



## 2023 Indiana Swimming Spring Central East Divisional Championships

### Warm-Up Lane Assignments

Lane	Teams
1	Noblesville Swim Club
2	Noblesville Swim Club
3	Jay County Swimming, Oak Hill Swim Club, Surge
4	Fishers Area Swimming Tigers
5	Cardinal Community Swim Club
6	Pendleton Swim Club, Yorktown Swim Club, Trojan Aquatic Club
7	Southeastern Swim Club
8	Southeastern Swim Club

- Continuous warm-up in the diving well with feet first entry only.
- All coaches are encouraged to work together to balance lane assignments.
- Each lane should work together for Sprint/Pace/Starts.