



January 2012 Newsletter

ACST SWIM-A-THON FACTS

On April 28th, ACST will be hosting a Swim-A-Thon. A Swim-A-Thon is a USA Swimming sponsored event, in which swim clubs can raise money for their club by collecting pledges from friends, family, neighbors, etc, in exchange for swimming lengths of the pool.

This event will help ACST purchase new equipment and pay for operating costs, which in turn, keeps ACST coaching fees/charges low. USA Swimming and The Hendricks County Humane Society will also receive a portion of the money raised during this event. Not to mention, there are a variety of incentives for participating swimmers and their parents.

Any swimmer who raises \$75 or over will receive a gift card based upon the pledge level they achieve. Gift cards range from \$10 to \$125.

There will be grand prizes for the top three swimmers that raise the most money (must collect a minimum of \$500 for eligibility).

1. iPad 16GB WiFi (or equivalent gift card)
Value \$500
2. iPod Touch 8GB (or equivalent gift card)
Value \$185
3. Limo Ride/Dinner at a "script" participating restaurant - There will be two dinner "trips" (one for the top 5 pledge raising seniors and their coach; and one for the top 5 age group/developmental, pledge raising swimmers and their coach).

And, for every \$50 a swimmer collects, a raffle ticket will be issued for a drawing in which the winner will be able to "be the coach" for an hour

during a designated practice time and their coach will swim for that time as well. One name will be drawn from each group, Developmental through Senior. The winners from the Developmental Group through Silver will receive assistance from other coaches in creating the practice. In addition, parents have a chance to be awarded for the efforts of their children as well. If your swimmer raises between \$100 to \$999 in pledges, then the swimmer's account will receive a one-time credit of 5% of the total amount raised. (Example- Swimmer raises \$400, ACST account will be credited \$20). If your swimmer raises \$1000 and above, then the swimmer's account will receive a one-time credit of 10% of the total amount raised. (Example- Swimmer raises \$1000, ACST account will be credited \$100).

*Multiple discounts can be applied for families with multiple kids.

**In addition, Board Members are not eligible for the account credit (discount).

Look for emails and posters real soon detailing when and where you can get your pledge forms. In the mean time if you have more questions or you can help please contact Chris Elder at celder1@indy.rr.com

Sponsor Appreciation

Thanks to everyone that came out on January 14th for lunch at Subway and dessert at Orange Leaf. We had a good turn-out. Please continue to patronize our sponsors and let each of them know how much we appreciate their support. Look for our next date at Big Apple Bagels in February. Don't forget, you can find printable coupons on our website!



Happy Valentine's Day!



Lost and Found

Please remember to check the lost and found by the diving well for any items that your swimmer may have lost.

Summer's Masterpiece

Recently Summer Adair created an amazing mural of her sister and fellow swimmer, Mallory. The painting measures a whopping 4 feet by 8 feet and has shattered glass accents. Summer is a student at Herron High School. If you would like to own your very own Summer Adair original, be sure to pick up one of our meet shirts for Aqua Sprints. Summer came up with our design for this year's shirt.



Summer, with her incredible mural of Mallory



Dates to Remember



Jan 27-29 Center Grove Winter Invitational

Feb 10-12 ACST Aqua Sprints

Feb 24-26 LST Bearcat (Last Chance Meet)



Feb. 29 Divisional Pasta Dinner at AHS Cafeteria

Mar 2-4 Divisional Championships (Crawfordsville)



Mar. 14 Age Group Pasta Dinner at AHS Cafeteria

Mar 16-18 Age Group State Championships

Don't forget to check the website. There are a number of practices coming up that are scheduled for Clarks Creek in Plainfield.

Stay tuned for more information our End of Short Course Banquet!!!!

Recent Meets

January 6-8 was a busy weekend for ACST swimmers. Sugar Creek Swim Club hosted the Penguin Plunge. Fifty-two of our swimmers competed in Crawfordsville, IN. The same weekend, The Mid States 14 & Under All Star Championships (Quads) took place at the IU Natatorium. ACST swimmer, Elliot Cooper was a member of Team Indiana. Team Indiana came in first overall. Many of our swimmers achieved personal best times during the weekend's events. Keep up the great work swimmers!

Aqua Sprints

Aqua Sprints is fast approaching and this will be our biggest home meet ever! Some volunteer openings still exist so please sign up on our website. Let's make sure our visiting teams have a great experience so they will want them to come back! We will also have more vendors than ever before, most of which are our sponsors. Vendors that will be set up are:

- Indy Power Teamwear (Fri - Sun)
- Big Apple Bagels-Avon (Sat./Sun AM)
- Subway-Avon (Sat./Sun. PM)
- Orange Leaf Yogurt-Avon (Friday, Saturday, and Sunday PM)
- Busy Bee Headbands by Tracy (Fri - Sun)

Don't forget you can get live results during this meet via the free mobile app On Deck Parent.



Classifieds

ACST (New Logo) Gray Hoodie Size: Adult M
Avon Black Hoodie Size: Adult M
\$10.00 Each OBO Contact Larissa Wichman
lwichman69@aol.com

New in the box Women's TYR Maxback Durafast
Poly Suit Size: 26 Multicolor (Black, Blue, Purple &
White) \$20 (Retail \$66) Contact Mike Qualls
maqualls@att.net

Say Cheese

If you want to check out pictures from the ACST
Christmas Party, check out the following link:
<http://share.shutterstock.com/share/received/welcome.sfly?fid=acd9c00a459a5453&sid=0CctXLdq3ZsWLA>

Thanks again to Stephanie Hammons for taking
pictures during the party and posting them on
Shutterstock.

Also, don't forget, if you have shots of your
swimmers that you would like to share in our
newsletter photo gallery, please send them to Beth
Cooper momofekids@yahoo.com.

Photo Gallery



Jackson Miller (Gold Group) on the block and just
after getting a state cut while competing in Ohio!