



2018-19 Short Course Swim Season Registration **The main feeder team to D214**

Alligator Aquatics Inc. is a privately run, not for profit, USA Swimming swim team. Alligators Aquatics Inc. operates as **the Main Feeder Team to D214**, but also attracts swimmers from all over the surroundings suburbs. Alligators Aquatics Inc. is recognized for their tradition of swimming success under Head Coach Mary Ruffin, and her highly talented and experienced staff.

Alligator Aquatics Inc. is a team dedicated to putting the athlete first. We want every athlete on our team to thrive, and live by the motto that no dream is out of reach. All of our Alligator swimmers have the potential to compete at the Local, State and National levels.

In recent years we have had 2 repeating State Champions at the ISI State Championships, Multiple USA Sectional and Junior National Qualifiers, a Junior National Champion in two events and two swimmers who competed in the 2008, 2012 and 2016 Olympic trials! In addition, we had one swimmer that competed in the 2016 Paralympic trials and is currently ranked in the top 20 in the world in 4 events!

Our college swim team placement rate is 98% for all those wishing to continue swimming. We are currently represented at Oshkosh, Saint Louis University, Southern IL, U of Illinois, Rose-Hulman, Illinois Wesleyan, McKendree, Carroll University, Michigan State, Ball State, Wright State University, and DePauw University.

Alligator Aquatics Inc. is a close knit community of swimming families. Many families and swimmers form lifelong friendships.

Our commitment to you:

- We are dedicated to developing athletes that grow in commitment, integrity, and sportsmanship.
- We are dedicated to keeping our coaches educated in the sport of swimming on a local, state, and national level. All coaches are USA swimming and ASCA certified.
- We provide ongoing opportunities for all athletes to achieve their own personal goals. No goal is too small or too big!

Parent meeting – Required for ALL parents!

St. Viator High School

Thursday Sept 20th 6:00-7:00pm

Location: Saint Viator Commons – enter through the main entrance and turn left.

Alligator Aquatics

2018-19 Short COURSE FEE SCHEDULE

(These fees do NOT include the required ISI registration fee or transfer fees (if needed) see note).

Payment plans are available. Partial season fees will include \$60 admin fee.

Fall/Winter Fee Schedule

<u>Group</u>	<u>Dates</u>	<u>2018-19</u>	<u>3 pmts</u>
Conditioning 1	Sept. 10 th – Feb. 21 st , 2019	\$480.00	\$180.00
Conditioning 2	Sept. 10 th – Feb. 21 st , 2019	\$525.00	\$195.00
Green	Sept. 10th – Feb. 21st, 2019	\$405.00	\$155.00
Silver	Sept. 10 th -Feb. 21 st , 2019	\$540.00	\$200.00
Gold	Sept. 10th-Feb. 28th, 2019	\$735.00	\$265.00
Blue	Sept. 10th-Feb. 28th, 2019 – or last championship meet	\$900.00	\$320.00
Senior	Sept. 10th – Feb. 28th, 2019 – or last championship meet	\$960.00	\$340.00
H.S. Boys	Sept. 10 th - Nov. 18 th & post HS to Feb 28 th	\$540.00	\$200.00
H.S. Girls	Nov. 12 th - Feb. 28 th (may start after last HS meet)	\$630.00	\$230.00
X-Treme	Sept. 10th- Feb. 28th, 2019	\$1020.00	\$360.00
H.S. Boys	Sept. 10 th -Nov. 18 th & post HS to Feb 28 th	\$570.00	\$210.00
H.S. Girls	Nov. 12 th – Feb 28 th , 2019	\$660.00	\$240.00
Masters	Sept. 10th- April 18th, 2019	\$555.00	\$205.00

Illinois Swimming registration (ISI): All swimmers are required to be registered with USA Swimming in order to participate with the team. If you are **new** to USA Swimming, you must complete a registration form and turn it in our registrar. The **\$75 fee** will be added to your registration fee and billed in addition to the registration fee. The form for athlete ISI registration is available at www.ilswim.org. **You cannot practice or compete if you are not registered with Illinois Swimming – this is our insurance!**

Note to ALL – always check the Website Calendar for swim practice times and location in case there are unexpected scheduling changes

Alligator Program Requirements

Alligator Aquatics is open to swimmers ages 5 and up. Swimmers ages 8 and under must be able to swim 25 yards of both freestyle and backstroke efficiently. 10 and over must complete 50 yards freestyle and backstroke efficiently.

Alligator Program Descriptions

Conditioning program

New this fall, a conditioning program is being offered for novice swimmers who are looking for a transitional program that will enhance their stroke technique, and teach them the basics of competitive training. Meets are not required, but swimmers are welcome at our home meets, and will have time trial swims at practice in order to track progress. There must be a minimum of 6 swimmers enrolled for the class to be held.

