

**SWIM
IRELAND**

**Swim
Ulster**

**2020
McCullagh International Meet**

ENTRY RULES & FORMS

**Aurora Complex, Bangor. Co. Down.
Thursday 20th to Sunday 23rd February 2020**

PLEASE NOTE a CHANGE in the ORDER of events and the running of the eve



**SPÓRT ÉIREANN
SPORT IRELAND**



**sport
Northern Ireland**

MEET CONDITIONS

These Meet Conditions must be read in conjunction with the Swim Ireland General Event Rules available on the SI website at

<http://www.swimireland.ie/competitions-events/regulations-and-safety>

Meet Location:	Aurora Complex, Bangor, Co. Down	
Pool Specification:	10 lane 50m pool; anti-turbulence lane ropes; wedge starting blocks; backstroke ledges; 5 lane 25m warm up/swim down pool	
Meet Type:	<p>Full Olympic Programme plus 50m Form Strokes. Three 'Open' Olympic relay events per gender plus Mixed Medley Relay 200m IM, 200m Freestyle, 200m Backstroke, 200m Breaststroke, 200m Butterfly, 400m IM and 400m Freestyle individual events for Age Group and to be run as the first set of heats on Thursday, Friday and Saturday. 'Open A', 'Open B' and 'Age Group' integrated Finals for all available events other than Relays and 800m/1500m (Timed Finals) There are no restrictions on overseas swimmers/clubs proceeding to finals in this competition</p>	
Session Times:	<p>Session 1: Thursday 20th February Warm-up 1230; Competition 1330 Session 2: Thursday 20th February Warm-up 1600; Competition 1730 Session 3: Friday 21st February Warm-up 0830; Competition 1000 Session 4: Friday 21st February Warm-up 1230; Competition 1330 Session 5: Friday 21st February Warm-up 1600; Competition 1730</p>	<p>Session 6: Saturday 22nd February Warm-up 0830; Competition 1000 Session 7: Saturday 22nd February Warm-up 1230; Competition 1330 Session 8: Saturday 22nd February Warm-up 1600; Competition 1730 Session 9: Sunday 23rd February Warm-up 0830; Competition 1000</p>
Age:	<p><i>Qualifying Times</i> to reflect three age groups per gender. Age Groups as: Age Group (Male 12-14 and Female 12-13); Youth (Male 15-18 and Female 14-17) and Open Youth Qualifying Times will be for male competitors born 2002 – 2005 and female competitors born 2003 – 2006 Age Group Qualifying Times will be for male competitors born 2006-2008 and female competitors born 2007-2008.</p> <p><i>Finals</i> to reflect two age groups per gender Open: all Youth & Open swimmers Age Group: male competitors born 2006-2008 and female competitors born 2007-2008</p>	
Qualification Criteria:	<p>Times may be achieved in both Short Course & Long Course in the Period 1st May 2019 – 20th January 2020. Times must have been achieved in meets licenced at Level 3 or higher to be eligible to be used for entry into this meet. Short Course times used for entry will be converted to Long Course via the Meet Management System for seeding purposes.</p>	
Finals:	<p>The fastest ten competitors from the open heats shall be allocated places in the A-Final and the next fastest ten competitors shall be allocated places in the B-Final, with two</p>	

