



## July/August 2013 Newsletter



## DATES TO REMEMBER

July 22-25 - Central Zone Speedo Sectional Championships

July 26-28 - Indiana Swimming Age Group State Championships

August 2-4 - Central Zone 14 & U Championships, Geneva, OH

August 3-4 - Summer Divisionals, Fishers High School

August 5-9 - Speedo Junior National Championships, Irvine, CA

August 14 - Long Course Banquet - Washington Twp. Park Pavilion

August 19 - Short Course Competitive Season Begins

August 25 - Bowling Outing at Brownsburg Bowl 2-3:30pm

August 28-29 - Developmental Evaluations for New Swimmers

September 3 - New Developmental Session Begins

Oct 5-6 - Brownsburg IMX Invitational

Oct 26-27 - ACST Fall Classic

Nov 1-3 - CSC Fall Frenzy (IUPUI)

For more dates check [www.acstswim.org](http://www.acstswim.org).

## NATIONAL CHAMPIONSHIPS WRAP-UP



What a week! June 24-29 was a historic time for ACST. Starting on Monday, June 24, when we hosted Olympic Gold Medalist Peter Vanderkaay and running right through the final exciting day of competition at the National Championships and World Trials. We were fortunate to have front row seats to witness record-breaking swims and the selection of the US National Team who will be competing at the FINA World Championships in Barcelona, Spain from July 19 through August 4.



Many thanks go out to all those volunteers who made this meet possible. Without each and every volunteer this would not have been the awesome event that it was. Special thanks go to Sherry Gardiner and Charissa Weeks (hospitality), Rebecca Walters (volunteer coordinator), Mike Qualls and Ryan Edwards (meet operations), Vernon Lorenz and Dave Smith (meet directors), Ann Elder and Shagae Jones (off-site hospitality) all of whom put in many hours to allow the meet to run smoothly. Lastly, but most importantly, we owe a great deal of thanks to Kerry Kiefer whose leadership and hard work made this meet happen for ACST.



## LONG COURSE BANQUET



The Long Course banquet will be held at the Washington Township Park Pavilion on August 14 from 6 to 8pm. All ACST families are encouraged to attend. It will be a pitch-in style dinner with the following food assignments:

- Developmental – Beverages (2L Soda, Lemonade, Iced Tea)
- Bronze – Side Dish
- Silver – Main Dish
- Gold – Main Dish
- Platinum – Dessert
- Senior – Side Dish

## BOARD ELECTIONS



Three board positions will be opening up at the end of Long Course season.

If you are interested in becoming a board member please speak with Kerry

Kiefer or any other existing board member.

Elections will take place on August 14 at the Long Course banquet. There are currently four people who are interested in running for the three vacancies. Their bios follow:

### JULIA BURNETT

I'm a red headed Mother, wife to Tole Burnett, and USA Swim Official. Currently I live in Danville and been involved with ACST for just about 3 years now. Recently I started handling the T-shirt, Decals, and Hoodie sales for ACST. My swimming daughter is Anastasia who is currently in the Silver Group and I would love like the opportunity to be involved on the ACST board.

### SHERRY GARDINER

I am a 46 year old wife and mother of 3 and grandmother of 4, work for Trends International as a communications manager for 16 years. I am from Virginia but have been transplanted in Indy for the last 21 years, with the last 13 in Avon. Kathryn, my youngest has been swimming with ACST since she was 8 years old. During that time I have volunteered in several areas for the club, mostly in our hospitality and just concluded being the Hospitality Co-Chair for the Phillips 66 National and World Championship Trials. Thank you for considering me for the ACST Board.

### DEBI KINNAMON

I have been involved with ACST for over 2 years and have 2 children Victoria, 12 and Brock, 10 who both swim for ACST. Since joining ACST, I have become a licensed Indiana swimming official and currently in the process to become a starter. I'm a pediatrician by trade. I have a long history with swimming, swimming competitively for 16 years and working as a swim instructor, swim coach, and assistant pool manager during my high school and college summers. I am seeking a position on the ACST board as an opportunity to give back to the sport of swimming and to support my children in their activities. I am usually around the pool in the evenings after practice. Please don't hesitate to ask questions. Thank you for considering me for the ACST board.

### CHARISSA WEEKS

My name is Charissa Weeks and I am interested in a position on the board for ACST. My daughter Julia has been with the club since April of 2012 where she started in developmental swim. She became a member of the Bronze team and moved to Silver Elite this past spring. I recently had the wonderful opportunity to be the hospitality co-chair for the 2013 National & World Trial Championships that ACST was a co-sponsor of. Co-chairing this part of such a huge event with a fellow ACST parent allowed me to witness firsthand just how dedicated all our families are to the club.

Our family has lived in Avon for the past nine years and our son plays junior varsity tennis for Avon High School. For the past two years I have been the treasurer/registrar for Avon Girl Scouts, and have been fortunate to volunteer in several of our Avon schools and see firsthand the impact our teachers have on our community. It would be a privilege to serve on the ACST board.

## SCRIP PROGRAM



The SCRIP program continues to be a great way to earn money toward your ACST account through the purchase of store/gift cards. For more information contact Ann Elder at [ameelder@hotmail.com](mailto:ameelder@hotmail.com).

## BOWLING OUTING



ACST is hosting a bowling outing at Brownsburg Bowl on Sunday, August 25, from 2 to 3:30pm. Bowling will be half price. Wear your favorite ACST shirt and join your friends for an afternoon of fun.

## SWIMMER REFERRAL PROGRAM



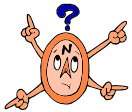
The Swimmer Referral program is available. Any current ACST family who refers a new swimmer to ACST will receive a \$50 credit after the new swimmer has remained with the program for three months. Invite your friends to give ACST a try.

## GEAR FOR SALE



Speedo FastSkin 3 Pro RecordBreaker KneeSkin for sale. New in box - never worn. Size SR3 which is equivalent to a 26. Paid \$229. Selling for \$150. Can send pics. Call Nicole Campbell at 317-504-0011. This would be great for the upcoming Age Group State Meet.

## LOST AND FOUND



Please check the table at the South pool entrance for lost gear. Items remaining at the end of the Long Course season will be taken to Goodwill.

## CLASSIFIEDS

*Nicole Campbell, Designer*

# REESE

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[Nicole.campbell@ferguson.com](mailto:Nicole.campbell@ferguson.com)

## CUSTOM CRAFTSMAN

If you need home remodeling done, home repair work or general building please contact Todd Sprout with "Custom Craftsmen". Call Todd for a free estimate or references at 317-331-5435 or email him at [ToddSprout@gmail.com](mailto:ToddSprout@gmail.com).

Todd Sprout  
Customcraftsmen.com



## MULCH - Special Offer for ACST Members - Benefits ACST As Well!!

### What's the benefit for an ACST Member?

"Midi" Grade Hardwood Mulch made by Greendell's Mulch & Mix is in stock and available at a discount from Kiefer Plant Material. Retail price is \$30 per cubic yard plus freight at Greendell's, but if you purchase it thru Kiefer Plant Material your price will be \$27 per cubic yard plus freight. To order your Mulch, please call Kerry Kiefer at 403-3553 and identify yourself as a Member of ACST. Other mulch types and colors are available to special order. Call for a quote.

### What's the benefit for ACST?

For every 1 Cubic yards of Mulch bought and paid for by an ACST member, Kiefer Plant Material will give \$3 back to ACST. So for every 5 Cubic yards sold, Kiefer Plant Material will give \$15 back to ACST.