



ZIONSVILLE
— **SWIM CLUB** —

Z Heat Invite
June 29-June 30, 2019
North Central High School
Indianapolis, IN

Z-HEAT INVITE June 29-30, 2019

- This meet is sanctioned by USA Swimming and Indiana Swimming. Sanction number #IN19313
- The number of entries in events may be limited in order to stay under the 4 hour limit per session
- Entries will be accepted starting May 28, 2019.
- The entry deadline will be June 15, 2019.

Facility Address

North Central High School Natatorium
1801 E. 86th Street
Indianapolis, IN 46240

Meet Director

Tim Sams
Email: Trsams1@gmail.com
317-714-8720

Meet Referee

Mike Asam
Email: officials@zionsvilleswimclub.org

Entry Chair

Brandi Bowlds
Email: brandi@zionsvilleswimclub.org
Phone: 502-475-1787

Site Director

Josh Saylor
Head Coach WTSC
Email: jsaylor5@hotmail.com

Host Club: Zionsville Swim Club, Inc. (ZSC-IN)

Location:

North Central High School Natatorium
1801 E. 86th Street
Indianapolis, IN 46240

Facility: The North Central Natatorium will use a 50-meter 10 lane competition pools with 10 lanes and Keifer-McNeil non-turbulent lane markers. Competition will take place in eight lanes with one lane reserved for continuous warm-up & warm-down. The minimum water depth, measured in accordance with Article 103.2.3, is 5.0 feet at each end of the pool. The competition course has not been certified in accordance with 104.2.2C(4). Enter through door #24 on the southwest side of the school.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

Closed Invite: This will be a closed invite meet limited to 4 teams other than ZSC.

Rules: Current USA Swimming and Indiana Swimming rules will govern this meet. Swimming Rules 202.3.2 – At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Coaches MUST constantly display their USA swimming coach credential to gain deck access. The meet referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid/current.

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In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in USA Swimming rule 205.101.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coaches area, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

Eligibility: Swimmer(s) must be registered with USA Swimming to be accepted into this meet. Age as of June 29, 2019 shall determine the swimmer's age for the entire meet. Indiana Swimming does not process on-site registrations.

Entry Limitations: Each swimmer will be limited to 4 individual events each day of the meet. If an entry is submitted with a swimmer in more individual events than allowed, the swimmer will be entered into the order of events until the rule is satisfied. Short course yards times will be converted by HyTek Meet Manager to determine seeding. If submitting meter times, please make sure your entry is correct.

Limited Events: The number of entries in events may be limited to stay under the 4-hour limit per session Sat. and Sun. It is not our intent to limit the Open 1500 Meter Freestyle on Saturday – but we reserve the right to limit the heats in this event should the number of entries warrant. All participants in the 1500 freestyle will be required to provide one timer and one lap counter.

Refunds: In any meet sanctioned by Indiana Swimming other than Championship Meets, the host team shall limit the number of swimmers in any one or more events to maintain a reasonable length of the meet. In the event that entries are limited, the host team must return the entry fees to the club(s) whose swimmers are not allowed to compete in the specific event(s).

Fees:

- \$2.00 per swimmer Indiana Swimming surcharge
- \$4.00 per individual event.
- \$6.00 per relay event.
- \$8.00 per individual event for deck entries if allowed.
- Make checks payable to Zionsville Swim Club.
- Fees must accompany each team's entry if sent by mail and must be received before Saturday AM warm-ups if a team sends an email entry. If deck entries are allowed, the fee will be \$8.00 per individual. There will be no refunds issued for any missed or scratched events. In addition, per Indiana Swimming, all sanctioned meets must charge a \$2.00 surcharge fee per athlete.

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Seeding: Long Course meters times will be used for seeding. Short course yard times submitted should be identified as such, and will be converted to meter times for seeding. "No time" entries will be seeded last.

Awards: Ribbons will be given for 1st through 16th place for each event. 8 & unders will be awarded separately from 9-10 year olds in the 10 & Under events.

