



2022 Speedo Spring Sectionals Qualifying Standards

Central Zone North Section

Women		Event			Men	
LCM	SCY			SCY	LCM	
28.49	24.99	50 Free		22.29	25.69	
1:01.29	53.99	100 Free		48.49	56.09	
2:12.09	1:56.89	200 Free		1:46.49	2:02.49	
4:38.39	5:09.99	400/500 Free		4:47.89	4:18.19	
9:33.39	10:38.39	800/1000 Free		9:58.49	9:02.79	
18:21.49	17:59.99	1500/1650 Free		16:46.79	17:24.99	
1:09.99	59.99	100 Back		55.59	1:03.89	
2:30.39	2:10.49	200 Back		2:00.39	2:18.79	
1:19.49	1:08.99	100 Breast		1:03.09	1:12.29	
2:51.79	2:29.99	200 Breast		2:17.59	2:38.79	
1:07.59	59.09	100 Fly		53.49	1:00.99	
2:30.89	2:12.09	200 Fly		2:01.79	2:18.49	
2:30.29	2:11.99	200 IM		1:59.99	2:18.39	
5:20.39	4:39.99	400 IM		4:19.99	4:57.89	

Times Achieved after September 1, 2019



2022 Speedo Spring Sectionals Bonus Standards

Central Zone North Section

Women

Men

LCM	SCY	Event	SCY	LCM
29.09	25.49	50 Free	22.79	26.29
1:02.59	55.09	100 Free	49.49	57.29
2:14.79	1:59.29	200 Free	1:48.69	2:04.99
4:43.99	5:16.19	400/500 Free	4:53.69	4:23.39
9:44.89	10:51.19	800/1000 Free	10:26.39	9:13.69
18:43.59	18:20.99	1500/1650 Free	17:06.99	17:44.89
1:11.39	1:01.19	100 Back	56.79	1:05.19
2:33.39	2:13.09	200 Back	2:02.79	2:21.59
1:21.09	1:10.39	100 Breast	1:04.39	1:13.79
2:55.29	2:32.99	200 Breast	2:20.39	2:41.99
1:08.99	1:00.29	100 Fly	54.59	1:02.29
2:33.99	2:14.79	200 Fly	2:04.29	2:21.29
2:33.29	2:14.69	200 IM	2:02.39	2:21.19
5:26.79	4:45.59	400 IM	4:25.19	5:03.89

Times Achieved after September 1, 2019

Bonus Events:
2+1
1+2
Provided the QT is met