**Davenport Metro Fall Frolic**

**October 15th and 16th, 2022**

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| IASI SANCTION:MEET HOST: | IA-23-010Held under the sanction of USA Swimming and Iowa Swimming, Inc. (IASI).**Davenport Metro Swim Team** |
| RULES: | Current USA Swimming and IASI technical and administrative rules will govern this meet.All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. |
| DATES: | **October 15th-16th, 2022.** |
| TIME: |

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| **Sessions** | **Warm-Ups** | **Competition** |
| **Saturday Morning** | 8:00 AM | 9:00 AM |
| **Saturday Afternoon****Sunday Morning****Sunday Afternoon** | **Not Before 11:00 AM**8:00 AMNot Before 11:00 AM | **1 hour after the start of Saturday PM warm-ups.**9:00 AM**1 hour after the start of Sunday PM warm-ups.** |
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Teams will be notified of their designated warm-up sessions via email by Tuesday, October 11, 2022.If necessary, a coaches meeting will be held 10 minutes before the start of each session. |
| FACILITY: | **Located at Davenport Central High School in Davenport, Iowa.** **1120 Main Street, Davenport, IA 52804.****Pool is an 8 lane, 25-yard pool. 12 feet deep at starting end; 4 1/2 feet deep at turn end.****Colorado 6 Timing System will be used during this meet.**The competition course has been certified in accordance with Rule 104.2.2C(4) of USA Swimming Rules and Regulations. A copy of the certification is on file with USA Swimming. |
| COACHES: | Only currently registered USA Swimming coach-members will be permitted on deck in designated areas. Each coach must sign the Coaches Meet Sign-In (APP-29). Deck Pass is acceptable proof of membership in USA Swimming. Coaches are responsible for making sure they are up to date on all certifications. Coaches must also have their credentials available if the Referee, or designee, requests to see them. |
| WARM-UPS: | The IASI mandatory warm-up procedure will be followed. All swimmers are to carefully enter the pool using feet first entry. The pool will be cleared 10 minutes prior to competition.All swimmers must be under the supervision of a USA Swimming member-coach during warm-up, competition, and warm-down. Any swimmer without a coach shall report to the Referee prior to his or her warm-up. The Referee may assist the swimmer in planning for such supervision, but it is the swimmer’s responsibility to ensure such arrangements are made prior to the start of the meet. |
| RACING STARTS: | All swimmers entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. |
| ENTRY REQUIREMENTS: | 1. Swimmers must be currently registered as athlete members of USA Swimming in order to compete in this meet.
2. Swimmers may enter no more than 4individual events per session and no more than 2 relay events per day.
3. Seed times must be submitted for a 25 yd. course. Converted times are not allowed.
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| ENTRY LIMITS: | Teams will not be split if received together even if it causes us to exceed the entry limit. Relays may be scratched if timeline exceeds four hours. |
| ENTRY SUBMISSION: | Entry fees are as follows:1. Individual events: $6.00 per event.
2. Outreach swimmers who qualify for LSC Outreach benefits: $5.00 per swimmer to include all individual events and the IASI surcharge.
3. Relays: $8.00 per relay.
4. Program Fee: $5.00 per swimmer.
5. IASI swimmer surcharge: $6.00 per swimmer.
6. Handwritten entries: $2.00 per swimmer.

Electronic entries must be submitted in a format compatible with **Hy-TEK Meet Manager software**. Handwritten entries must be submitted on the IASI Meet Entry Form (APP-7).Submit entries along with the appropriate IASI Financial Sheet (APP-8). If submitting electronic entries, also send a hardcopy of the entries with the entry fees and financial sheet.Payment shall be by check or money order made payable to Davenport Metro Swim Team. All entry fees, including IASI swimmer surcharge fee, should be combined on one check. The host club reserves the right to require payment by money order or cashier’s check. Entry fees are non-refundable; IASI swimmer surcharge fees will be refunded only if the entire meet is cancelled. |
| ENTRY DATES AND DEADLINES: | 1. Entries will be accepted from Iowa LSC and 2021 participating teams at **Noon on September 26th, 2022.** All other teams will be accepted at **Noon on October 3rd, 2022.**
2. Electronic entries must be received no later **Noon on October 6, 2022.**
3. Handwritten entries, along with entry fees, additional $2 per swimmer and financial sheet, must be received no later than **Noon on October 11, 2022.** Handwritten entries will not be considered entered in the meet until full payment is received.
4. Once a team’s entries have been accepted by the meet host, that team is considered entered into the meet. The host team is not permitted to rescind a team’s entries once the meet host sends the email confirmation that the team is entered into the meet. Changes or scratches in a team’s entries prior to the meet deadline do not relieve a team of the responsibility to pay for confirmed entries.
5. Once entries are accepted only time updates will be allowed for teams with electronic entries. No time updates will be accepted for handwritten entries. Any additions/substitutions must be made via email to the Meet Director prior to the entry deadline.
6. A hardcopy of the entries, along with entry fees and financial sheet, must be received by **October 11, 2022**, unless prior arrangements have been agreed to in writing. *Failure to meet this deadline will result in swimmers remaining in the meet but all confirmed entries will be billed at the late entry fee.* Any unpaid balance remaining at the start of competition for the final session will be assessed an additional 10% late fee.
7. Entries will be confirmed via a return email receipt.
8. Entries will NOT be accepted by phone or fax.