	<p>reserves</p> <p>The fastest ten swimmers in each Age Group event shall be allocated places in the Age Group Final, with two reserves</p>
Team Leaders Meeting:	<p>Technical meeting will take place on Thursday 20th February, at 11.30am at the competition venue. Attendance at this meeting is mandatory. Each club must be represented by one or more delegates. A club (not a delegate) attending the meeting may also represent a maximum of one additional club. Any such representation must be declared in writing at the meeting. If a club is not represented at this briefing, you are agreeing to any decisions made at the meeting and agree to abide by them at the meet. Club packs will be available for collection at this meeting.</p>
Withdrawals:	<p>Withdrawals from day 1 must be emailed to entries@swimireland.ie between 10/02/2020 & 3pm on 19/02/2019. Withdrawals for days 2, 3 & 4 must be submitted by 6pm the previous day, i.e. for day 2, withdrawals must be submitted by 6pm on day 1. There will be a €50 fine if swimmers are not withdrawn within 30 minutes of the announcement of the results of an event for the final that evening or by 6pm for an event for the next day.</p>
Accreditation:	<p>Accreditation will be produced through the Go-Membership system. Club admins will need to apply for accreditation for athletes, team managers & coaches. Please ensure that team managers & coaches meet all the requirements for accreditations, otherwise they will not be awarded. Accreditation lanyards & pouches can be collected at the accreditation desk, which will be located beside the Swim Ireland information table.</p> <p>Further information on accreditation will be circulated to clubs in the next few weeks.</p>
Entry Form:	<p>Entries via ONLINE system and CLOSING DATE is Mon 20th January</p>
Entry Deadline:	
Entry Fees:	<p>Individual entries cost €10/£9 per event. Fees will be added directly to your account</p> <p>Relay entries cost €25/£22 per event.</p> <p>No entry will be processed until the appropriate fee has been received at the Swim Ireland Office. Payment options are detailed in the Entry Summary Sheet.</p> <p><i>Please note that entries are non-refundable once the final date for payment has passed</i></p>
Relay Entries:	<p>Clubs are permitted to enter more than one relay team per event. The names of the 4 relay team members swimming in the race and the order of swimming must be declared on the official Team Declaration Sheet and submitted to the Swim Office Table no later than 60 minutes before the start of the session in which the race takes place. Failure to do so will be subject to a fine of €50 without exception and disqualification of the relay team.</p> <p>All competing swimmers must be entered in the meet (<i>even if they are not swimming in</i></p>

	<i>individual events</i>). Relay teams that swim in an order that is different from the declared order of swimming shall be disqualified in accordance with FINA Rule SW 10.12.
Scoring:	Top 10 swimmers in each event receive points (10-1) based on final results. The Irish club team with the highest cumulative points are awarded the Dave McCullagh Memorial Trophy.
Awards:	Medals are awarded for top-3 placings.
Swimsuits:	All swimsuits must comply with FINA regulations and must bear the FINA approved stamp (https://www.fina.org/sites/default/files/frsa.pdf)
Health & Safety:	Please refer to the Health & Safety guidelines at the back of this document and also the Swim Ireland Code of Practice for Safety (Swimming) on the Swim Ireland website.
Further Info:	Please direct all queries to entries@swimireland.ie .

