\$270.75
Voyager Black	\$310.00	\$294.50
Voyager Gold	\$370.00	\$351.50
Apollo Black	\$445.00	\$422.75
Apollo Gold	\$490.00	\$465.50
Endeavour	\$530.00	\$503.50
Senior Black	\$550.00	\$522.50
Senior Gold	\$580.00	\$551.00

### Group Swim Fee Installment Schedule (Does Not Include Club Registration & USA Swimming Registration)

Group	Swim Fee	May 1	June 1	July 1
Discovery	\$260.00	\$87.00	\$86.50	\$86.50
Ignition	\$285.00	\$95.00	\$95.00	\$95.00
Voyager Black	\$310.00	\$104.00	\$103.00	\$103.00
Voyager Gold	\$370.00	\$124.00	\$123.00	\$123.00
Apollo Black	\$445.00	\$149.00	\$148.00	\$148.00
Apollo Gold	\$490.00	\$164.00	\$163.00	\$163.00
Endeavour	\$530.00	\$177.00	\$176.50	\$176.50
Senior Black	\$550.00	\$184.00	\$183.00	\$183.00
Senior Gold	\$580.00	\$194.00	\$193.00	\$193.00

### Forest Park Aquatic Center

Each swimmer must be covered by a membership to the Forest Park Aquatic Center to attend practices there. A swimmer may have a Practice Only membership or be part of a Family membership. A swimmer will only be allowed to attend one practice at the Forest Park Aquatic Center without being covered by a membership. Membership information for the Forest Park Aquatic Center will be posted on the club website once it is available.



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## Scholarship Program

We offer a scholarship program to assist families in need with the group swim fee and USA Swimming offers a discounted membership through a program called Outreach. You can find out more details about our scholarship program on the club website, or by contacting Scholarship Chair Penny Neff ([penny@noblesvilleswim.com](mailto:penny@noblesvilleswim.com)). If your swimmer was a participant in the scholarship program during the 2020-2021 Short Course Season, you do not need to apply again for the 2021 Long Course Season.

## Referral Program

Any family that has been a member of the club for at least one season can receive a \$25 credit on their account by referring a new family to the club. This credit will be applied once the new family has completed the registration process and notified the Treasurer ([treasurer@noblesvilleswim.com](mailto:treasurer@noblesvilleswim.com)) of the referral.

## Splash Fees

Splash fees represent a swimmer's entry fee for a swim meet. These fees are *typically* \$5-6 per individual event and \$2 per relay. Each swimmer is also charged a \$2.00 surcharge by Indiana Swimming, and meets at the IU Natatorium also include a \$1.50 facility surcharge. These entry fees are published in the meet announcement for each meet, which can be found posted on the Indiana Swimming website and the club website once they are made available.

The splash fees for a meet will be billed to your club account generally on the first day of the month following the meet. Splash fees are incurred for all swimmers that are entered in a meet after the entry update deadline for that meet and will be billed to your account even if your swimmer misses the meet. If your swimmer is entered in a meet, but will be unable to attend, let your swimmer's coach know as soon as possible.

## Fundraising

- ShopWithScrip - This program not only raises money for use by the club, but also allows families to earn money that can be applied to group swim fees and splash fees. It works by allowing families to purchase gift cards to either give as gifts or pay for everyday purchases. Each gift card purchased offers a rebate that will be split by the club and the family.
- Amazon Smile – Any family that shops through Amazon can help raise money for the club by simply starting at the Amazon Smile website and selecting Noblesville Swim Club as the organization to support. Amazon will donate a portion of all eligible purchases to the club.
- Kroger – Any family that shops at Kroger can help raise money for the club by associating Noblesville Swim Club with a Kroger Awards card. The Kroger Awards card can be an existing card or a new one. Associating a Kroger Awards card with the club does not affect other awards that are earned by using the card.



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More information about these fundraising programs is available on the club website, or by contacting our Treasurer ([treasurer@noblesvilleswim.com](mailto:treasurer@noblesvilleswim.com)).

## Meet Schedule

The following is the tentative meet schedule for the 2021 Long Course Season. An announcement will be made when registration for these meets is open. If you miss the deadline for registering, or if your plans change after you have registered, please contact your swimmer's coach. Swimmers that qualify for the Indiana Senior State or Age Group State Championship will be automatically entered in those meets. If your swimmer qualifies for one of those meets, but will be unable to attend, please contact your swimmer's coach.

