# PLYMOUTH AQUTICS CLUB SUMMER SEASON 2013 AT-A-GLANCE

Head Coach Leanne Senter\*\*\*Gold Coach Kari Vanzca\*\*\*Silver Coach Megan Senter\*\*\*Bronze Coaches Julie Stauffer and Coach Leanne

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| MAY (all practices @ CMA) | JUNE (all practices @ Centennial Pool) | JULY |
| WEEK OF APRIL 29 – MAY 2  MON – registration and orientation. Your questions answered. Kids will learn and swim from 6-7ish.  T – TH – Bronze and new swimmers - 6-7  Silver – 6-7:15  Gold – 6-7:30  State/Seniors – 6-8 | Once we move outside we will run 2 practices a day. The morning will be the MAIN practice and the evening time will be a “bonus” practice, working more on drills, technique and conditioning.  If there are any swimmers who can only attend evening practices arrangements will be provided. | July’s schedule will be the same as June! |
| WEEK OF MAY 6-8 M – TH  \*new swimmers will be assigned a group\*  B 6-7  S 6-7:15  G 6-7:30  St/Sr – 6-8 | BEGINNING JUNE 3  AM M-F  State/Seniors 7-9  Gold 8:30-10  Silver 8:45-10  Bronze 9-10  PM M-TH  M & W 7-8 10&U  T & TH 7-8 11&OVER |  |
| MAY 11 MEET @ NASA | JUNE 15 MEET @ ELK CENT | JULY 5-7 MEET @ NOTRE DAME |
| WEEK OF MAY 13-16 -SAME AS ABOVE | JUNE 29-30 SHARKFEST @ HOME!!! WOOHOO – GO SHARKS! | JULY 13 MEET @ HOME |
| MAY 17-19 MEET @ UTSC |  |  |
| WEEK OF MAY 20-23 - SAME |  |  |
| WEEK OF MAY 27-30  \*no practice on Monday, Memorial Day\*  T-TH - SAME |  |  |
| MAY 31-JUNE2 MEET @ CONCORD – MERRIFIELD PARK |  |  |
|  | Coach Leanne Info:  Cell: 574 952 7379  Email: plysharkbites@gmail.com |  |

Other things to look forward to: Friday Nite Fun and Sunday Shark School! More info later…….