Order of Events

Day 1 – Thu 20 th February 2020	Day 2 – Fri 21 st February 2020	Day 3 – Sat 22 nd February 2020	Day 4 – Sun 23 rd February 2020
	Session 3: 1000 - Finals	Session 6: 1000 – Finals	Session 9: 1000 – Finals
	Female 14/Over 400m IM 'B' & 'A' Finals Male 15/Over 50m Backstroke 'B' & 'A' Finals Female 14/Over 50m Backstroke 'B' & 'A' Finals Male 15/Over 100m Freestyle 'B' & 'A' Finals Female 14/Over 100m Freestyle 'B' & 'A' Finals Male 15/Over 200m Butterfly 'B' & 'A' Finals Female 14/Over 200m Butterfly 'B' & 'A' Finals Male 15/Over 100m Breaststroke 'B' & 'A' Finals Female 14/Over 100m Breaststroke 'B' & 'A' Finals Male 15/Over 800m Freestyle (Fastest Heat) Female 14/Over 1500m Freestyle (Fastest Heat)	Male 15/Over 400m IM 'B' & 'A' Finals Female 14/Over 50m Butterfly 'B' & 'A' Finals Male 15/Over 50m Butterfly 'B' & 'A' Finals Female 12/13 years 200m IM Final Female 14/Over 200m Freestyle 'B' & 'A' Finals Male 15/Over 200m Freestyle 'B' & 'A' Finals Male 12/13/14 years 200m Freestyle Final Female 14/Over 100m Backstroke 'B' & 'A' Finals Male 15/Over 100m Backstroke 'B' & 'A' Finals Female 12/13 years 200m Breaststroke Final Female 14/Over 200m Breaststroke 'B' & 'A' Finals Male 15/Over 200m Breaststroke 'B' & 'A' Finals Male 12/13/14 years 200m Backstroke Final Female 12/13 years 200m Butterfly Final Male 15/Over 1500m Freestyle (Fastest Heat) Female 14/Over 800m Freestyle (Fastest Heat)	Male 15/Over 50m Freestyle 'B' & 'A' Finals Female 14/Over 50m Freestyle 'B' & 'A' Finals Male 12/13/14 years 200m IM Final Male 15/Over 50m Breaststroke 'B' & 'A' Finals Female 14/Over 50m Breaststroke 'B' & 'A' Finals Female 12/13 years 200m Freestyle Final Male 15/Over 200m Backstroke 'B' & 'A' Finals Female 14/Over 200m Backstroke 'B' & 'A' Finals Male 12/13/14 years 200m Breaststroke Final Male 15/Over 100m Butterfly 'B' & 'A' Finals Female 14/Over 100m Butterfly 'B' & 'A' Finals Female 12/13 years 200m Backstroke Final Male 15/Over 200m IM 'B' & 'A' Finals Female 14/Over 200m IM 'B' & 'A' Finals Male 15/Over 400m Freestyle 'B' & 'A' Finals Female 14/Over 400m Freestyle 'B' & 'A' Finals
Session 1: 1330 – Heats	Session 4: 1330 – Heats	Session 7: 1330 – Heats	
Female 12/13 years 400m IM HDW Male 12/13/14 years 400m IM HDW Female 12/13 years 400m Freestyle HDW Male 12/13/14 years 400m Freestyle HDW	Female 12/13 years 200m IM Male 12/13/14 years 200m Freestyle Female 12/13 years 200m Breaststroke Male 12/13/14 years 200m Backstroke Female 12/13 years 200m Butterfly	Male 12/13/14 years 200m IM Female 12/13 years 200m Freestyle Male 12/13/14 years 200m Breaststroke Female 12/13 years 200m Backstroke Male 12/13/14 years 200m Butterfly	

Session 2: 1730 - Heats	Session 5: 1730 - Heats	Session 8: 1730 - Heats	
Female Open 800m Freestyle Relay (HDW)	Male 15/Over 400m IM	Male 15/Over 50m Freestyle	
Male Open 800m Freestyle Relay (HDW)	Female 14/Over 50m Butterfly	Female 14/Over 50m Freestyle	
Female 14/Over 400m IM	Male 15 /Over 50m Butterfly	Male 15/Over 50m Breaststroke	
Male 15/Over 50m Backstroke	Female 14/Over 200m Freestyle	Female 14/Over 50m Breaststroke	
Female 14/Over 50m Backstroke	Male 15/Over 200m Freestyle	Male 15/Over 200m Backstroke	
Male 15/Over 100m Freestyle	Female 14/Over 100m Backstroke	Female 14/Over 200m Backstroke	
Female 14/Over 100m Freestyle	Male 15/Over 100m Backstroke	Male 15/Over 100m Butterfly	
Male 15/Over 200m Butterfly	Female 14/Over 200m Breaststroke	Female 14/Over 100m Butterfly	
Female 14/Over 200m Butterfly	Male 15/Over 200m Breaststroke	Male 15/Over 200m IM	
Male 15/Over 100m Breaststroke	Female Open 400m Freestyle Relay HDW	Female 14/Over 200m IM	
Female 14/Over 100m Breaststroke	Male Open 400m Freestyle Relay HDW	Male 15/Over 400m Freestyle	
Male Open 400m Medley Relay HDW	Female 14/Over 800m Freestyle HDW	Female 14/Over 400m Freestyle	
Female Open 400m Medley Relay HDW	Male 15/Over 1500m Freestyle HDW	Mixed Open 400m Medley Relay HDW	
Male 15/Over 800m Freestyle HDW			
Female 14/Over 1500m Freestyle HDW			