### 2021 Long Course Meet Schedule

Date	Meet	Location	Age Group Team	Senior Team
May 1-2	FRST Early Summer Slam	Franklin Community High School	X+	X
May 14-16	FAST 500	Fishers High School	X	X
June TBD	TBD	TBD	X	X
July 9-11	Enchanted Forest	Forest Park Aquatic Center	X	X✓
July 15-18	Indiana Senior State Championship	TBD	X*	X*
July 23-25	Indiana Age Group State Championship	TBD	X*	X*

X - This meet is appropriate for this group.

+ - This meet will be limited to Senior Gold, Senior Black, Endeavour, Apollo Gold, Apollo Black, and Voyager Gold.

\* - This meet has time standards that must be met.

✓ - This meet will be at coach's discretion.

## Apparel

All swimmers that are new to the club will receive 3 team shirts (one black, one gray, one gold), and a latex swim cap. Returning swimmers that register during the short course season are eligible to receive 1 replacement team shirt. At the start of each season, families will have the option of ordering additional team shirts and other spirit wear. Additional swim caps may be purchased at any time from a coach or board member. The cost of a swim cap is \$5 for latex and \$12 for silicone. Payment for swim caps may be made in cash or check, or charged to your account.

Swimmers may wear any suit during practice but are asked to wear either a team suit or an all-black suit during meets. Technical racing suits may only be worn at meets designated by the head coach. Team suits may be purchased from Elsmore Swim Shop. At the start of each season, Elsmore generally offers a designated day that they will be on-site at Noblesville High School for fittings and to buy suits and other gear. Families may also visit Elsmore Swim Shop at any time.

## Gear

The gear requirements for each group are different. At the start of each season, the coach of each group will provide a list of gear required for their group. Gear may be purchased from any vendor, including Elsmore Swim Shop.



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## Embroidery

Elsmore Swim Shop will embroider any items purchased at the shop with the club logo. Items purchased elsewhere can be embroidered with the club logo by Jester Promotions, MacDesigns, or T&T Promotions. Contact information for these vendors is available on the club website.

## Officials

Every swim meet requires officials to be successful. Working as an official will count toward volunteer commitments for meets hosted by Noblesville Swim Club, and officials working at meets hosted by other clubs receive free admission and access to the hospitality area. No prior experience or knowledge of swimming is necessary to become an official. If you would like more information, please contact Officials Chair Alicia Antonetti-Tricker ([alicia.tricker@gmail.com](mailto:alicia.tricker@gmail.com)).

## Annual Banquet

If COVID conditions allow, there will be a banquet on August 29 from 4:00 PM to 7:00 PM at Noblesville High School for all families that were club members during either the 2020-2021 Short Course Season and/or 2021 Long Course Season. During the banquet, all swimmers will be recognized and receive a gift. The banquet serves not only to recognize our swimmers, but also as the annual meeting of the club membership. If COVID conditions do not allow, this meeting will be done via Zoom.

## Websites

- Noblesville Swim Club – <http://noblesvilleswim.com>
- Indiana Swimming – <http://www.inswimming.org>
- USA Swimming – <http://usaswimming.org>
- ShopWithScrip – <https://shop.shopwithscrip.com>
- Amazon Smile – <https://smile.amazon.com>

## Social Media

- Facebook - <https://www.facebook.com/groups/noblesvilleswim/>
- Twitter - <https://twitter.com/noblesvilleswim>
- YouTube - <https://www.youtube.com/channel/UC1NLB-TjqJGJFWDReiKT5Ew>



## **Minor Athlete Abuse Prevention Policy**



#### **THIS POLICY APPLIES TO:**

- All USA Swimming non-athlete members and adult athlete members;
- Participating non-members (e.g., meet marshals, meet computer operators, timers, etc.);
- LSC and club adult staff and board members; and
- Any other adult authorized to have regular contact with or authority over minor athletes.

Collectively "Applicable Adult(s)"

#### **GENERAL REQUIREMENT**

USA Swimming member clubs and LSCs are required to implement this Minor Athlete Abuse Prevention Policy in full. The Minor Athlete Abuse Prevention Policy must be reviewed and agreed to in writing by all athletes, parents, coaches and other non-athlete members of member clubs on an annual basis with such written agreement to be retained by the club.