Conditioning 1: Transitional program for swimmers age 9-11. Swimmers those are not ready to swim on a competitive team, but want to learn the basics of the 4 competitive strokes and develop an aerobic base.

- Two 1 hour practice sessions a week will be offered.

Conditioning 2: Transitional program for swimmers age 11-14. Swimmers that are not interested in competing, but want to develop their knowledge of the 4 competitive strokes and their aerobic base.

- Two 1 hour practice sessions a week will be offered.

Age Group Team

Green Gators: Developmental swimmers ages 5-8 yrs. Practices will be 85% stroke correction and 15% training. This level is pre-competitive. Swimmers may swim in meets upon discussion and agreement with the coaches, however competition is not expected.

- 2 practices a week are recommended.

Silver Gators: Swimmers ages 9 and under. Practices will be between 30% - training and 70% stroke corrections depending on the swimmer's ability. This level is early-competitive. Attending the Alligator meets is all that is expected. Additional meets are optional and should be discussed with the coaches.

- 3 practices a week are recommended.

Gold Gators: Swimmers ages 10 and under, and 11 year olds newer to the sport of swimming. The focus in practice will be 40% stroke correction and 60% training. These swimmers should have grasped the basics of swimming and be legal in all four of the competitive strokes. This level is expected to attend one meet a month.

- 3 to 4 practices a week are recommended.

Blue Gators: Swimmers ages 11-12 (exceptions are rare, but considered by the head coach, for swimmers with unique circumstances). The focus in this group is age group appropriate conditioning. Progression through this group takes a swimmer from solid age group practices to more focused, age group competitive conditioning. Swimmers are expected to commit to training on a regular basis, as more advanced methods of training are introduced at this level. This level is expected to attend a minimum of one meet a month and any upper level swim meet for which a swimmer qualifies.

- 3 to 4 practices a week are recommended.

Senior Team

Senior Gators: Swimmers ages 13 and over (exceptions are considered for swimmers with 11/12 age group state cuts and a high level of training integrity). This group will work on conditioning and technique. Training at this level ranges from HS conditioning to more advanced over all, and swimmers will practice at an appropriate level for their ability. The focus in this group is to prepare swimmers for HS swimming, and for college swimmers desiring basic summer conditioning. This level is expected to compete in the Alligator home meet, and at least 1 additional meet in the SC season. They are expected to swim in any upper level meet for which they qualify. 4 to 5 practices a week are recommended

X-Treme: This group is by **Head Coach Approval Only**. The focus of this group is aimed at swimmers ages 14 and over. As of 9/1/2018, only swimmers 14 and over will be considered. (Exceptions may be made for swimmers age 13 with 3+ state cuts). In order to to move to X-Treme, athletes must have demonstrated a high level of training integrity, self-discipline, and positive work ethic. Attendance is expected at 90% of practices unless excused by the Head Coach. These swimmers are focused on reaching High School State and National level competitions. Championship meet participation is required. On-going communication with the Coach Mary is required.

- Swimmers not holding true to the X-Treme standards will be placed in the Senior training group for a minimum of a 1 week period. Reassessment will be done at that time.
- 2 practice suits must be worn at all practices
- This group will have a limited number of athletes – College swimmers will not be a part of our capped limit.

Please Note ~ Swimmers age as of Dec.1st determines level placement. Level changes within the season are allowed **ONLY** with Head Coach approval. Fees will be adjusted accordingly. Each returning swimmer must register in the level assigned by the Head Coach. New athletes, please sign up for the level that best suits your child. If you are unsure which level is most appropriate, please contact Head Coach Mary Ruffin to discuss [_headcoach@alligatoraquatics.org](mailto:headcoach@alligatoraquatics.org) . All swimmers will be reviewed during the first week of practices to assure their group placement is a good fit.

Current Member Registration is strongly encouraged by August 10th

Payment plans are available and will be an option during on-line registration. All payment plans must have final payment in by February 1st, 2019

****It is strongly recommended that you keep a credit card on file so your account is kept current. Meets cannot be entered into if your account is not current.**

Late Payments and Fees:

For accounts that are greater than 60 days past due, you will receive two notices via email to pay your bill. If not, AA reserves the right to charge your credit card prior to the end of the season.

For any written request made before the start of the season, Alligator Aquatics will issue a full refund, less a 3% credit card processing fee (minimum \$20) for credit card processing fees incurred by the club. After the season begins, prorated refunds will only be issued to swimmers who incur a season ending illness or injury subject to the Head Coach's discretion and approval.