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Long Course Qualifying Times

(Achieved Long Course Only in the Period 1st May 2019 – 20th January 2020)

MALE			EVENT	FEMALE		
Age Group Born 2006-2008	Youth Born 2002-2005	Senior Born 2001 or Earlier		Senior Born 2002 or Earlier	Youth Born 2003-2006	Age Group Born 2007-2008
	26.28	25.25	50m Freestyle	28.10	28.94	
	57.35	54.29	100m Freestyle	1:00.57	1:02.85	
2:17.88	2:06.28	2:01.21	200m Freestyle	2:13.06	2:17.50	2:30.07
4:49.19	4:30.47	4:23.97	400m Freestyle	4:43.78	4:49.44	5:21.76
	9:26.06	9:21.07	800m Freestyle	9:49.28	10:00.60	
	18:17.64	17:40.94	1500m Freestyle	19:59.69	20:24.77	
	31.15	29.79	50m Backstroke	32.26	33.85	
	1:06.23	1:04.17	100m Backstroke	1:09.41	1:11.86	
2:37.81	2:24.38	2:21.48	200m Backstroke	2:30.41	2:35.83	2:49.10
	34.36	32.25	50m Breaststroke	36.44	38.16	
	1:15.13	1:11.64	100m Breaststroke	1:18.62	1:22.23	
3:02.77	2:44.28	2:40.48	200m Breaststroke	2:52.13	2:57.51	3:15.47
	28.60	27.19	50m Butterfly	30.45	31.73	
	1:04.21	59.79	100m Butterfly	1:07.86	1:11.17	
3:00.12	2:27.86	2:17.36	200m Butterfly	2:36.09	2:42.08	3:13.49
2:38.10	2:24.27	2:19.96	200m IM	2:32.22	2:36.53	2:51.38
5:35.32	5:14.65	5:03.35	400m IM	5:25.33	5:34.13	6:03.36

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Short Course Qualifying Times

(Achieved Short Course Only in the Period 1st May 2019 – 20th January 2020)

MALE			EVENT	FEMALE		
Age Group Born 2006-2008	Youth Born 2002-2005	Senior Born 2001 or Earlier		Senior Born 2002 or Earlier	Youth Born 2003-2006	Age Group Born 2007-2008
	25.52	24.52	50m Freestyle	27.59	28.42	
	55.69	52.72	100m Freestyle	59.48	1:01.72	
2:14.71	2:03.38	1:58.42	200m Freestyle	2:11.46	2:15.85	2:28.27
4:43.98	4:25.60	4:19.22	400m Freestyle	4:41.79	4:47.41	5:19.51
	9:15.80	9:10.70	800m Freestyle	9:39.40	9:50.90	
	17:53.64	17:16.94	1500m Freestyle	19:35.69	20:00.76	
	30.50	29.10	50m Backstroke	31.70	33.30	
	1:04.31	1:02.31	100m Backstroke	1:08.58	1:11.00	
2:33.23	2:20.19	2:17.38	200m Backstroke	2:28.61	2:33.96	2:47.07
	33.50	31.30	50m Breaststroke	35.50	37.40	
	1:12.50	1:09.13	100m Breaststroke	1:16.34	1:19.85	
2:56.37	2:38.53	2:34.86	200m Breaststroke	2:49.03	2:54.31	3:11.95
	27.90	26.50	50m Butterfly	29.90	31.10	
	1:03.44	59.07	100m Butterfly	1:07.38	1:10.67	
2:56.88	2:25.20	2:14.89	200m Butterfly	2:35.00	2:40.95	3:12.14
2:35.60	2:21.50	2:17.20	200m IM	2:29.60	2:34.00	2:49.10
5:23.58	5:03.64	4:52.73	400m IM	5:19.47	5:28.12	5:56.82

MALE ENTRY FORM

Please complete this form fully and correctly otherwise your entry will not be accepted.