Entries will be accepted in the order received. Once the meet reaches capacity, the host team will inform IASI meet contacts as well as any non-IASI teams with entries already accepted.  |
| LATE ENTRIES: | 1. **Provided space is available, late entries will be accepted by email until 6 PM, October 11, 2022.** After that time, they will only be accepted on deck up to the beginning of the final warm-up of each session.
2. If the meet program has not been printed, swimmers shall be seeded into the meet, but will still be charged the late entry fee. If the meet program has been printed, swimmers shall be assigned to an empty lane, no heats will be added.

**Late entry fees:****Individual events: $12.00 per event.** **Relays: $16.00 per relay.** For questions regarding late entries or to find out if late entries are being accepted, contact the Meet Director. |
| SWIMMERS WITH DISABILITIES: | Swimmers with disabilities are encouraged to compete. The Information Form for Adapted Competitive Swimmers (APP-21) indicating limitations and requested modifications should be completed and attached to the meet entries. Modifications will be determined by the Meet Referee. The swimmer (or swimmer’s coach) is responsible for providing any equipment or assistants required. See Article 105 of USA Swimming Rules and Regulations. |
| SEND ENTRIES TO: | Send electronic entries by email to dmetcoach@gmail.com. Receipt will be confirmed by email. Send all print materials to Josh Hopewell, 2210 E. 34th Ct, Davenport, IA 52807; 563-343-4989. If sent by rush delivery, indicate no signature required. |
| MEET DIRECTOR: | Josh Hopewell dmetcoach@gmail.com 563-343-4989. |
| REFEREE: | Jen Flatte, swim@wandering6.net,  |
| OFFICIALS: | **Davenport Metro** welcomes any visiting USA Swimming officials who would like to officiate at this meet. If you are able to officiate, please contact the Meet Referee.  |
| MEET COMMITTEE: | A meet committee consisting of the Meet Director, Referee, a coach representative, an athlete representative, and a certified official acting at large will be established in accordance with IASI Policies and Procedures. The committee shall serve as the meet jury to consider any administrative protests filed at the meet. Protests against judgment decisions can only be considered by the Referee and the Referee’s decision is final. |
| MEET OPERATION: | 1. Events will be pre-seeded.2. Positive check-in is not required.3. There will be no clerk of course. Swimmers in all events shall report directly to the starting blocks prior to their race.4. Events may be combined to facilitate meet operation and separated later for results.5. Deck changes are PROHIBITED.6. Operation of a drone, or any other flying apparatus is prohibited over the Venue (pools, athlete/coach area, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.7. **MAAPP**: All applicable adults participating in or associated with the meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. |
| SCORING: | **No Scoring** |
| AWARDS: | **1st-8th place ribbons will be awarded for 10&U and 11-12 events. These awards will be mailed out to teams after the conclusion of the meet at a later date.** |
| SCRATCHES: | There is no penalty for no-shows but swimmers are encouraged to declare a false start to the deck referee if they do not intend to swim an entered event. The IASI scratch rule is in effect.  |
| USA SWIMMING REGISTRATION: | No USA Swimming registrations will be accepted at the meet. Any swimmer who is not a currently registered athlete member at the time of pre-meet reconciliation must ensure that IASI has received the appropriate application and fees at least 24 hours prior to the start of competition. Failure to do so will result in the swimmer's entries being scratched and the swimmer barred from entering the pool. |
| CAMERAS: | **USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING CELL PHONES, IS NOT PERMITTED AT ANY TIME IN CHANGING AREAS, RESTROOMS, OR LOCKER ROOMS.** |
| NO ALCOHOL OR TOBACCO:NO GLASS BOTTLES OR CONTAINERS: | The use of any tobacco or alcohol products is prohibited in the swimming venue. **ABSOLUTELY NO GLASS BOTTLES OR CONTAINERS ON THE POOL DECK!** **If a swimmer is found bringing glass bottles/containers on the pool deck, they will be escorted from the pool area and removed from the meet. No exceptions.**    |
| IMAGE RELEASE: | Participants consent to be photographed/filmed by any authorized photographer(s) and/or network(s) of IASI and/or the host club under conditions determined by the host club, and authorize the use of names, pictures, likenesses, and biographical information before, during or after the event to promote swimming. No awards received in this competition may be used for trade or financial gain. |
| ADDITIONAL INFORMATION: | 1. Program: The final meet program will be posted to the Davenport Metro Swim Team website ([www.davenportmetro.com](http://www.davenportmetro.com)). Each team will receive a copy of the program in the coaches’ packet. Each volunteer official will receive a complimentary program.
2. Results: Electronic results will be provided to all teams participating in the meet. Final Results will also be posted on IASI website. A hardcopy of the final results may be requested on the IASI Financial Sheet for an additional $5.00.
3. Concessions: Will be available throughout the meet. Items available will depend on COVID restrictions.
4. Swim apparel/merchandise: Splash Multi Sport will be available.
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| INDEMNITY: | In granting the sanction for this meet, it is understood and agreed that USA Swimming and IASI shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. |