Members who write checks with non-sufficient funds, do not have the required funds for an ACH withdrawal, or an expired/invalid credit card, must re-submit payment along with a \$35 fee - \$25 goes to the merchant company and \$10 is an administrative fee. This fee will be noted on the member's online account. Payment must be made within one week of notification, or a one-time, additional \$40 charge will be added.

Discounts and Special Offers

1. Multiple Swimmer Discount (college swimmers excluded):

Families with two or more swimmers registering for the FULL SEASON of their swimmers' levels will receive the following discount starting with the highest level of swimmer being #1, next level down is swimmer #2, and so on:

\$ 30.00 off registration fee for 2nd swimmer

\$ 60.00 off registration fee for 3rd swimmer

\$ 90.00 off registration fee for 4th swimmer

2. Team T-Shirt & Swim Cap:

Team t-shirts and team caps will be included only if registered by Sept. 20th, 2018

❖ **Liability/Medical Release Form – Hard Copy must be turned in for registration to be complete**
Bring your forms to the pool and put in the “Liability Form” Folder or Mail your liability form to:

P.O. BOX 1582

ARLINGTON HEIGHTS, IL 60006-1582

Meet Fees

Swimmers will be charged **per event** entered, as well as any additional fees charged by the meet host. These fees will be noted in the meet packet.

Regular Season Meets: Swimmers will be charged per event entered. In addition, many meet hosts are beginning to charge per-swimmer fees at the time of meet entry for facilities, admission, \$2 ISI and/or other miscellaneous fees. All of these meet host fees will be charged through to Alligator member accounts. Please refer to the host team's meet packet on the Alligator website at the time of meet registration for specific host team fees.

Championship and Prelim-Final Meets: As with regular season meets, please refer to the host team's meet packet on the Alligator website for any other facilities, admission, and/or miscellaneous fees which will be charged by the meet host. Each participant of a championship meet (regional and state) will have a shirt order for them. This will be billed to your account and will cost approximately \$15.

Team Communication

Our main form of communication is our web site www.alligatoraquatics.org. Your swimmer will also have a mailbox on deck at St. Viator during the season. They will be responsible for checking their box on a regular basis for team updates. We also use email and text messages when needed. You should check the website for updates on a regular basis to keep current team news.

Team Suits – Speedo!!!

We are a Speedo sponsored team – suits and caps must be speedo brand

Each swimmer is required to purchase a team suit from the swim team store in person or online. We have additional team apparel and equipment that will be available for you to order as well, all of which is available at discounted team rates. On our website is the Gator shop which will give you the convenience of purchasing from home. Team apparel is also available at **The Swim Team Store**, 830 Seton Ct #9, Wheeling, IL 224-676-0344.

Home Meet Commitment

Our home meets are our number one fundraiser for the team. All families are required to work those meets. This holds true for all USA teams! If unable to attend for extreme circumstances we do offer an opt-out fee of \$90.00. Please note, we do not want your money, we want your time and support of your child's team. We will also be asking for a food/drink donation in addition to your time. More details are available on the web as the meet approaches.

Volunteer Commitment

TIMING: Each family who attends an away meet is expected to time during the season. Timing assignments are based on the individual swimmers in the meet and the frequency they participate in meets. Timing at the championship meets is based on swimmers in the meets and the events/sessions in which they are swimming. If the host team requests Alligator timers, an email will go out to the parents of swimmers in the session to be filled prior to the meet, and there will be a sign up available online under the event listed.

We are always looking for more help and appreciate any volunteer experience you have to offer!!!!

Whether it is helping to run a pizza party or help run a fundraiser or organize a mini golf outing, there are plenty of opportunities that fit virtually any individual schedule or personal expertise. **Details are on the web.** We do offer an opt-out fee of \$75.00, but we would prefer your help if at all possible.

Questions

Bring your questions to the Parent Meeting on September 20th or contact:

Head Coach/CEO: **Mary Ruffin** 847-275-5571 – headcoach@alligatoraquatics.org

Associate Head Coach: **Alec Hayden** hayden.alec@gmail.com

Membership Chairman: **Andy Topps** - registrar@alligatoraquatics.org

Team President: **John Andrew** - president@alligatoraquatics.org

Team Website: www.alligatoraquatics.org

Registration Form 2018-19 Short Course Season

register online and then - fill out hard copy and turn in to registrar before 1st practice

Swimmer(s) Information

First Swimmer

Second Swimmer

First Name: _____ MI: _____

First Name: _____ MI: _____

Last Name: _____

Last Name: _____

Athletes Cell: _____

Athletes Cell: _____

Athletes email: _____

Athletes Email: _____

Age: ____ Birthdate: _____ Grade: _____

Age: ____ Birthdate: _____ Grade: _____

Shirt size _____

Shirt size _____

Circle Group:

Green Silver Gold Blue Black Xtreme

Circle Group:

Green Silver Gold Blue Black Xtreme

Address, City & Zip _____

Preferred phone number for practice change information _____

What High School do you attend? _____

What year will you graduate? _____

Parent Information

Father's Name: _____ Home Phone: _____ Cell Phone: _____

Home Address: _____

Work Phone: _____ E-Mail: _____

Mother's Name: _____ Home Phone: _____ Cell Phone: _____

Home Address: _____

Work Phone: _____ E-mail: _____

REGISTRATION FEES WORKSHEET

Registration Fees \$ _____

Outstanding monies owed from previous season \$ _____

*****ISI fee if needed***** (\$75.00) \$ _____

TOTAL REGISTRATION FEES DUE \$ _____

Questions

Head Coach/CEO: **Mary Ruffin** 847-275-5571 – headcoach@alligatoraquatics.org

Associate Head Coach: **Alec Hayden** hayden.alec@gmail.com

Membership Chairman: **Andy Topps** - registrar@alligatoraquatics.org

Team President: **John Andrew** - president@alligatoraquatics.org

Team Website: www.alligatoraquatics.org

Consent Form

Family Name _____

I agree to have my name, phone number(s), email address, mailing address, child(ren)'s name, age, and swim level printed in the Alligator Aquatics Directory.

Signature _____ Date _____

I do NOT agree to have my name, phone number, and address printed in the Alligator Aquatics Directory.

Signature _____ Date _____

I consent to have my child(ren)'s picture posted on the Alligator Aquatics website. (e.g., team picture, group photo(s), and individual pictures, pictures for newspaper articles, etc.) Please note: no athlete's name will be included on our website without additional consent.

Signature _____ Date _____

I do NOT consent to have my child(ren)'s picture posted on the Alligator Aquatics website.

Signature _____ Date _____

Liability/Medical Release

Each swimmer will need a separate form

Liability/Medical Release Form ORIGINAL

Print Your Last Name Here

If I am injured while participating in programs with the Alligator Aquatics, my family and I agree to waive any legal claim against USA Swimming, and those associated with USA Swimming, Illinois Swimming Inc. (ISI), Arlington Heights Park District, School District 214, Saint Viator HS, Harper College, Plum Grove Park District, Alligator Aquatics, and each of their respective officers, directors, Board Members, employees, agents and independent contractors. I give consent for the Alligator Aquatics to provide medical/athletic-training attention, transportation and emergency medical services as warranted. If I am injured while traveling to or from the Alligator Aquatics by public, private or any other means of conveyance, I agree to waive any legal claim USA Swimming, Illinois Swimming Inc. (ISI), Arlington Heights Park District, School District 214, Saint Viator HS, Harper College, Plum Grove Park District, Alligator Aquatics, and each of their respective officers, directors, Board Members, employees, agents and independent contractors. By signing this release, I swear that I am in good physical condition and am not aware of any disease or injury that would result in my being injured during any program participation. If I am under 18 years of age my parent or guardian shall sign this release with me.

Print Name of swimmer: _____ Swimmers Gender (M/F) _____

Signature of Swimmer: _____

Signature of Parent/Guardian (If athlete is under the age of 18) _____ Date _____

To whom it may concern:

I/We do herewith authorize the treatment by a qualified and licensed medical doctor of the following in the event of a medical emergency which, in the opinion of the attending physician, may endanger his/her life, cause disfigurement, physical impairment, or undue discomfort if delayed. This authority is granted only after a reasonable effort has been made to reach a guardian (if athlete is under the age of 18). I/We do also attest that the questions answered below are accurate.

Name of athlete: _____ Signature of athlete _____

Signature of Parent/Guardian (If athlete is under the age of 18) _____ Date: _____

Please check the appropriate answer. (All information will be kept confidential)

Yes No

() () Has the athlete ever been hospitalized, or had surgery, a major injury or serious medical illness? (If YES, please specify):

() () Is the athlete currently under the care of a physician for a medical problem or currently taking medication? (If YES, please specify):

() () Has any physician ever recommended or do you feel that there should be limits placed on participation in competitive sports? (If YES, please specify):

() () Does the athlete have any known allergies to medications? (If YES, please specify):

() () Has the athlete ever blacked out or lost consciousness during physical activity? (If YES, please specify):

() () Does the athlete wear contact lenses?

() () This athlete is in good physical condition and has no condition or impairment which would impair participation or endangered their health in a physical training program.

Family Physician: _____ Phone: _____

Emergency contact: _____ Phone: _____

Insurance Carrier: _____ Policy #: _____