#### **ONE-ON-ONE INTERACTIONS**

##### **I. Observable and Interruptible**

One-on-one interactions between a minor athlete and an Applicable Adult (who is not the minor's legal guardian) must occur at an observable and interruptible distance from another adult unless meeting with a Mental Health Care Professional and/or Health Care Provider (see below) or under emergency circumstances.

##### **II. Meetings**

- a. Meetings between a minor athlete and an Applicable Adult may only occur if another adult is present and where interactions can be easily observed and at an interruptible distance from another adult, except under emergency circumstances.
- b. If a one-on-one meeting takes place, the door to the room must remain unlocked and open. If available, it must occur in a room that has windows, with the windows, blinds, and/or curtains remaining open during the meeting.
- c. Meetings must not be conducted in an Applicable Adult or athlete's hotel room or other overnight lodging location during team travel.

##### **III. Meetings with Mental Health Care Professionals and/or Health Care Providers**

If a Mental Health Care Professional and/or Health Care Provider meets with a minor athlete in conjunction with participation, including at practice or competition sites, a closed-door meeting may be permitted to protect patient privacy provided that:

- a. The door remains unlocked;
- b. Another adult is present at the facility;
- c. The other adult is advised that a closed-door meeting is occurring; and
- d. Written legal guardian consent is obtained in advance by the Mental Health Care Professional and/or Health Care Provider, with a copy provided to the club.

##### **IV. Individual Training Sessions [Recommended]**

Individual training sessions outside of the regular course of training and practice between Applicable Adults and minor athletes are permitted if the training session is observable and interruptible by another adult. Legal guardians must be allowed to observe the training session.

#### **SOCIAL MEDIA AND ELECTRONIC COMMUNICATIONS**

##### **I. Content**

All electronic communication from Applicable Adults to minor athletes must be professional in nature.

##### **II. Open and Transparent**

Absent emergency circumstances, if an Applicable Adult with authority over minor athletes needs to communicate directly with a minor athlete via electronic communications (including social media), the minor athlete's legal guardian must be copied. If a minor athlete communicates to the Applicable Adult (with authority over the minor athlete) privately first, said Applicable Adult must





copy the minor athlete's legal guardian on any electronic communication response to the minor athlete.

When an Applicable Adult with authority over minor athletes communicates electronically to the entire team, said Applicable Adult must copy another adult.

III. Requests to Discontinue

Legal guardians may request in writing that their minor athlete not be contacted through any form of electronic communication by the club, LSC or by an Applicable Adult subject to this Policy. The organization must abide by any such request that the minor athlete not be contacted via electronic communication, or included in any social media post, absent emergency circumstances.

IV. Hours

Electronic communications must only be sent between the hours of 8:00 a.m. and 8:00 p.m., unless emergency circumstances exist, or during competition travel.

V. Prohibited Electronic Communication

Applicable Adults with authority over minor athletes are not permitted to maintain private social media connections with unrelated minor athletes and such Applicable Adults are not permitted to accept new personal page requests on social media platforms from minor athletes, unless the Applicable Adult has a fan page, or the contact is deemed as celebrity contact as opposed to regular contact. Existing social media connections with minor athletes must be discontinued. Minor athletes may "friend" the club and/or LSC's official page.

Applicable Adults with authority over minor athletes must not send private, instant or direct messages to a minor athlete through social media platforms.

**TRAVEL**

I. Local Travel

Local travel consists of travel to training, practice and competition that occurs locally and does not include coordinated overnight stay(s).

Applicable Adults must not ride in a vehicle alone with an unrelated minor athlete, absent emergency circumstances, and must always have at least two minor athletes or another adult in the vehicle, unless otherwise agreed to in writing by the minor athlete's legal guardian.

[Recommended]

Legal guardians must pick up their minor athlete first and drop off their minor athlete last in any shared or carpool travel arrangement.

II. Team Travel

Team travel is travel to a competition or other team activity that the organization plans and supervises.

- a. During team travel, when doing room checks two-deep leadership (two Applicable Adults should be present) and observable and interruptible environments must be maintained.

When only one Applicable Adult and one minor athlete travel to a competition, the minor athlete's legal guardian must provide written permission in advance and for each competition for the minor athlete to travel alone with said Applicable Adult.

Team Managers and Chaperones who travel with the club or LSC must be USA Swimming members in good standing.

- b. Unrelated non-athlete Applicable Adults must not share a hotel room, other sleeping arrangement or overnight lodging location with an athlete.