DAVENPORT METRO - FALL FROLIC

OCTOBER 15th and 16th, 2022

SANCTION IA-23-010

25 YARD POOL

**Session 1-Saturday October 15th -Warm up 8:00 AM; Competition 9:00 AM**

Girls # EVENT Boys #

1 10&Under 50 Free 2

3 8&Under 25 Free 4

5 10&Under 100 Fly 6

7 8&Under 50 Fly 8

9 10&Under 200 IM 10

11 8&Under 100 IM 12

13 10&Under 50 Breast 14

15 8&Under 25 Breast 16

17 10&Under 100 Back 18

19 8&Under 50 Back 20

21 10&Under 200 Medley Relay 22

23 8&Under 100 Medley Relay 24

**Session 2-Saturday October 15th - Warm up: Not Before 11:00 AM; Competition: 60 minutes after the start of warm up; (70 min. if warm-ups are split)**

Girls # EVENT Boys #

25 11 – 12 100 Back 26

27 Senior 200 Back 28

29 11 – 12 100 Free 30

31 Senior 100 Free 32

33 11 – 12 200 IM 34

35 Senior 200 IM 36

37 11 – 12 50 Breast 38

39 Senior 100 Breast 40

41 11 – 12 100 Fly 42

43 Senior 200 Fly 44

45 11 – 12 200 Medley Relay 46

47 Senior 200 Medley Relay 48

DAVENPORT METRO - FALL FROLIC

OCTOBER 15th and 16th, 2022

SANCTION IA-23-010

25 YARD POOL

**Session 3 – Sunday, October 16th - Warm up 8:00 AM; Competition 9:00 AM.**

Girls # EVENT Boys #

49 10&Under 100 IM 50

51 8&Under 25 Fly 52

53 10&Under 50 Fly 54

55 8&Under 50 Breast 56

57 10&Under 100 Beast 58

59 8&Under 25 Back 60

61 10&Under 50 Back 62

63 8&Under 50 Free 64

65 10&Under 100 Free 66

67 8&Under 100 Free Relay 68

69 10&Under 200 Free Relay 70

**Session 4 – Sunday, October 16th - Warm up: Not before 11:00AM; Competition: 60 minutes after the start of warm up; (70 minutes if warm-ups are split).**

Girls # EVENT Boys #

71 11 – 12 100 Breast 72

73 Senior 200 Breast 74

75 11 – 12 50 Free 76

77 Senior 50 Free 78

79 11 – 12 50 Back 80

81 Senior 100 Back 82

83 11 – 12 100 IM 84

85 Senior 200 Free 86

87 11 – 12 50 Fly 88

89 Senior 100 Fly 90

91 11 – 12 200 Free Relay 92

93 Senior 200 Free Relay 94

95 Senior 500 Free 96