

Short Course Events

**Boilermaker
Aquatics Winter
Champions Invite
Dec. 3-5**

**PCA Intrasquad
Meet Jan. 9**

**CGAC Super Bowl
Splash Jan. 28-30**

**ACST Aqua Sprints
Feb. 11-13**

**PCA Intrasquad
Meet Feb. 27**



December 2021 Edition



PCA 2021 Invitational Swim Meet "Green Pool"

Note from PCA Meet Director:

The 2021 PCA invitational was held on November 6th & 7th with 260 swimmers from 7 swim clubs competing at the meet. The meet was a great success for our club, we received positive feedback from each of the participating clubs saying how much fun and how well organized the meet was. This simply would not have been possible without the support of everyone who volunteered. From admissions to timers and everyone in between, thanks to you all! Additionally, a special thanks goes out to the meet planning committee. All of your hard work and preparations leading up to the meet made it seamless and smooth. This meet is an annual event for our Club, and we look forward to hosting the 2022 PCA Invitational next November!



PCA Invitational Meet High Point Award Winners

Jaxon Russell-Payton Clark-Averie Keating

Purdue-Boilermaker Aquatics Invite



New State Cuts

Aubrie Keating: 50 Free & 50 Breast

Josie Heyob: 1000 & 1650



State Cut Relay

- Madeline
- Maddie
- Aubrie
- Payton

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Swim Group Recaps:

Ripples/Swells: Coach Jenna

Ripples and Swells are having a terrific season so far. We have a lot of new faces in Ripples that show a lot of great potential. This season Ripples has been focusing on good technique with harder strokes (breaststroke/butterfly) while adding more yardage and speed to backstroke and freestyle. Kunsh Patel has been a swimmer to watch at our recent meets. At the Purdue meet, Kunsh had a 35 second time drop in the 100 yard back! Swells have been accomplishing harder sets and using the clock for their swims. Kate Mullenix has been the swimmer to watch from Swells. She had a 3 second time drop in the 50 yard breaststroke at the Purdue Meet. We also are seeing more and more of our younger swimmers participating in meets! Sofia Spacco and Elizabeth Nava-Guevara made their first meet debut and did swimmingly! Great job everyone!

Breakers: Coach Lise

The Breakers had a great start to our short course season. Riley Sutherlin, Bryn Baitis, Teagan Bendler, Leah Cello and Lidia Spacco competed in their first age group meet for PCA.

At the Franklin meet Olivia Moore earned the 8-9 year old high point award and earned a divisionals cut in the 50 fly. All of our swimmers continue to improve their technique which has resulted in numerous time drops. At the PCA meet Eli Eash had an astonishing drop of over a minute in his 200 free and Evan Eash dropped over 10 seconds in his 50 fly. At the Purdue meet Olivia Moore placed top 8 in all her events and earned another divisionals cut in the 50 back.

Juniors: Coach Chris

With the short course season well underway, the juniors team has seen an excellent start through their first couple months. Numerous juniors have already secured divisional and state cuts in varied events which is truly a testament to the growth these athletes have seen recently. Some honorable mentions going to the 11-12 girls team of Payton Clark, Aubrie Keating, Maddie Moore, and Maddie Western securing a state cut in the Medley Relay and Aubrie Keating securing a state cut in the 50 Free and 50 Breast at the Purdue Meet this past weekend! As a team, the Juniors have recently moved into new territory with their training. Refined techniques, harder workouts, and longer yardage; all of which they've stepped up as a team to face head-on. We're looking forward to a strong finish at the end of this short course season!

Senior Pep/Seniors: Coach Johnson, Coach Ben, Coach Hallie

Senior team members have all been working under the guidance of their high school programs since the beginning of November. While most PCA senior swimmers represent Plainfield High School, there are a few who are representing other schools. In the early high school season, Dane Market (Cascade HS), Max Warner (Danville HS) and Xander Straw, Hallie Meier (Plainfield HS) have set the pace early for their programs, scoring big points in dual meets. Nathan Bolinger was the lone senior boy to represent PCA at the Boilermaker Aquatics Winter Invite, recording several personal best swims. On the girls side, Averie Keating and Josie Heyob represented

PCA at the Boilermaker Aquatics Invite in a BIG way. Keating broke multiple club records in the 13-14 age group and Heyob earned new senior state cuts in 2 events. All senior team members are approaching that time of season when training volume intensifies and we set up for success in February and March. They will have a high demand placed on them by their coaches and should be ready to go when it really counts at the end of the short course season!



Congratulations!!

Brian Beasley

Winter Junior Nationals

44th out of 108

Parent's Corner:

In this section we want to pass along great information for parents of swimmers. Did you know that on the USA Swimming website there's a tab just for Parent's with all kinds of helpful articles and videos? Here's the link to access those <https://www.usaswimming.org/for-you/parents>

Elmore Gear Items & PCA Online Spirit Store:

All PCA swimmers competing in swim meets must be in a PCA Arena suit and PCA swim cap (if cap is worn). Suits are available to purchase from our partner swim shop-Elmore. A link is provided on our website under team gear or [click here](#). Swimmers must wear PCA logo apparel on the podium and Arena brand (for example: if a swimmer has a parka of another brand such as Speedo, they are asked to wear a PCA shirt/sweatshirt for podium awards instead as we are under an Arena contract.)

(Non-personalized caps will be available to purchase from coaches. \$10/each)



Looking Ahead....Championship Meets!!

March 4-6 Divisionals @ Crawfordsville High School

March 11-13 Age Group State @ IUPUI

March 18-20 Senior State @ Elkhart Health and Aquatic Center

March 31-April 3 USA Sectionals @ IUPUI

PCA Sponsors! Thank you....Thank you!



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We wish all our PCA Families a Merry Christmas and a Happy New Year!

Stay safe and enjoy your family time.