Minor athletes should be paired to share hotel rooms or other sleeping arrangements with other minor athletes of the same gender and of similar age. When a minor athlete and an adult athlete share a hotel room or other sleeping arrangement, the minor athlete's legal guardian must provide written permission in advance and for each instance for the minor to share a hotel room or other sleeping arrangement with said adult athlete.

- c. Meetings during team travel must be conducted consistent with the One-on-One Interactions section of this Policy (i.e., any such meeting must be observable and interruptible). Meetings must not be conducted in an individual's hotel room or other overnight sleeping location.

#### **LOCKER ROOMS AND CHANGING AREAS**

##### **I. Requirement to Use Locker Room or Changing Area**

The designated locker room or changing area must be used when an athlete or Applicable Adult changes, in whole or in part, into or out of a swimsuit when wearing just one suit (e.g., deck changing is prohibited).

##### **II. Use of Recording Devices**

Use of any device's (including a cell phone's) recording capabilities, including voice recording, still cameras and video cameras in locker rooms, changing areas, or similar spaces by a minor athlete or an Applicable Adult is prohibited.

##### **III. Undress**

An unrelated Applicable Adult must not expose his or her breasts, buttocks, groin or genitals to a minor athlete under any circumstance. An unrelated Applicable Adult must not request an unrelated minor athlete to expose the minor athlete's breasts, buttocks, groin or genitals to the unrelated Applicable Adult under any circumstance.

##### **IV. One-on-One Interactions**

Except for athletes on the same team or athletes attending the same competition, at no time are unrelated Applicable Adults permitted to be alone with a minor athlete in a locker room or changing area, except under emergency circumstances. If the organization is using a facility that only has a single locker room or changing area, separate times for use by Applicable Adults must be designated.

##### **V. Monitoring**

The club must regularly and randomly monitor the use of locker rooms and changing areas to ensure compliance with this Policy. Locker rooms and changing areas may be monitored by use of the following methods:

- a. Conducting a sweep of the locker room or changing area before athletes arrive;
- b. Posting staff directly outside the locker room or changing area during periods of use;
- c. Leaving the doors open when adequate privacy is still possible; and/or
- d. Making occasional sweeps of the locker rooms or changing areas with women checking on female locker rooms and men checking on male locker rooms.

Every effort must be made to recognize when a minor athlete goes to the locker room or changing area during practice and competition, and, if the minor athlete does not return in a timely fashion, to check on the minor athlete's whereabouts.

##### **VI. Legal Guardians in Locker Rooms or Changing Areas**

Legal guardians are discouraged from entering locker rooms and changing areas. If a legal guardian does enter a locker room or changing area, it must only be a same-sex legal guardian and the legal guardian should notify a coach or administrator in advance.



## **MESSAGES AND RUBDOWNS/ATHLETE TRAINING MODALITIES**

- I. Definition: In this section, the term “Massage” refers to any massage, rubdown, athletic training modality including physical modalities (e.g., stretching, physical manipulation, injury rehabilitation, etc.) and electronic or instrument assisted modalities (e.g., stim treatment, dry needling, cupping, etc.).
  
- II. General Requirement  
Any Massage performed on an athlete must be conducted in an open and interruptible location and must be performed by a licensed massage therapist or other certified professional. However, even if a coach is a licensed massage therapist, the coach must not perform a rubdown or massage of an athlete under any circumstance.
  
- III. Additional Minor Athlete Requirements
  - a. Written consent by a legal guardian must be obtained in advance by the licensed massage therapist or other certified professional, with a copy provided to the club.
  - b. Legal guardians must be allowed to observe the Massage.
  - c. Any Massage of a minor athlete must be done with at least one other adult present and must never be done with only the minor athlete and the person performing the Massage in the room.
  - d. [Recommended] Any Massage of a minor athlete must only occur after a proper diagnosis from a treating physician and be done in the course of care according to the physician’s treatment plan.

**USA SWIMMING MAAPP POLICY ACKNOLEGMENT**

***Noblesville Swim Club***



I acknowledge that I have received, read and understood the Minor Athlete Abuse Prevention Policy and/or that the Policy has been explained to me or my family. I further acknowledge and understand that agreeing to comply with the contents of this Policy is a condition of my membership with     Noblesville Swim Club     (USA Swimming member club).

Name: \_\_\_\_\_ (Parent name)

Signature: \_\_\_\_\_ (Parent Signature)

Date: \_\_\_\_\_