FULL NAME (*Print*): _____ Swim Ireland Reg No. _____

CLUB (*Print*): _____ Date of Birth: _____

Event No.	Event	Time Achieved	Date Achieved (Including Meet Name)
4	50m Backstroke		
6	100m Freestyle		
8	200m Butterfly		
10	100m Breaststroke		
14	800m Freestyle		
16	400m Ind. Medley		
18	50m Butterfly		
20	200m Freestyle		
22	100m Backstroke		
24	200m Breaststroke		
28	1500m Freestyle		
29	50m Freestyle		
31	50m Breaststroke		
33	200m Backstroke		
35	100m Butterfly		
37	200m Ind. Medley		
39	400m Freestyle		

(Entry times must have been achieved in the Period 1st May 2019 – 20th January 2020)

I certify that the above information is correct: _____

(Club Secretary)

FEMALE ENTRY FORM

Please complete this form fully and correctly otherwise your entry will not be accepted.

FULL NAME (*Print*): _____ Swim Ireland Reg No. _____

CLUB (*Print*): _____ Date of Birth: _____

Event No.	Event	Time Achieved	Date Achieved (Including Meet Name)
3	400m Ind Medley		
5	50m Backstroke		
7	100m Freestyle		
9	200m Butterfly		
11	100m Breaststroke		
15	1500m Freestyle		
17	50m Butterfly		
19	200m Freestyle		
21	100m Backstroke		
23	200m Breaststroke		
27	800m Freestyle		
30	50m Freestyle		
32	50m Breaststroke		
34	200m Backstroke		
36	100m Butterfly		
38	200m Ind. Medley		
40	400m Freestyle		

(Entry times must have been achieved in the Period 1st May 2019 – 20th January 2020)

I certify that the above information is correct: _____
(Club Secretary)

McCullagh International Meet
Aurora Complex, Bangor
20th – 23rd. February 2020

AGE GROUP MALE ENTRY FORM

Please complete this form fully and correctly otherwise your entry will not be accepted.

FULL NAME (*Print*): _____ Swim Ireland Reg No. _____

CLUB (*Print*): _____ Date of Birth: _____

Event No.	Event	Time Achieved	Date Achieved (Including Meet Name)
102	400m Ind. Medley		
104	400m Freestyle		
202	200m Freestyle		
204	200m Backstroke		
301	200m Ind. Medley		
303	200m Breaststroke		
305	200m Butterfly		

(Entry times must have been achieved in the Period 1st May 2019 – 20th January 2020)

AGE GROUP FEMALE ENTRY FORM

Please complete this form fully and correctly otherwise your entry will not be accepted.

FULL NAME (*Print*): _____ Swim Ireland Reg No. _____

CLUB (*Print*): _____ Date of Birth: _____

Event No.	Event	Time Achieved	Date Achieved (Including Meet Name)
101	400m Ind. Medley		
103	400m Freestyle		
201	200m Ind, Medley		
203	200m Breaststroke		
205	200m Butterfly		
302	200m Freestyle		
304	200m Backstroke		

(Entry times must have been achieved in the Period 1st May 2019 – 20th January 2020)

I certify that the above information is correct: _____
(Club Secretary)

RELAY & ENTRY SUMMARY SHEET

Event No.	Event	‘A’ Team Entry Time	‘B’ Team Entry Time
1	Women’s 4 x 200m FTR		
2	Men’s 4 x 200m FTR		
12	Men’s 4 x 100m MTR		
13	Women’s 4 x 100m MTR		
25	Women’s 4 x 100m FTR		
26	Men’s 4 x 100m FTR		
41	Mixed 4 x 100m MTR		

Entry Times for Relays **MUST** be included.

It is accepted that Entry Time for Relay Events will be approximations for HDW seeding purposes only

Relay Entries: _____ @ €25 Each = € _____

Individual Entries: _____ @ €10 Each = € _____

TOTAL AMOUNT ENCLOSED: € _____

CLUB: _____

CONTACT: _____

PHONE: _____

EMAIL: _____

Payment Options:

Please reference all payments as “2019 McCullagh International” and include club details.

