

Short Course events

PHS Swim Season
continues

PCMS Swim Season
begins

FAST Mudsock
Classic: Jan. 15-18



January 2021 Edition



PCA Intersquad Meet Dec. 12, 2020

Note from the Board of Directors

Well we made it through 2020, which I think everyone will agree was a year full of challenges and obstacles. What I learned from 2020 is that we have an incredible coaching staff who goes above and beyond for our athletes. We have dedicated athletes who adapt to changes when presented to them. And parents who are very supportive, patient and willing to step up to the plate when needed. Needless to say PCA is a strong team because of this.

As we move into 2021 and the unknown of what the year will look like, I know that last year taught us a lot on how to adjust, think out of the box and strive for the best we can do. Our coaching staff is dedicated to training the athletes the best they can with the resources they have been given. They are focused on finding every possible opportunity for our athletes to compete, which is extremely challenging in today's environment.

We look forward to when we are able to offer all our programs again, host our annual swim meet and take up where we left off in growing PCA into an outstanding swim club.

Wishing you health and happiness in 2021,

Angela Maar

PCA Board President

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Welcome Coach Jenna

Coach Jenna joined the PCA staff in December. She is a 2015 graduate of Plainfield High School where she was a 4 year varsity swimmer. In her time at PHS, Jenna was most known for her 200 freestyle, 500 freestyle, and 400 free relay events where she was a top finisher at County, Conference, and Sectional meets. In the off season, Jenna was a club swimmer at Hendricks Elite Aquatics Team. Coach Jenna continued her athletic career at Purdue University by swimming for the Purdue Swim Club until 2018. She also served as an assistant coach for the Splash Island Developmental Swim Team for 5 years.



In college, Coach Jenna studied Speech, Language, and Hearing Sciences at Purdue University from 2015 to 2019. Jenna graduated with her undergraduate degree from Purdue in May of 2019. She is continuing her education at Indiana State University where she is getting her masters degree in Speech Pathology. Currently, she is going through her school and medical practicums in Plainfield.

From Coach Johnson's Desk

The PHS swimming teams have been solid so far this season thanks to the efforts the kids put in during the shutdown. It has been evident that our kids came into season in better shape than many of our opponents. PCA swimmers make up more than 90 percent of the point scoring swims through the season so far. The girls team is currently unbeaten at 6-0 and the boys have a 4-2 record in dual meets. Both teams were Hendricks County champions. This success does not come as a surprise, our PCA senior athletes have been extremely focused since our return to the water on July 6! We are hopeful for the opportunity to finish the season strong, and if we do get through it, it should be one for the history books.



A BIG Congratulations to PHS Boys and Girls.....Hendricks Co. Champs!



Also.....a Shout-Out to all our amazing PCA swimmers from Cascade and Danville!

Dane Market: 1st (100 Breaststroke), Caroline Glaze, Olivia Glaeser

Katie DiBenedetto, Hunter Eisele, Caleb Hudson, Maggie Hudson, Luke Phillips, Carson Sadler, Ty Simon, Eli Phillips, Max Warner

PCA Meet Recap

Thank you to everyone who helped make our PCA Intersquad Meet happen! The time given to PCA by our timers, officials, announcers and camera crew was amazing. Our kids produced some incredible swims. Jaxon Russell had multiple Zone cuts. Grant VanWanzeele, Gracie Brackney, Taylor Brackney, Jared Beasley, and Brian Beasley had State cut swims. Multiple club records were broken as well. A special thanks to Jacob Armstrong for making the meet available online for our families. Any chance we can create for our kids to compete is fantastic, and they took advantage of it!



Parent's Corner

In this section we want to pass along great information for parents of swimmers. Did you know that on the USA Swimming website there's a tab just for Parent's with all kinds of helpful articles and videos? Here's the link to access those <https://www.usaswimming.org/for-you/parents>

We are all in this together...PCA Support!

Here's a link to a great article from USA Swimming....stay focused, stay safe, and safe healthy!

Mastering Negative Thinking and Self-Doubts During This Crazy Season



Stay in touch.....

www.swimpca.com

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