Schedule:

Session	Start Time	Age Groups
Saturday & Sunday AM	7am Warm-up 8am Competition	13 & Older
Saturday & Sunday PM	Warm-up after AM session, but not before Noon. Competition begins one hour after warm up begins, but not before 1pm.	12 & Under

Additional Costs:

- Spectator Admission - \$3 per session, \$5 per day or \$10 for the weekend
- kids 10 & under free
- Heat Sheets -
 - \$3.99 available only through the Meet Mobile app
 - \$2 per session hardcopy at admissions
- Psych Sheets—free! Will be posted to the www.zionsvilleswimclub.org website

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Session 1: Saturday AM

13 & Older Warm Up 7am – Starts 8am

GIRLS	EVENT	BOYS
1	13-14 200 IM	2
3	OPEN 200 IM	4
5	13-14 200 Medley Relay	6
7	OPEN 200 Medley Relay	8
9	13-14 100 Back	10
11	OPEN 100 Back	12
13	13-14 200 Breast	14
15	OPEN 200 Breast	16
17	13-14 100 Fly	18
19	OPEN 100 Fly	20
21	13-14 50 Free	22
23	OPEN 50 Free	24
25	OPEN 400 Free	26
15 Minute Break		
	OPEN 1500 Free	28

Session 2: Saturday PM

12 & Under Warm Up Not Before Noon – Starts Not before 1pm

GIRLS	EVENT	BOYS
29	11-12 400 Free	30
31	10 & Under 200 Free	32
33	11-12 200 Medley Relay	34
35	10 & Under 200 Medley Relay	36
37	11-12 100 Free	38
39	10 & Under 100 Back	40
41	11-12 50 Back	42
43	10 & Under 50 Breast	44
45	11-12 100 Breast	46
47	10 & Under 100 Fly	48
49	11-12 50 Fly	50
51	10 & Under 50 Free	52
53	11-12 200 IM	54

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Session 3: Sunday AM

13 & Older Warm Up Not before 7am – Starts 8am

GIRLS	EVENT	BOYS
55	OPEN 400 IM	56
57	13-14 200 Free Relay	58
59	OPEN 200 Free Relay	60
61	13-14 100 Free	62
63	OPEN 100 Free	64
65	13-14 200 Fly	66
67	OPEN 200 Fly	68
69	13-14 200 Back	70
71	OPEN 200 Back	72
73	13-14 100 Breast	74
75	OPEN 100 Breast	76
77	13-14 200 Free	78
79	OPEN 200 Free	80
	15 Minute Break	
81	OPEN 1500 Free	

Session 4: Sunday PM

12 & Under Warm Up Not Before Noon – Starts Not before 1pm

GIRLS	EVENT	BOYS
83	11-12 200 Free	84
85	10 & Under 100 Free	86
87	11-12 200 Free Relay	88
89	10 & Under 200 Free Relay	90
91	11-12 100 Back	92
93	10 & Under 50 Back	94
95	11-12 100 Fly	96
97	10 & Under 50 Fly	98
99	11-12 50 Breast	100
101	10 & Under 100 Breast	102
103	11-12 50 Free	104
105	10 & Under 200 IM	106

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Please supply the information requested below and mail with your Official Form and check to the Entry Chairperson. Make check payable to: Zionsville Swim Club.

Club Name: _____ Club Code _____

Entries and Fees:

Total Swimmers Entered: _____ @ \$ 2.00 Athlete Surcharge = _____

Total Individual Entries : _____ @ \$ 4.00 per event = _____

Total Relay Entries: _____ @ \$ 6.00 per event = _____

TOTAL FEES DUE = _____

<u>Club Official Submitting Entry:</u>	<u>Coaches' Names</u>
Name _____	_____
Address _____	_____
City _____	_____
State/Zip _____	_____
Phone Number _____	_____
E-mail _____	_____

Release and Hold Harmless Agreement

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned for himself, his successors and assigns, hereby releases and forever discharges the Zionsville Swim Club, Inc. and its Board of Directors, USA Swimming, Indiana Swimming, Washington Township Swim Club, North Central High School and each of their respective officers, agents, employees, members, successors and any other persons in any way connected with this meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further the undersigned shall indemnify and hold harmless USA Swimming, Zionsville Swim Club, Washington Township Swim Club, North Central High School and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way and claims arising out of or in connection with any injury, including death, or alleged injury of damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Executed this _____ day of _____, 2019.

Signature of Club Official or Coach: _____

Did you include?

_____ Check to Zionsville Swim Club

_____ This form completed and signed