Bank Transfer:

EURO

Bank: AIB

Sort Code: 932515

Account Number: 59772048

IBAN: IE03 AIBK 9325 1559 7720 48

BIC: AIBKIE2D

Sterling

Bank: Danske Bank

Sort Code: 950111

Account Number: 51051490

IBAN: GB55 DABA 9501 1151 0514 90

BIC: DABAGB2B

Cheque/Postal Order:

Made payable to Swim Ireland

Credit Card:

Credit card payments can be made over the phone by calling the Swim Ireland offices at +353-1-6251127

Swim Ireland Safety Statement - Issues

Safety is the responsibility of every individual involved in the sport.

**Risks identified must be reported to either a Club or Meet Official
and formally reported to the facility operator.**

All accidents must be formally reported.

General

- 1) By Law all facilities are required to have a Safety Statement in operation. Clubs and Meet Organisers should satisfy themselves that this is the case.
- 2) Any accidents, however minor, must be reported to Swim Ireland (standard Accident Report Form available).
- 3) ALL volunteers who work/help at Swim Ireland events are advised to read the Swim Ireland Safety Statement which is available upon request from the Office.

Clubs

- 1) All Clubs should obtain and read a copy of the Safety Statement of the pool they are hiring.
- 2) It is recommended that clubs identify risks and formally report them in writing to the relevant personnel at the facility.

All Meets

(Club, Regional and National)

- 1) Following a meet at which an incident/accident occurred, the Organiser and Race Referee must complete a Meet Accident Report Form and include their contact details.
- 2) All who attend meets are urged to report any accidents to either the Meet Organiser who immediately reports to the Race Referee or to the Referee directly. Where an accident occurs, Swim Ireland must be informed as soon as possible with a full report presented.
- 3) "Safety at Swim Meets" must be included in all Programmes for all Meets run under Swim Ireland rules. It must also be read out at the start of every session with emphasis placed on item 3 above.
- 4) Officials should be advised by the Race Referee to report any concerns they have over possible risks at the facility and to ensure that reporting procedures are followed.
- 5) Under FINA Law the Referee is in total control of all persons attending the meet and the Referee should take all reasonable steps to ensure their safety.

Safety at Swim Meets

All accidents, however minor must be reported, in writing, to Swim Ireland.

We would ask the co-operation of swimmers, coaches, spectators and clubs in the application of the following safety measures. They are in place for everyone's safety.

1. General;

- i. Everyone attending Meets must familiarise themselves with the locations and operation of emergency exits.
- ii. Anyone observing anything they consider to be a safety hazard should report it to a Meet Official.
- iii. All persons attending Meets must take all steps to ensure their own safety and the safety of others.
- iv. All walkways must be kept clear of bags, equipment, etc.

2. Starting;

- i. It is the responsibility of competitors, coaches and clubs to ensure that all swimmers are sufficiently competent to dive start from competition starting blocks. Alternatively, swimmers are reminded that they may start from the poolside.
- ii. In the event of a false start, swimmers should perform a safe entry and Not fall into the water.

3. Warm-Up;

- i. Swimmers and coaches must ensure that they (and swimmers in their charge) take no action that would endanger themselves or others.
- ii. The instructions of those in authority must be obeyed immediately.
- iii. Swimmers are not permitted to dive or jump into lanes other than sprint lanes and then only when the area is sufficiently clear to make a safe entry.
- iv. Do not start sprinting in a sprint lane until non-sprinting swimmers have cleared it.
- v. On finishing a sprint immediately clear the way for the following swimmer(s).

4. Around the Pool (e.g. spectator area, foyer area, etc.)

- i. Swimmers are not permitted to enter dry areas without first having changed and put on footwear.
- ii. Where there is a balcony or rail - swimmers are not permitted to climb over it.
- iii. Glass bottles are not permitted outside designated refreshment areas.

Thank you for your co-operation in making the Meets a safe experience for all.